



Clackmannanshire Council

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Alva Primary School

Headteacher; Rosemary McAulay

Brook Street, ALVA, Clackmannanshire, FK12 5AN

Telephone: 01259 760987/ 452210 Fax:01259 763029

Contact: Rosemary McAulay

Our Ref: RMcA/HS

Date: 16th January 2018

Dear Parents/Carers,

Bikeability Level 1 Training

I am writing to offer your child a place on the Bikeability Level 1 training which will take place this term. As a Cycle Training Assistant, I will deliver the Bikeability programme. The training is playground based and aimed at promoting safe cycling to P5 children. On completion, your child will be able to carry out bike maintenance checks, have basic bike control skills such as setting off correctly, pedalling, stopping safely, using gears, balance and control. Children will also learn to safely share space with other people who are walking and cycling. In future, children may progress onto Bikeability Level 2 which is on the road, in quieter, risk assessed residential streets local to the school.

Bikeability Level 1 will be delivered on the following days;

P5G – Monday 22nd January, 2018 9.00am – 3.00pm

P5A – Tuesday 23rd January, 2018 9.00am – 3.00pm

There is a compulsory requirement that children have protective equipment such as a helmet with no cracks or defaults, and a roadworthy bike with **2 fully working brakes**. Appropriate clothing must be worn at all times with no loose trousers. No bike maintenance or repairs will be carried out at any of the training sessions and due to the nature of the course, any undesirable behaviour will result in dismissal from the course.

We are very lucky on this occasion to have Recycle-a-bike to help with training and the loan of helmets and bikes to those children who require them.

Please indicate on the slip below if your child is able to participate in this programme, complete a signed consent form and medical information form, returning it no later than Friday 19th January, 2018.

Yours sincerely,

Mrs Gray

P5G Class Teacher

Bikeability Level 1 training course

I would like my child, _____ to participate in the Bikeability Level 1 course starting on (P5G) Monday 22nd January, 2018 / (P5A) Tuesday 23rd January, 2018 at Alva Primary School.

I have completed and signed the consent form ☐

I have completed the medical information form ☐

I require the loan of equipment YES / NO Helmet _____ Bike _____

I confirm that my child has the correct, compulsory protective equipment ☐

My child is able to ride a bike YES / NO

I understand that my child may be dismissed from the course if presenting with undesirable behaviour ☐

