



City of Edinburgh

Physical Education, Physical Activity and Sport Guidance

1. The 2 hours of Quality Physical Education (PE) should be planned, delivered and assessed by a GTC registered teacher.
2. The emphasis is on 2 hours of learning within the school day which has breadth, challenge and application.
3. As a starting point, PE significant aspects of learning should always be considered in relation to learner's development needs.
4. The baseline assessment approach (teacher & learner) can then be applied within a PE context: i.e. games, gymnastics, athletics, fitness, swimming and dance.
5. Planning learning in PE should connect to: (NAR flow chart)
 - a) CfE Health & Wellbeing experiences and outcomes.
 - b) PE Significant Aspects of Learning, (Education Scotland, 2014).
 - c) City of Edinburgh Forward Plans and PE Posters. (Primary only)
 - d) Specific Learning Intentions should have clear success criteria created by teacher, pupil or both).

6. Active Schools:

The role of the Active Schools coordinator (ASC) is to enhance activity levels of children and young people by ensuring there are more and higher quality opportunities to participate in sport and more people delivering opportunities in schools and the wider community. ASC's should not be delivering Physical Education, as this has never been part of their remit (Scottish Government 2014, Sport Scotland, 2014).

Active Schools aims are to provide a range of higher quality opportunities for children and young people to engage in physical activity and sport and to increase capacity through the recruitment of volunteers who deliver the activity sessions.

Active Schools co-ordinate fully inclusive opportunities for children and young people to participate in sport before school, during lunchtime and after school. This creates a platform from which connections can be made to and from the PE curriculum.

ASC's also build partnerships locally to develop school, community and club pathways, thereby complementing the work happening during curriculum time and providing a wide range of opportunities connected to physical education, school sport and club sport.

ASC's also support the development and delivery of Sport Scotland projects including Fit for Girls, Young Ambassadors programme, Positive Coaching Scotland and most recently the School Sport Awards.

ASC's also co-ordinate the Sports Coaches coming in to support delivery as part of the planned PE experience. This ONLY acceptable when the class teacher is present. The class teacher's role is to lead the overall learning and ensuring policies and protocols are adhered to. The class teacher can also use this as a professional learning experience to develop their own knowledge. Sports Coaches should provide a positive experience for young people, encouraging them to take part in sport and physical activity.

Below are 3 varying reasons as to why the ASC would organise for a sports coach to deliver during curricular time:

1. The sports coach would deliver during curricular PE, delivering on both outcomes and experiences and may also provide a CPD opportunity for the class teacher present during the session. (Teachers will be asked to use their guidance notes to ensure the session plan is able to deliver on the outcomes and experiences for that session). The class teacher has overall responsibility for learning.
2. An ASC may organise for a sports coach to deliver during curricular time and this may be out with PE time to deliver on an activity specific to a strategy, i.e., Club golf or Bike ability. This will provide an experience for the pupils and may involve CPD for the class teacher. The session may also create a pathway into the community.
3. An ASC may organise for a sports coach to deliver during curricular time if either the school or the ASC has requested a specific sport/activity to be introduced to the school. This session would be in addition to the 2 hours/periods of quality PE. The session will be an introduction to a new sport/activity and may create pathways into the community. This session may also contribute to the experiences and outcomes of the curriculum but the class teacher would establish this. As the class teacher will be present, there may be an opportunity for CPD for the class teacher.