



# Cargenbridge School Updates and information Friday 1st March 2019

## WORKING TOGETHER LEARNING TOGETHER

Email Address:  
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Tel. No.  
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Blog Address:  
<https://blogs.glowscotland.org.uk/dg/CargenbridgeCascade/>

\*\*\*\*\*  
Mrs Watson says ..... Thanks to everyone who came along on Tues/Wed to have a look at your child's recent work. We hope you found it useful and enjoyed looking at your child's work.  
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**FRIDAY MAIL DROP** 

In the mail drop today please find:

1. Lunch Menu - Named
2. Group Photos - Preschool & P1
3. Book Festival - All
4. Football letter - Football ASC

### PE Kit

It has been brought to our attention that some children do not have PE kit with them in school. Please ensure that everyone has both an indoor and outdoor PE kit in school every day. Remember you do not need to buy anything special for this.

### Foodbank Donations

For the month of March we have decided to collect items again to donate to a local foodbank. If you normally give something up for lent why don't you do some good instead by adding an item each week to our foodbank donations. The box will be situated at the office and can be added to whenever you want before the end of term.

### Heartstart First Aid Training

Next Friday P6 and P7 pupils will take part in Heartstart first aid training. This is an essential life skill and something the children will enjoy I am sure. Please ask your child about this.

### World Book Day 7th March

Following on from the newsletter on 15th Feb, we hope you are planning where to take your family photograph of you all reading in an interesting/unique place for our competition? Entries to be in by Wed 6th March. These can be printed off or emailed to the office email address at the top of the newsletter. Also on **7th March** we are planning to do some paired reading and a readathon. To make this a cosy day children can come to school wearing their PJs/Onesies and bring their pillows or blankets etc to make their reading experience comfortable and cosy. They can also bring some favourite books from home to read and share. A lovely way to take part in some reading for enjoyment. Should be a good day where we can "celebrate stories to show our love of reading".

### BINGO

Remember you can still return your slip for the Bingo on **Thurs 7th March**. Eyes down, it should be a good night!

### P4 Orienteering

P4 look forward to orienteering next **Wednesday** at Mabie. Please make sure everyone comes prepared with the correct kit. They will have a great time!

Well done to Jay McC and Joseph for their performance in the Burns Festival last Saturday. They both did so well. Special well done to Jay McC for coming second in his class for the bagpipes.

Unfortunately Jay L couldn't participate as he was poorly, glad you are better now Jay.

### Nursery Open Evening

Parents are invited to visit nursery to see their child's work on **Wed 6th March** from **5-6pm**. If you would like to meet with your child's key worker during this time, please ask in nursery for an appointment.

### Floorball

Next week some classes will receive input on floorball organised through Active Schools.

### Dumfries and District Music Festival

Good luck to all those who are taking part in the Speech Section of the Dumfries and District Music Festival this evening and tomorrow at Dumfries Academy.

#### **Friday 1st March**

- P4/5 Girls Prose 6pm (Main Hall) - Casey
- P6/7 Girls Prose 7.45pm (Minerva) - Hannah

#### **Saturday 2nd March**

- P4/5 Boys Poetry 10am (Minerva) - Dean, Jay L, Evan
- P4 Girls Poetry 11.25am (Main Hall) - Casey
- P6/7 Boys Scots 11.30am (Minerva) - Joseph
- P5 Girls Poetry 12.30pm (Main Hall) - Alexa, Amira
- P4/5 Boys Scots 2.00pm (Minerva) - Jay L
- P1-3 Girls Scots 2.00pm (Main Hall) - Hannah, Cora, Kacie, Kianna, Emma, Zara
- P6/7 Boys Poetry 2.40pm (Main Hall) - Reece
- P6 Girls Poetry 2.40pm (Minerva) - Lucy
- P7 Girls Poetry 3.35pm (Minerva) - Hannah
- P1-3 Girls Poetry 4.25pm (Minerva) - Mariel, Amy, Zara
- P1-3 Boys Poetry 4.35pm (Main Hall) - Zane, Liam

Please come along and support them.

Huge thanks to Mrs Vivek, Miss Cairns, Mrs Boardman and Jane Brown, President of the Robert Burns World Federation for all their support and help.

☺ **Pupil of the Week** ☺  
Fri 1st March 2019  
P1/2 Pippa, P2/3 Miren, P4 Dean  
P5/6 Joshua, P6/7 Emmie  
**WELL DONE !!!!**  
Cup Winner was : **SOLWAY**

Next week we will have the rescheduled 'Compass' talks on brain injury. All classes will receive these.



