**Gross motor**

**Move like an animal**

Move like a bird (run with arms outstretched )

Move like a snake (wiggle on tummies on the floor)

Move like a bear (walk on all fours)

Move like a frog (get down on haunches and hop)

Move like a kangaroo (take big leaps with arms in front of chest)

Move like an elephant (with big stomps)

Move like a penguin (waddle with ankles close together and arms pinned to sides)