



# Calside News

23<sup>rd</sup> August 2024

## Health Care

Within school, we follow a number of policies and protocols that are designed to support the Health & Safety of both the children and the staff. If your child has any health concerns or conditions, it is essential that you inform the school. Please ensure you inform us as soon as possible.

We also require parents to let us know if their child is absent from school, and the reason. This is to ensure that all children are accounted for. If anyone is presenting with any symptoms of illness, they should not attend school.

## Allergies

If your child has an allergy that may present health issues, please ensure that school is aware of this **as soon as possible** so we can ensure each child's health and safety. At present, we are not aware of any allergies to nuts, and these can be brought into school. We will advise if this changes.

## Health Care and Medication

In line with the Dumfries & Galloway Health Care Policy, if a pupil requires medication, a medication form must be completed. These are checked by the Head Teacher as well as the class teacher, and are kept in the office. Medication will be stored securely: this may be in the classroom if quick access to the medication is required e.g. an inhaler for asthma. **We cannot administer medication unless it has been prescribed and is appropriately labelled with child's name, type of medication and dosage to show this.**

If your child has an ongoing health issue such as asthma or epilepsy, a Health Care Plan is required and staff will receive relevant training. **We have children within the school with epilepsy: all the classes will be undertaking a child-friendly awareness session on epilepsy so that they recognise the signs and are not unduly worried if a child has an epileptic episode.**

## First Aid

We have trained First Aiders within the school who will deal with any incidents that require basic attention. If they assess that further medical guidance or care is needed, we will contact parents. Therefore it is essential that your emergency contact details are kept up-to-date.

If a child has received first aid, a slip will be sent home to alert you to this fact. We do not send slips for minor scrapes or lost teeth.

We follow the NHS guidance on infection control and diseases, which may mean that your child cannot attend school for a certain period of time. For instance, if a child has an upset tummy, they will not be able to attend school for 48 hours since the last bout. These time-frames are not negotiable as we cannot risk bugs spreading.

## Emergency Contacts

For safeguarding and health care reasons, it is essential that parents/ carers keep their emergency contact details up-to-date. If you change your mobile number, email or home address, you need to let us know immediately.

If there are any aspects of the Health Care protocols for which you require further advice or clarification, please do not hesitate to contact us.