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| **Context of learning – Relationships, Sexual Health & Parenthood** |
| **Experiences & Outcomes** **Emotional Wellbeing/Body Image***RSHP.scot lessons* ***must*** *be taught. Additional resource suggestions can be found on the resource list in staff share.** I am aware that positive friendships and relationships can promote health and the health and wellbeing of others. **HWB 2-44b**
* I am identifying and practising skills to manage changing relationships and I understand the positive impact this can have on my

emotional wellbeing. **HWB 2-45a** * I recognise that how my body changes can affect how I feel about myself and how I may behave. **HWB 2-47a**
* I can describe the physical and emotional changes during puberty, understand why they are taking place and the importance of

personal hygiene. **HWB 2-48a** |
| **What we know** | **What we would like to learn** | **How we would like to learn** | **Lessons / Activities**<https://rshp.scot/wp-content/uploads/2019/07/Part-1.-My-Feelings-activity-plan.pdf><https://rshp.scot/wp-content/uploads/2019/07/Part-2.-My-Body-Activity-plan.pdf><https://rshp.scot/wp-content/uploads/2019/07/Part-3.-When-I-feel-sad-or-worried-Activity-plan.pdf>Period Poverty – Betty for Schools |
| **Assessment Opportunities (Assessment stops & Final Assessment)** | **Evaluations** |
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| **Context of learning – Relationships, Sexual Health & Parenthood** |
| **Experiences & Outcomes** *RSHP.scot lessons* ***must*** *be taught. Additional resource suggestions can be found on the resource list in staff share.***Love & Relationships*** I understand that a wide range of different kinds of friendships and relationships exists. **HWB 2-44a**
* I am aware that positive friendships and relationships can promote health and the health and wellbeing of others. **HWB 2-44b**
* I am identifying and practising skills to manage changing relationships and I understand the positive impact this can have on my

emotional wellbeing. **HWB 2-45a** * I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and

non-verbal communication. **HWB 2-45b** |
| **What we know** | **What we would like to learn** | **How we would like to learn** | **Lessons / Activities**<https://rshp.scot/wp-content/uploads/2019/07/Part-1.-What-is-love-Activity-plan.pdf><https://rshp.scot/wp-content/uploads/2019/07/Part-2.-Being-attracted-to-someone-Activity-plan.pdf> |
| **Assessment Opportunities (Assessment stops & Final Assessment)** | **Evaluations** |
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| **Context of learning – Relationships, Sexual Health & Parenthood** |
| **Experiences & Outcomes** *RSHP.scot lessons* ***must*** *be taught. Additional resource suggestions can be found on the resource list in staff share.***Sex: How people have sex/What do they do?*** I am developing my understanding of the human body and can use this knowledge to maintain and improve my wellbeing and health.

**HWB 2-15a** * I am able to describe how human life begins and how a baby is born. **HWB 2-50a**
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| **What we know** | **What we would like to learn** | **How we would like to learn** | **Lessons / Activities**<https://rshp.scot/wp-content/uploads/2019/07/Sex-How-do-people-have-sex-Activity-plan.pdf> |
| **Assessment Opportunities (Assessment stops & Final Assessment)** | **Evaluations** |
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| **Context of learning – Relationships, Sexual Health & Parenthood** |
| **Experiences & Outcomes** *RSHP.scot lessons* ***must*** *be taught. Additional resource suggestions can be found on the resource list in staff share.***How human Life begins, Pregnancy & Birth*** I am able to describe how human life begins and how a baby is born. **HWB 2- 50a**
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| **What we know** | **What we would like to learn** | **How we would like to learn** | **Lessons / Activities**<https://rshp.scot/wp-content/uploads/2019/07/How-human-life-begins-pregnancy-birth-Activity-plan.pdf> |
| **Assessment Opportunities (Assessment stops & Final Assessment)** | **Evaluations** |
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| **Context of learning – Relationships, Sexual Health & Parenthood** |
| **Experiences & Outcomes** *RSHP.scot lessons* ***must*** *be taught. Additional resource suggestions can be found on the resource list in staff share.***Being a Parent/Carer*** I can describe the role of a parent / carer and the skills, commitment and qualities the role requires. **HWB 2-51a**
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| **What we know** | **What we would like to learn** | **How we would like to learn** | **Lessons / Activities**<https://rshp.scot/wp-content/uploads/2019/07/Part-1.-What-does-a-parent-carer-need-to-know-and-to-do-Activity-plan.pdf><https://rshp.scot/wp-content/uploads/2019/07/Part-2.-If-I-were-a-parent-or-carer-Activity-plan.pdf> |
| **Assessment Opportunities (Assessment stops & Final Assessment)** | **Evaluations** |
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