Number Sensory Trays

You will need:

Tray – (plastic/oven dish/small drawer)

Rice (you could colour it first?) or salt or sugar or flour or sand

Small paintbrush

Pen and paper

Items to count eg small toys, dried beans, pasta, wrapped sweets (they get to eat one when activity finished!)

1. Cover bottom of tray/dish with rice or whatever you are using.
2. Write a number on the paper.
3. Ask child to trace over number with their finger and then to try and copy number, using paintbrush, in the rice/flour etc.
4. Once number is written, child to count number of items and place onto the number eg if written 3 in the rice, count 3 dried beans and place on the written number.
5. Repeat a few times with different numbers, sticking to the numbers your child is working on.