



Calside Primary School Health and Well-Being Strategy



Children will follow the core HWB programme.

How do we know?

⇒ Planning for learning

⇒ Learning conversations in class

⇒ Target setting/ Teams

⇒ Learners' Conferences with learners and parents

⇒ Attainment meetings

⇒ Support for Learning consultations

⇒ Learning Talks with SMT

Teacher Assessments

⇒ Observation during discussions, drama activities, peer modelling sessions and workshops with visiting experts (such as Police or Youth Justice)

⇒ Self and peer assessment during activities such as Zippy, Apple or Passport, e-portfolios and blogs

What do we do when the core programme is not appropriate?

The nature of the intervention will be determined by the specific difficulty shown by our assessment information. Interventions used in our school include:

- ◆ Tea and Toast
- ◆ Support such as Social Stories; Muddles, Puddles and Sunshine; Talking About Autism
- ◆ Nurture time tailored to needs of the individual
- ◆ Play Leaders and Peer Mediators
- ◆ Enhanced transition programme to prepare for move to High School
- ◆ Support groups such as Circle of Friends, Fizzy, Let's Move and Crossing the Midline
- ◆ Life Skills groups
- ◆ Therapy sessions such as Lego Therapy, Mindfulness, Yoga and coping skills
- ◆ Individualised support from other agencies such as SALT, Befrienders
- ◆ Life Skills units in partnership with other agencies such as CAMHS, SALT, Youth Work

These interventions may be used for a short block of time to give targeted or individualised support, or may be used as group support over a longer period of time. Our Interventions will be flexible in order to meet learner's needs.