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| **Context of learning – Relationships, Sexual Health & Parenthood** | | | | |
| **Experiences & Outcomes**  *RSHP.scot lessons* ***must*** *be taught. Additional resource suggestions can be found on the resource list in staff share.*  **Understanding Human Sexuality**   * I recognise that how my body changes can affect how I feel about myself and how I may behave. **HWB 2-47a** * I understand my own body’s uniqueness, my developing sexuality, and that of others. **HWB 3-47a** | | | | |
| **What we know** | **What we would like to learn** | **How we would like to learn** | | **Lessons / Activities**  <https://rshp.scot/wp-content/uploads/2019/07/Understanding-human-sexuality-Activity-plan.pdf> |
| **Assessment Opportunities (Assessment stops & Final Assessment)** | | | **Evaluations** | |
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| **Context of learning – Relationships, Sexual Health & Parenthood** | | | | |
| **Experiences & Outcomes**  *RSHP.scot lessons* ***must*** *be taught. Additional resource suggestions can be found on the resource list in staff share.*  **Menstruation**   * I recognise that how my body changes can affect how I feel about myself and how I may behave. **HWB 2-47a** * I can describe the physical and emotional changes during puberty, understand why they are taking place and the importance of   personal hygiene. **HWB 2-48a** | | | | |
| **What we know** | **What we would like to learn** | **How we would like to learn** | | **Lessons / Activities**  <https://rshp.scot/wp-content/uploads/2019/08/Menstruation-Activity-plan.pdf>  Period Poverty – Betty for Schools |
| **Assessment Opportunities (Assessment stops & Final Assessment)** | | | **Evaluations** | |
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| **Context of learning – Relationships, Sexual Health & Parenthood** | | | | |
| **Experiences & Outcomes**  *RSHP.scot lessons* ***must*** *be taught. Additional resource suggestions can be found on the resource list in staff share.*  **How Adults Plan & Prevent Pregnancy: Contraception & Condoms**   * I am able to describe how human life begins and how a baby is born. **HWB 2-50a** | | | | |
| **What we know** | **What we would like to learn** | **How we would like to learn** | | **Lessons / Activities**  <https://rshp.scot/wp-content/uploads/2019/07/How-adults-plan-and-prevent-pregnancy-Contraception-and-Condoms-Activity-plan.pdf> |
| **Assessment Opportunities (Assessment stops & Final Assessment)** | | | **Evaluations** | |
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