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| **Context of learning – Relationships, Sexual Health & Parenthood** | | | | |
| **Experiences & Outcomes**  *RSHP.scot lessons* ***must*** *be taught. Additional resource suggestions can be found on the resource list in staff share.*  **My Body**   * I recognise that how my body changes can affect how I feel about myself and how I may behave. **HWB 2-47a** * I can describe the physical and emotional changes during puberty, understand why they are taking place and the importance of   personal hygiene. **HWB 2-48a** | | | | |
| **What we know** | **What we would like to learn** | **How we would like to learn** | | **Lessons / Activities**  <https://rshp.scot/wp-content/uploads/2019/07/Part-1.-Names-of-parts-of-my-body-Activity-plan.pdf>  <https://rshp.scot/wp-content/uploads/2019/07/Part-2.-My-body-is-changing-Activity-plan.pdf>  <https://rshp.scot/wp-content/uploads/2019/07/Part-3.-Feelings-and-Puberty-Activity-plan.pdf>  <https://rshp.scot/wp-content/uploads/2019/07/Part-4.-Personal-Hygiene-Activity-plan-1.pdf>  Period Poverty – Betty for Schools |
| **Assessment Opportunities (Assessment stops & Final Assessment)** | | | **Evaluations** | |
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| **Context of learning – Relationships, Sexual Health & Parenthood** | | | | |
| **Experiences & Outcomes**  *RSHP.scot lessons* ***must*** *be taught. Additional resource suggestions can be found on the resource list in staff share.*  **Friends & Friendship**   * I understand that a wide range of different kinds of friendships and relationships exist. **HWB 2-44a** * I am aware that positive friendships and relationships can promote health and the health and wellbeing of others. **HWB 2-44b** * I am identifying and practising skills to manage changing relationships and I understand the positive impact this can have on my   emotional wellbeing. **HWB 2-45a** | | | | |
| **What we know** | **What we would like to learn** | **How we would like to learn** | | **Lessons / Activities**  <https://rshp.scot/wp-content/uploads/2019/07/Part-1.-What-is-a-friend-Activity-plan.pdf>  <https://rshp.scot/wp-content/uploads/2019/07/Part-2.-Making-and-Keeping-Friends-Activity-plan.pdf>  <https://rshp.scot/wp-content/uploads/2019/07/Part-3.-Online-Offline-Friends-Activity-plan-1.pdf> |
| **Assessment Opportunities (Assessment stops & Final Assessment)** | | | **Evaluations** | |
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| **Context of learning – Relationships, Sexual Health & Parenthood** | | | | |
| **Experiences & Outcomes**  *RSHP.scot lessons* ***must*** *be taught. Additional resource suggestions can be found on the resource list in staff share.*  **A Fair and Equal Life for Girls & boys**   * I understand that a wide range of different kinds of friendships and relationships exist. **HWB 2-44a** * I am aware that positive friendships and relationships can promote health and the health and wellbeing of others. **HWB 2-44b** * I know that all forms of abuse are wrong and I am developing the skills to keep myself safe and get help if I need it. **HWB 2-49a** | | | | |
| **What we know** | **What we would like to learn** | **How we would like to learn** | | **Lessons / Activities**  <https://rshp.scot/wp-content/uploads/2019/07/Part-1.-Stereotypes-and-Equality-Activity-plan.pdf>  <https://rshp.scot/wp-content/uploads/2019/07/Part-2.-Being-Fair-Activity-Plan.pdf>  <https://rshp.scot/wp-content/uploads/2019/07/Part-3.-Being-transgender-Activity-plan.pdf> |
| **Assessment Opportunities (Assessment stops & Final Assessment)** | | | **Evaluations** | |
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| **Context of learning – Relationships, Sexual Health & Parenthood** | | | | |
| **Experiences & Outcomes**  *RSHP.scot lessons* ***must*** *be taught. Additional resource suggestions can be found on the resource list in staff share.*  **My Senses**   * I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and   non-verbal communication. **HWB 2-45b**   * I am aware of and able to express my feelings and am developing the ability to talk about them. **HWB 2-01a** * I am developing my understanding of the human body and can use this knowledge to maintain and improve my wellbeing and health.   **HWB 2-15a** | | | | |
| **What we know** | **What we would like to learn** | **How we would like to learn** | | **Lessons / Activities**  <https://rshp.scot/wp-content/uploads/2019/07/My-senses-Activity-plan-1.pdf> |
| **Assessment Opportunities (Assessment stops & Final Assessment)** | | | **Evaluations** | |
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| **Context of learning – Relationships, Sexual Health & Parenthood** | | | | |
| **Experiences & Outcomes**  *RSHP.scot lessons* ***must*** *be taught. Additional resource suggestions can be found on the resource list in staff share.*  **Consent**   * I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and   non-verbal communication. **HWB 2-45b**   * I know that all forms of abuse are wrong, and I am developing the skills to keep myself safe and get help if I need it. **HWB 2-49a** | | | | |
| **What we know** | **What we would like to learn** | **How we would like to learn** | | **Lessons / Activities**  <https://rshp.scot/wp-content/uploads/2019/07/Part-1.-What-is-consent-Activity-plan.pdf>  <https://rshp.scot/wp-content/uploads/2019/07/Part-2.-My-body-is-mine-Activity-plan.pdf> |
| **Assessment Opportunities (Assessment stops & Final Assessment)** | | | **Evaluations** | |
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| **Context of learning – Relationships, Sexual Health & Parenthood** | | | | |
| **Experiences & Outcomes**  *RSHP.scot lessons* ***must*** *be taught. Additional resource suggestions can be found on the resource list in staff share.*  **Social Media/Popular Culture**   * I understand that a wide range of different kinds of friendships and relationships exists. **HWB 2-44a** * I know that all forms of abuse are wrong, and I am developing the skills to keep myself safe and get help if I need it. **HWB 2-49a** * I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and   non-verbal communication. **HWB 2-45b** | | | | |
| **What we know** | **What we would like to learn** | **How we would like to learn** | | **Lessons / Activities**  <https://rshp.scot/wp-content/uploads/2019/07/Part-1.-Where-do-we-go-Activity-plan.pdf>  <https://rshp.scot/wp-content/uploads/2019/07/Part-2.-Being-smart-online-Activity-plan.pdf> |
| **Assessment Opportunities (Assessment stops & Final Assessment)** | | | **Evaluations** | |
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| **Context of learning – Relationships, Sexual Health & Parenthood** | | | | |
| **Experiences & Outcomes**  *RSHP.scot lessons* ***must*** *be taught. Additional resource suggestions can be found on the resource list in staff share.*  **Protecting Me/Abuse & Relationships**   * I know that all forms of abuse are wrong, and I am developing the skills to keep myself safe and get help if I need it. **HWB 2-49a** | | | | |
| **What we know** | **What we would like to learn** | **How we would like to learn** | | **Lessons / Activities**  <https://rshp.scot/wp-content/uploads/2019/07/Part-1.-When-I-feel-safe-feel-unsafe-Activity-plan.pdf>  <https://rshp.scot/wp-content/uploads/2019/07/Part-2.-My-5-trusted-individuals-Activity-plan.pdf>  <https://rshp.scot/wp-content/uploads/2019/07/Part-3.-Bullying-Activity-plan.pdf>  <https://rshp.scot/wp-content/uploads/2019/07/Part-4.-Physical-abuse-and-neglect>  <https://rshp.scot/wp-content/uploads/2019/07/Part-5.-Sexual-abuse-Activity-plan.pdf> |
| **Assessment Opportunities (Assessment stops & Final Assessment)** | | | **Evaluations** | |
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