










My Health Hero Timetable

	 Mental, Emotional, Social & Physical Wellbeing	 Food & Health	 Physical Education	 Planning for Choices & Changes
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				

Grow **R**espect **E**xperience **A**chieve **T**ogether

Week __:	 My Learning Ideas	 Reading	 Writing	 Time
Monday 18 th May	Fill this column with ideas you love to learn about			
Tuesday 19 th May				
Wednesday 20 th May				
Thursday 21 st May				
Friday 22 nd May				

Grow Respect Experience Achieve Together