# Easter Holiday Ideas

#### Hello!

Scroll down for some suggestions of things to fill your time with over this Easter holiday period. There are also additional ideas links on this school website page: P1-7 General Ideas.

Please note: these are <u>only suggestions</u> - feel free to try one activity, a couple, or none at all! This is technically a holiday, although one unlike we've ever had before. Take your time, do what feels right for you and your children, and try to relax, play and have fun!

Feel free to continue to contact us over the next two weeks via email: placdps@gmail.com / plbcdps@gmail.com

We hope you have an enjoyable time. Keep safe and well, Miss Conacher, Mrs Baird, Ben and Ted xx



There's nothing better than being kind! Try these

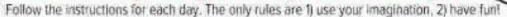
acts of kindness today 🙂



Share a snack with someone at home.	Teach someone something new.	Help someone to make a meal.	Tell someone a joke to cheer them up.	Put your rubbish in the bin without being asked.
Ask someone if you can help them with a job today.	Give someone a hug.	Own idea!	Write a letter or draw a picture for someone and send it to them to say hello.	Help someone with the washing.
Help to tidy your room at home.	Make sure you say thank you to people who help you today.	Wave at someone through the window.	Play a game with someone today.	Give someone a big, cheesy grin!



### 30 Day Lego Play Challenge





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Build a new house

#### DAY 2

Build a boat that floats

#### DAY 3

www.mykidstime.com

Build a wild animal, e.g. a crocodile

#### DAY 4

Build a castle fit for a King and Queen

#### DAY 5

Build an amazing hotel to stay in

#### DAY 6

Build with your eyes closed for 5 minutes

#### DAY 7

Build a rainbow

#### DAY 8

Build anything using exactly 100 LEGO pieces

#### DAY 9

Build a whale

#### DAY 10

Build a space ship

#### **DAY 11**

Build a birthday cake

#### DAY 12

Build a pirate ship

#### **DAY 13**

Build an airplane

#### **DAY 14**

Build your favourite TV show character

#### **DAY 15**

Build a model of your room

#### DAY 16

Build a pyramid

#### **DAY 17**

Build a car.

#### **DAY 18**

Build a robot

#### **DAY 19**

Build a village

#### DAY 20

Build a box with a

#### **DAY 21**

Build a marble run

#### **DAY 22**

Build something on wheels

#### **DAY 23**

Build something that makes a noise

#### **DAY 24**

Build a pencil holder

#### **DAY 25**

Build a picture frame

#### DAY 26

Build something flat

#### **DAY 27**

Build a tower

#### **DAY 28**

Build a simple machine

#### **DAY 29**

Build an amazing maze

#### DAY 30

Build a swimming pool

# fun things to do

publish a book make slime blow bubbles make a fort out of pillows and blankets go on a nature hunt decorate a window with art try a new recipe make greeting eards make your own flashcards see what you can make from a cardboard box draw comics write a letter to a friend create chalk drawings paint with water fingerpaint read a book out loud to your pet make playdoh practice voga and do stretches create a fairy garden perform a puppet show put your costumes together + make a new character make your own popsieles make a journal and write in it daily paint rocks do a puzzle plant seeds make shadow puppets with a flashlight invent a new game set up a pretend store in your room-what will you sell?

get ruore ideas at

### Indoor Scavenger Hunt

How many of these items can you find around the house?

stuffed bear	墨	flashlight	ASS-
paper airplane	1	mug or cup	
random sock	J.	keys	1
sunglasses	00	alarm clock	O
book	4	measuring tape	
crayon		ball of any sort	
toy truck	0	scarf	3
potted plant	亦	building blocks	A TOP
ruler	1	baby doll	*
toothepaste	8	salt and pepper	11

# what's your name

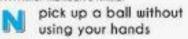
INCLUDE YOUR MIDDLE NAME & DO EACH ONE TWICELFOR VARIETY YOU CAN USE A FAVORITE CHARACTER'S NAME OR A FAMILY MEMBER'S NAME.



jump up & down 10 times



- hop on one foot 5 times
- run to the nearest door and run back
- walk like a bear for a count of 5
- do 3 cartwheels
- do 10 jumping jacks
- hop like a frog 8 times
  - balance on your left foot for a count of 10
- balance on your right foot for a count of 10
- march like a toy soldier for a count of 12
- pretend to jump rope for a count of 20
- do 3 somersaults



- walk backwards 50 steps and skip back
- walk sideways 20 steps and hop back
- crawl like a crab for a count of 10
- walk like a bear for a count of 5
- bend down and touch your toes 20 times
- pretend to pedal a bike with your hands for a count of 17
- roll a ball using only your head
  - flap your arms like a bird 25 times
- pretend to ride a horse for a count of 15
- try and touch the clouds for a count of 15
- walk on your knees for a count of 10
- do 10 push-ups



# IMON SAYS

Get your kids moving by playing Simon Says with these fun yet physical activities. You decide when or if you say "Simon Says"!

Shake your whole body.

