

Music fun

Equipment

- Utensils
- **Wooden spoon, stick or toothbrush**
- **Plastic bottles or containers**
- **Lentils or rice**

Instructions

Lay out a range of utensils which could be used to make music, such as pots, pans, bowls or containers.

Give your child something to hit the items with to make sounds, such as a metal spoon, wooden spoon, stick or toothbrush.

Make shakers using boxes, plastic bottles or containers and lentils and rice.



Variations

Take the instruments outside and hang from a tree, along the fence or on the washing line and let your child hit instruments to make various sounds.

Hum, whistle, clap, stamp, or sing along using familiar nursery rhymes.

Invite other children to join in to make a 'band'.

Use a home-made shaker.



benefits

- Physical – achieving balance and coordination. Developing a sense of rhythm.
- Other – learning by observing, imitating and experimenting with sounds.