**RAINBOW DAY**

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| Team: AppleHut Extra | Week: Thursday 28-05-2020 |
| **ART****Stick Frame** **Weaving** **When you are outdoors you might like to make a weaving frame from sticks. You could weave using natural objects or you could use scraps of materials or wool that you have at home.****Don’t forget to ask before you use materials from home, always respect nature & work safely!****Here are some ideas to get you started…**[Mother- Natured Large Weaving Video](https://www.youtube.com/watch?v=1Y-r95Qe_qc&feature=youtu.be)[Create a Y Stick Loom](https://www.youtube.com/watch?v=3FHofUl6edQ) [More Nature Weaving Ideas](https://www.craftiments.com/2013/06/NatureWeavingCraftandSolarOvenSmores.html) | **Eco Construction!!**Build a Mini-Den! **Use natural objects from your garden or collected during your daily walk to build a mini-den for a toy, animal or even your imaginary letter-writing creature!?** **A flower is standing in the grass  Description automatically generated**[https://rhubarbandwren.co.uk/mini-den](https://rhubarbandwren.co.uk/how-to-make-a-magnificent-forest-mini-den/)**Explore which shapes make the strongest dens and share your findings on the recording sheet.**[Strongest Shapes Video](https://www.teachengineering.org/activities/view/cub_intro_lesson01_activity1)**[Mini Den Engineering Recording Sheet](file:///C%3A%5C%5CUsers%5C%5CHome%5C%5CDocuments%5C%5CMum%27s%20Work%21%5C%5C2019-20%5C%5CSchool%20Closure%20Info%5C%5CMicrosoft%20Teams%20Info%5C%5CRainbow%20Day%5C%5CEco%20Construction%5C%5CMini%20Den%20Building%20Recording%20Sheet%20-%20pdf.pdf)** | **SCIENCE****Water Cycle in a Bag**[SMO - Water Cycle in a Bag](https://www.youtube.com/watch?v=VZB44_X0pFw)**You can make your water cycle model as simple or as detailed as you wish.****Then you could try singing this song….**[Water Cycle Song with Actions](https://www.youtube.com/watch?v=7wRTyRWORS4) |
| HEALTH & WELLBEING **YOGA**Teams Bremner & Keenan try…[Garden Yoga](file:///C%3A%5CUsers%5CHome%5CDocuments%5CMum%27s%20Work%21%5C2019-20%5CSchool%20Closure%20Info%5CMicrosoft%20Teams%20Info%5CRainbow%20Day%5COutdoor%20Yoga%5CGarden-Yoga-for-Kids-Free-Printable-Poster.pdf)**Team Muir try this Yoga Sequence called ‘Sun Salutation’….**[**Sun Salutation - Easy Guide**](file:///C%3A%5CUsers%5CHome%5CDocuments%5CMum%27s%20Work%21%5C2019-20%5CSchool%20Closure%20Info%5CMicrosoft%20Teams%20Info%5CRainbow%20Day%5COutdoor%20Yoga%5CSun%20Salutation%20Printable%20Yoga%20Poster%20for%20Kids.pdf)You could put on some lovely. Relaxing music to perform the sequence to! | **GENIUS HOUR!**[This Photo](https://www.vecteezy.com/organic/88518-organic-lightbulb-vector) by Unknown Author is licensed under [CC BY-SA](https://creativecommons.org/licenses/by-sa/3.0/)[Mrs James's Introduction to Genius Hour](https://sway.office.com/bsQCC6ycFWay5Unm?ref=Link&loc=play)OR[Genius Hour - Part 2](https://sway.office.com/eqOgJVrQj5xDxY2S?ref=Link&loc=play)**On this Double Rainbow Week, you can either get started with your Genius Hour or continue to work on your project over the 2 days!**Happy Creating….. | **Make a Nature Journal****Create your own personal Nature Journal to record the minibeasts that you found in your garden!****Use a notebook you already have or paper to create one from scratch – the choice is yours! Then you can keep adding to your records about the ‘nature treasures’ that you find on Rainbow Days!*** **Draw a picture/take a photo**
* **Note where you found it**
* **Any interesting observations/notes**
* **Add ‘pockets’ to keep ‘Treasures’ in**

**Here is a recording sheet in case you need it….****[Minibeast Nature Journal Sheet](file:///C%3A%5C%5CUsers%5C%5CHome%5C%5CDocuments%5C%5CMum%27s%20Work%21%5C%5C2019-20%5C%5CSchool%20Closure%20Info%5C%5CMicrosoft%20Teams%20Info%5C%5CRainbow%20Day%5C%5CLiteracy%5C%5CMinibeast%20Nature%20Journal%20Sheet.pdf)** |