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### Farewell

It is with great sadness that we inform you that, after a great deal of thought and consideration, Rose Anne and June our cleaners have decided to hang up their mops and brushes at the end of this term. Rose Anne has been working at Cargenbridge for 27 years and June 23 years. A great achievement. Throughout the time they have shown great pride in their work, commitment to the school and have gone above and beyond what they should do to ensure that the school is always clean and tidy for children and staff. Rose Anne even takes home lost property to wash and iron! They will be sadly missed but we wish them all the very best as they move onto new exciting adventures. Rose Anne is still keen to help in the school.

More info to follow.

### Red Nose Day/Comic Relief

Save the Date ..... **Fri 15th March**

On this day we are going to have a day where all children will take part in play opportunities, discovery and inquiry learning. It will be a **NON Uniform** day and all we ask is that you bring a donation towards Comic Relief. More info next week.

**Reminder** ..... Please can we remind everyone that if anyone has a concern they wish to discuss with the school this should **always** be done by speaking with the appropriate person and not via facebook.

Many thanks for your support with this matter.

### Football ASC

In the maildrop today is a letter for all those whose children go to Football After School Club. We have been reviewing the organisation of this and this letter details this. Many thanks.

### Country Dancing Festival

Next **Saturday 9th March** our Country dancers will take part in the Country Dancing Festival held at Dumfries Academy. The dancers will take part in various performances starting at 10am-1pm and after lunch from 1.30-3.30pm.

Please feel free to go along and support them.

Good luck to you all.

### "Momo Challenge"

Yesterday it was brought to our attention about something called "Momo Challenge". This information below has been given to us by our new Community Police Officer, Lee Smith. It is really hard to know exactly how to handle situations like this as within each class there will be children who know about these things and those who don't. The last thing we want to do is alarm the children and encourage those who don't know to want to find out. We also know that some parents would rather deal with situations like this themselves. Please see the advice for parents given to us by Lee Smith.

"Momo" is the latest version of App targeting children and young people via social media, encouraging them to add a "Curse Contact" (often via messaging services such as WhatsApp or gaming services). Once access is gained, the App then exposes young people to frightening/violent images, and in some instances challenges/pressurises them to do things.

Understandably, the above has caused some concern amongst parents/carers/educators, wishing to protect their children from harmful online content.

#### **Advice for parents/carers**

Although the Momo challenge appears to be more fear than fact, as with any Online Safety issue, it's important that parents/carers talk to their child. The best way to start is to ask a general question about whether they have seen anything online that upsets or worries them. Explain that there are often things that happen online that can be misleading or frightening, and that some things are designed to attract attention. Parents should follow their child's lead - introducing the idea of the Momo challenge to a child who isn't familiar with it might lead them to investigate. Take your child's lead, and whether or not you decide to talk openly about Momo, reinforce key safety messages such as never accepting friend requests from strangers, never provide personal information online (address, school, siblings names etc). and never feeling pressurised into doing anything online that doesn't feel right! Remember that curiosity is a natural part of growing up, don't blame them for being drawn into the latest digital craze. Try to listen, keep calm and help them recognise that however tempting these things may be to explore, it's never sensible to be drawn in.

Make sure you discuss online safety regularly, reinforcing that they shouldn't accept friend requests or try to contact strangers via social media platforms or messaging apps. Ensure their privacy settings are updated, disable location sharing, and most importantly encourage them to talk to a trusted adult if they are troubled by anything they see online.

Lee is coming into school on 11th March to talk to all the classes at an age appropriate level about staying safe online.

### DATES FOR YOUR DIARY

### W/B 4th March 2019

**On Mon** — P6&P7 Rugby Country Dancing ASC 3-4pm

**On Tues**— Compass Brain Injury Talks Netball ASC 3—4 pm

**On Wed** — P1&P2 Morning Maths Club 8.30-9am P4 Orienteering Feis Rois P5/6 Fairy Bod Mother ASC 3-4pm  
Nursery Open Evening 5-6pm

**On Thurs** — World Book Day Floorball Country Dancing with Mrs Vivek ASC 3-4pm CPA Bingo 6.30pm  
Football P4 & P5 ASC 6-7pm Football P6 & P7 ASC 7-8pm

**On Friday**— P4-7 Morning Running Club 8.30-9am Brew & Blether 9-10am P6 & P7 Heartstart

