FROZEN ICE PAINTS

This is one of the easiest, lowest prep art activity ever! Simply squeeze a little ready mix or powder paint in a range of bright colours into the holes of a large muffin tin, top up with water and mix together thoroughly until the colour is combined and bright. Try using a toothpick to mix so that you don’t stain your hands.

Then quickly pop the tray into the freezer before the paint and water separate and leave until frozen solid.

When they’re ready to use simply pop them out onto some large sheets of paper in a sensory table or on the floor and try making marks with them!

You have to work fast before they start melting, but actually the colours blend best when the melting process has started! In many ways this is more about the sensory experience of handling icy paint blocks than the art that is produced, although the colours do create some beautiful effects too! Once dried they make wonderful abstract art works which could be collaged over or used to make more art too.

Try to break down the ice as you use it, chipping away with spoons and smooshing it into the paper as it begins to melt.