

Find the teddy

Equipment

- **Teddy or other suitable object**
- **Boxes, towels, blankets for teddy to hide under**

Instructions

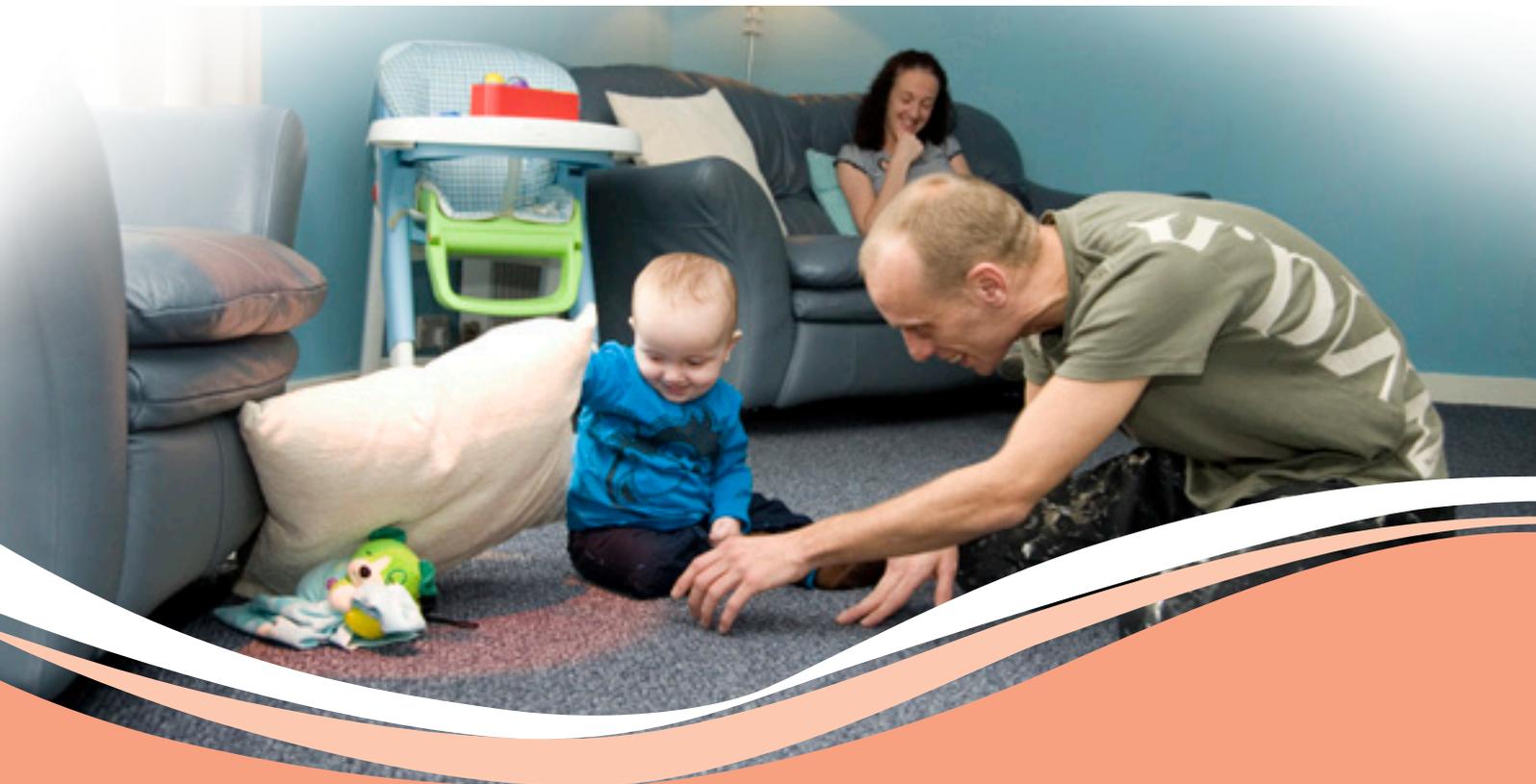
Play 'hide the teddy' inside, or within a defined play area outside.

Show your child the teddy and tell them teddy is going to hide.

Encourage them to close their eyes and count to ten with them slowly while you hide teddy.

Start with hiding teddy with an arm or leg sticking out until your child begins to understand the game.

Ask them to open their eyes and look for teddy.



Variations

Encourage your child to hide the teddy for you to find.

If your child is very young, you can hide teddy under a piece of fabric such as a towel. Lift the towel so he can see teddy, encourage him to 'hide' teddy and find him again.

Play with a number of children; take it in turns.

Play 'hide and seek', taking it in turns to hide and be found.

Use a smaller-sized object to make the game more challenging.

Precautions

Start the game very simply by letting your child see where you are hiding the object until he understands the game.

Make sure that there is nothing dangerous or that can get easily damaged in the play area.

Play the game within a designated, safe area.



benefits

- Thinking and developing memory skills.
- Learning about size in relation to shape.
- Beginning to learn counting skills.
- Developing movement skills and coordination.