

GARIOCH

COMMUNITY Kitchen



THE AUTUMN FAMILY KITCHEN

Over the school holidays, you may find your food budget is a little more stretched with the children missing out on free school meals.

Come join us and get stuck in with our parent and child cooking sessions where you will cook lunch (booking essential as limited spaces). It will be fun and interactive whilst learning new skills. The kids will be well catered for with games and sports (please bring suitable shoes).

**All sessions are FREE!
MUST ATTEND WITH ADULT**

**Tuesday 16th October - PECH (Port
Elphinstone Community Flat) 10.30am -
12.30pm**

**Thursday 18th October - Garioch Community
Kitchen, Inverurie 10.30am - 1pm**

**Monday 22nd October - Garioch Community
Kitchen, Inverurie 10.30am - 1pm**

**Tuesday 23rd October - Kemnay Academy
10.30am - 1pm**

BOOKING REQUIRED VIA

Email: gariochcommunitykitchen@hotmail.co.uk

Phone Sarah on 07729 297892

gariochcommunitykitchen.org •  Find us on Facebook: Garioch Community Kitchen

