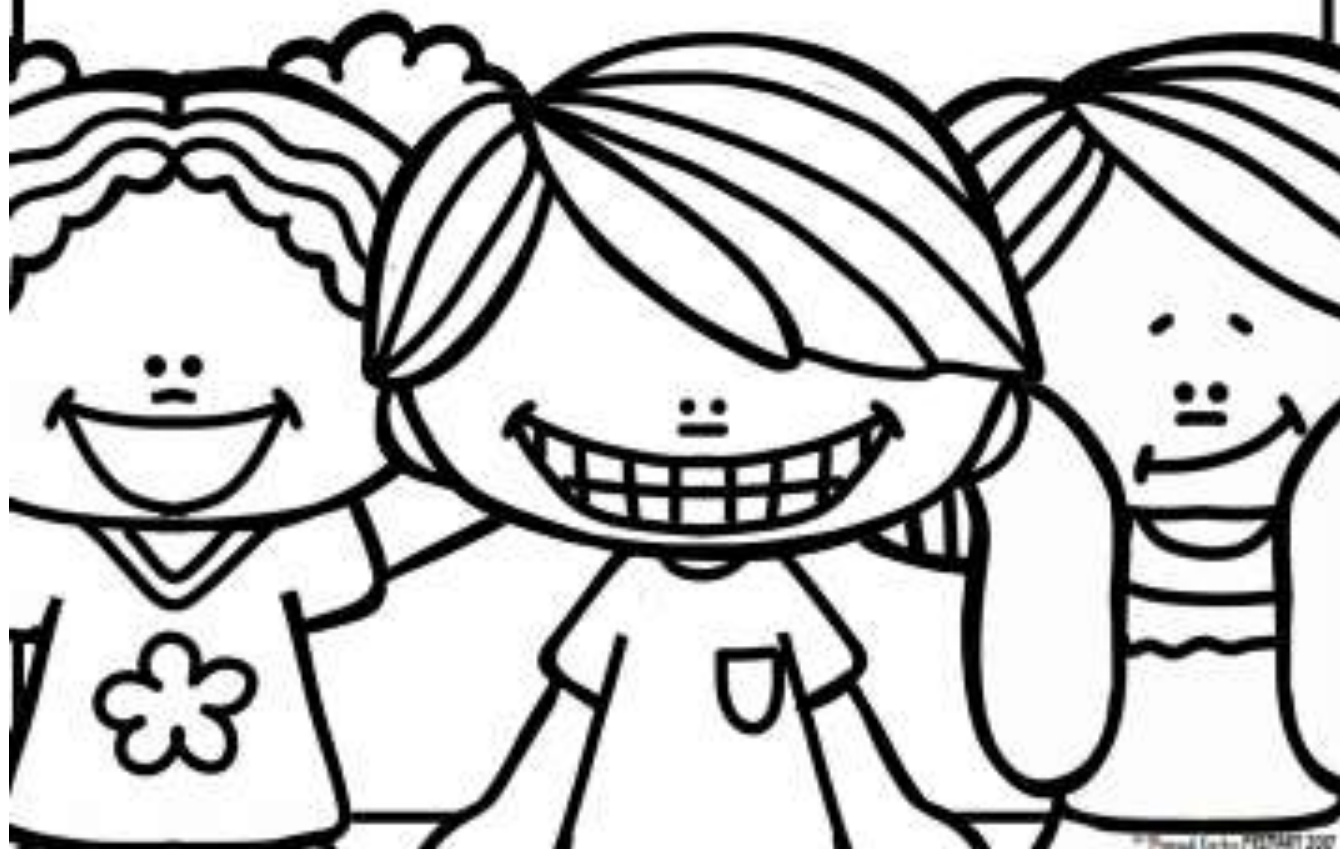
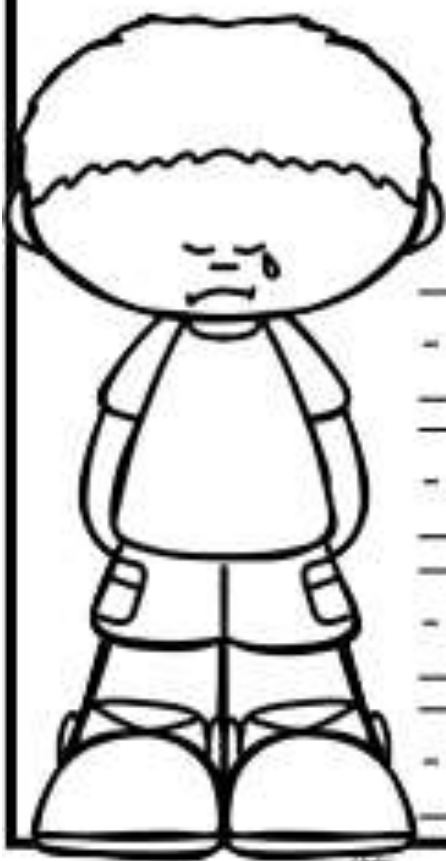


# My Feelings & Me

## JOURNAL



I feel sad when...



Handwriting practice lines consisting of four sets of horizontal lines. Each set includes a solid top line, a dashed middle line, and a solid bottom line, providing a guide for letter height and placement.

I feel happy when...



# I feel mad when...

