**Different Ways to Count**

* Count forwards when moving forwards or walking up steps.
* Count backwards when moving backwards or walking down steps.
* Count in twos, fives or tens if it makes sense to do so.
* If a child or group wants to use big numbers, then count in thousands or millions, e.g. one million,
* two million, three million, or two million and one, two million and two, etc.
* Each child takes a handful of gravel or other objects. Ask the group or child to estimate how many they have before they count them.
* Estimate how long it takes to fill a bath or have a shower, then time it.
* When making food ask your child to guess how long it takes to cook or make?
* Counting how many items you have purchased when shopping.
* Counting to 120 when brushing teeth use a timer, to see if they managed to brush to 2 minutes.
* Estimating a minute – counting to 60.