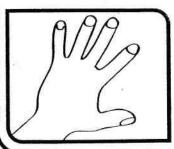
WORK SHEET 5: Hand washing



Fill in the missing words.



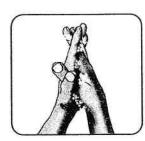
Wet your hands with warm running ____.



Apply a small amount of



Rub your _____ together, palm to palm.



Rub in between each ____.

Do not forget your thumbs.



Rub your _____ on your palms.



Rub the back of each ____.



Rinse off all the ____ with clean running water.



Dry your hands thoroughly with

or a clean dry towel.

Colour in the pictures to show which parts of our hands people often forget to wash.

Not missed

Most frequently missed

Front

Back