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| **Context of learning – Relationships, Sexual Health & Parenthood** |
| **Experiences & Outcomes** *RSHP.scot lessons* ***must*** *be taught. Additional resource suggestions can be found on the resource list in staff share.***Understanding Human Sexuality*** I recognise that how my body changes can affect how I feel about myself and how I may behave. **HWB 2-47a**
* I understand my own body’s uniqueness, my developing sexuality, and that of others. **HWB 3-47a**
 |
| **What we know** | **What we would like to learn** | **How we would like to learn** | **Lessons / Activities**<https://rshp.scot/wp-content/uploads/2019/07/Understanding-human-sexuality-Activity-plan.pdf> |
| **Assessment Opportunities (Assessment stops & Final Assessment)** | **Evaluations** |
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| **Context of learning – Relationships, Sexual Health & Parenthood** |
| **Experiences & Outcomes** *RSHP.scot lessons* ***must*** *be taught. Additional resource suggestions can be found on the resource list in staff share.***Menstruation*** I recognise that how my body changes can affect how I feel about myself and how I may behave. **HWB 2-47a**
* I can describe the physical and emotional changes during puberty, understand why they are taking place and the importance of

personal hygiene. **HWB 2-48a** |
| **What we know** | **What we would like to learn** | **How we would like to learn** | **Lessons / Activities**<https://rshp.scot/wp-content/uploads/2019/08/Menstruation-Activity-plan.pdf>Period Poverty – Betty for Schools |
| **Assessment Opportunities (Assessment stops & Final Assessment)** | **Evaluations** |
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| **Context of learning – Relationships, Sexual Health & Parenthood** |
| **Experiences & Outcomes** *RSHP.scot lessons* ***must*** *be taught. Additional resource suggestions can be found on the resource list in staff share.***How Adults Plan & Prevent Pregnancy: Contraception & Condoms*** I am able to describe how human life begins and how a baby is born. **HWB 2-50a**
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| **What we know** | **What we would like to learn** | **How we would like to learn** | **Lessons / Activities**<https://rshp.scot/wp-content/uploads/2019/07/How-adults-plan-and-prevent-pregnancy-Contraception-and-Condoms-Activity-plan.pdf> |
| **Assessment Opportunities (Assessment stops & Final Assessment)** | **Evaluations** |
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