Jump up and down.

Spin ground in circles.

Do a cartwheel.

Do a somersault.

Wave your arms above your head.

Walk like a bear on all 4s.

Walk like a crab.

Hop like a frog.

Walk on your knees.

Lay on your back & pedal your leas in the air like you are on a bike.

Pretend to sit in an invisible chair 5 times - sit then stand. sit then stand, etc.

Hold your arms out at your side and make circles with them in the air.

Hop on your left foot 10 times.

Hop on your right foot 10 times.

Hop around like a bunny.

Balance on your left foot for a count of 10.

Balance on your right foot for a count of 10.

Send down and fouch your toes 10 times.

Reach behind you and try and hold your right foot with your left hand without falling DVBE.

Show off the muscles in your

Reach behind you and try and hold your left foot with your right hand without falling over.

Lay on the floor and stretch out as far you can for 10 a. count of 10.

Pretend to shoot a basketball 10 times.

Pretend to jump rope for a count of 10.

Prefend to ride a hoise.

Pretend to mik a cow.

Take 5 of the biggest steps forward that you can.

Pretend to lift a car.

Do the strangest dance you can think of.

Scream.

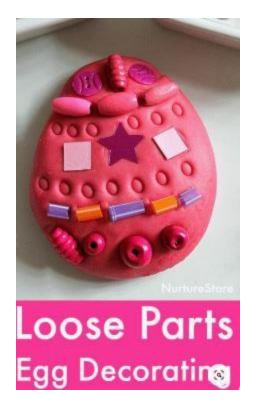


# Keep active!



### Some Easter Ideas...

Loose parts and playdough to make your own egg.





Some ideas for Easter art.



Make a salt dough ornament!



If you've already made a rainbow for your window, why not try this experiment and make a rainbow indoors!



Try <u>this experiment</u> and see how water can move from different cups!



This experiment can easily be done with less cups and food colouring than in the video, and still produce a good result!

## Try some science!

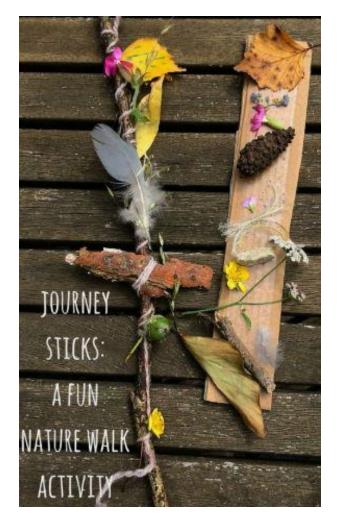




This blog has lots of nice ideas for <u>simple science</u> <u>experiments</u> about the outdoors and Spring.

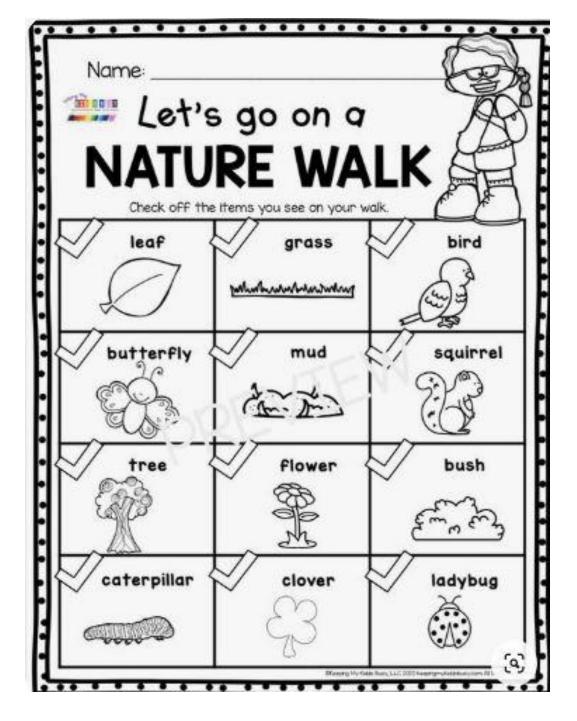


### Get outside if you can!









### Some other links!

- Keep going with the yoga practise using Cosmic Kids they have good relaxation activities too.
- Joe Wicks will keep up his morning workouts on his <u>Youtube Channel</u>.
- If you want to learn more about different animals, try the <u>National Geographic Kids Website</u>
- Watch the Chester Zoo Camera on Facebook and see behind the scenes!
- Check back to <u>Mrs Teale's music page</u> to work on your rhythm skills!
- Keep those little fingers moving with these <u>fine motor activities</u> there are lots more ideas online too.
- The <u>Scottish Book Trust</u> has lots of live Author videos to enjoy.
- Try these <u>Draw Along videos</u> and see if you can improve your drawing skills.
- See if you can practise typing your school log in username and password on a computer at home.
- Use this time to work on independent life skills like: using a knife and fork to cut up your own food,
  zipping your jacket and tying shoe laces.

Remember - reading, singing and free play are always good ideas too!