**RAINBOW DAY**

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| Team: AppleHut Extra | Week: Friday 26-06-2020 |
| **A picture containing building, shoes, sitting, cat  Description automatically generatedNature Suduko****Problem Solving!!** A screen shot of a building  Description automatically generated**You can use chalks or sticks to create your Suduko grid.** **For a 4 x 4 Grid you will need…*** **4 of each item: e.g. Daisy/Leaf/Stone/Buttercup**

**A screen shot of a window  Description automatically generatedCAN YOU SOLVE THE PUZZLE**? You need 1 of each item in each… A close up of a screen  Description automatically generated**A close up of a window  Description automatically generatedRow Column** **and 2x2 box** **Team Muir Challenge:** Try a **6 x 6** Grid for someone to complete or perhaps get someone to make one for you?! **Teams Bremner & Keenan:** You might like to try the cut & stick sheets instead. | **Eco Construction!!** [This Photo](http://www.kiteplans.org/pln_626/) by Unknown Author is licensed under [CC BY-SA-NC](https://creativecommons.org/licenses/by-nc-sa/3.0/)**Make a Parachute**Reuse & Recycle materials that you have about the house to make & test a parachute – you could use a paper napkin or a plastic bag.[How to make a parachute Video](https://www.youtube.com/watch?v=6RA9x4wlnW8)**And here’s the Science about air resistance/drag…**[Parachute Physics for Kids](https://youtu.be/Ab_g5sLoXoY) | **STEM: I can see a Rainbow…**To see a rainbow you will need:* Empty paper towel roll
* [Craft knife](http://www.amazon.com/gp/product/B001KZH26Y/ref%3Das_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=B001KZH26Y&linkCode=as2&tag=buggyandbuddy-20) and/or scissors **(Adult help needed)**
* [Blank](http://www.amazon.com/gp/product/B00J88QCIE/ref%3Das_li_tl?ie=UTF8&camp=1789&creative=390957&creativeASIN=B00J88QCIE&linkCode=as2&tag=buggyandbuddy-20) or old CD **(check first!)**
* Pencil
* Small piece of cardboard
* Tape
* Paint (optional)

**Use the link to find step by step instructions…**[Homemade-spectroscope](https://buggyandbuddy.com/homemade-spectroscope/)**OR** if it’s super sunny and you have a garden hose or sprinkler & willing adult helper you could try this…<https://childhood101.com/make-a-rainbow/>[How to Make Rainbow - Video](https://www.youtube.com/watch?v=lRZ3_0Qkpew) |
| HEALTH & WELLBEING **Take a breath…****Watch this & use video…**[Square Breathing](https://www.youtube.com/watch?v=YFdZXwE6fRE)**Or print off the Breathing sheet with the grid on the website to guide you.****You could try to hold your favourite Garden or Animal Yoga posture whilst Square Breathing!**[This Photo](https://commons.wikimedia.org/wiki/File%3ACartoon_Yoga_Expert_Man.svg) by Unknown Author is licensed under [CC BY-SA](https://creativecommons.org/licenses/by-sa/3.0/) | **Wonders of Nature** **Find ‘something’ natural and interesting or beautiful outside in your garden, on a walk or looking out of a window!*** Use all your senses if you can – **sound, touch, sight, smell & taste** **(if it is safe!!)**

[This Photo](https://en.wikipedia.org/wiki/Exclamation_mark) by Unknown Author is licensed under [CC BY-SA](https://creativecommons.org/licenses/by-sa/3.0/)* Explore as many **adjectives** or **descriptive phrases** as you can to describe your chosen item – **be super creative**!!
* Use the link below to create ‘WORD CLOUD’ about your chosen natural object – can anyone guess what you are describing?

[Worditout - Word Cloud Creator](https://worditout.com/word-cloud/create) | **Rainbow Languages****‘La Marelle’ (Hopscotch)** **A drawing of a cartoon character  Description automatically generatedUse the link below…** [How to play La Marelle](https://www.youtube.com/watch?v=_w6YggXRLrc)Use chalks or sticks to mark out a ‘Marelle’ grid.**Team Keenan:** Can you count from 11 -20?**Team Muir:** Can you challenge yourself by writing the French number names, perhaps using larger numbers or counting in tens in French!! **un dix** **deux vingt** **trois… trente…**[French Numbers 1 - 20](https://www.youtube.com/watch?v=dhj9SqrIZqI)[Everyone's Favourite French Number Song 1-100](https://www.youtube.com/watch?v=DnrTrbJ6mYs) |