

### **ETHOS**

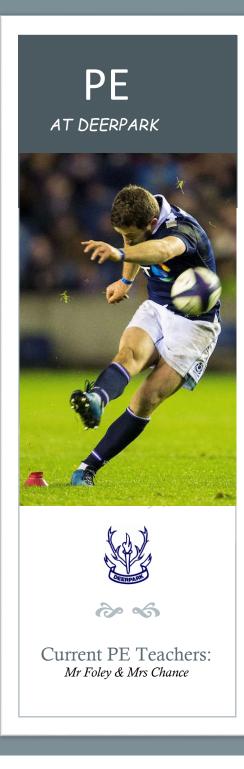
Physical Education is an integral part of our pupil's primary school experience.

PE and Sport is a popular area of the curriculum, which enables our learners to develop a broad variety of skills.

Pupils experience a range of sports over their 7 years. PE is highly celebrated within our school and Learning Community.

Deerpark currently has a 'GOLD' School Sports award.







# Growing through Physical Education

### What to expect:

- Each class will get 2 hours of PE a week.
- Pupils will have 6-week blocks of different activities including: Rugby, Basketball, Gymnastics, Badminton, Dance, Athletics, Fitness, Striking and Fielding and more.
- Pupils will do traditional Scottish Country Dancing at Christmas time.

### **Developing the 4 capacities:**

PE is a great context to develop the Physical skills but we will also focus on:

- **Successful Learners**: Developing skills independently or as part of a group.
- Effective Contributors: *Resilience, teamwork and creativity.*
- **Responsible Citizens**: *Respect, leadership and responsibility.*
- **Confident Individuals**: *Communication, problem solving and personal qualities.*

## Q & A

#### Can my child wear earrings?

*Earrings can be taken out for PE or taped up to keep the pupil's safe.* 

### When are the Sports Days?

We have different Sports Days for upper and lower school classes, which are held in the summer term. Information will be shared nearer the time to invite parents.

### What Sports Clubs are offered?

We work in partnership with Sports Development who run various clubs over the year. Pupils will receive letters of upcoming <u>lunchtime</u> and <u>afterschool</u> clubs. Including Gymnastics, mini ball games, Dance, Basketball and much more.

### <u>Can my child represent the school in</u> <u>different Sporting events?</u>

We regularly send groups of pupils to compete in inter-school competitions. Events run throughout the year. Including Cross Country, Athletics, Gymnastics, Rugby, Dance, Football and much more.