

Sharing songs & rhymes

Babies love songs and rhymes, especially hearing the sound of your voice. And they're a great way to help your child's talking and listening skills.

- Your voice is your baby's favourite music so sing to her, even if you don't think you sound great. Your baby won't judge you.
- Turn off the TV or radio so your child can hear your voice.
- You don't have to sing 'baby' songs – it can be the latest chart music. If you like the song, your baby will enjoy it too.
- Don't worry if you don't know any nursery rhymes. Sing the songs you do know and visit the library to borrow rhyming books or tapes.
- Look at your baby as you sing or chant and see how he reacts to different parts of the rhyme. Can you see his fingers wriggle?
- Young children learn best through play, so make songs and rhymes fun. Change the sound of your voice, make up some actions, or add your child's name or the names of family and friends.
- When your baby is tired or upset try singing a favourite song, slowly and quietly, to comfort her.
- When your baby or toddler joins in, show that you've noticed by giving lots of encouragement.
- Even if your toddler is just beginning to talk, listen to his reaction to the song or rhyme.

一起唱小曲和兒歌

嬰兒喜愛小曲和兒歌，尤其是聽到你的聲音。小曲和兒歌是幫助你孩子培養談話和聆聽能力的極好方法。

- 你的聲音正是你嬰兒喜愛的音樂，所以不妨向他哼唱，即使你唱得不動聽。你的嬰兒不會批評你的。
- 把電視或收音機關掉，讓你的嬰兒聽到你的聲音。
- 你不必一定要唱哄嬰兒的歌，可以唱最新上榜流行曲。凡你喜愛的，你的嬰兒都喜歡聽。
- 如果你不會唱任何一首兒歌，不必擔心。只要唱你熟悉的歌，而且可以到圖書館借取兒歌書籍或錄音帶。
- 當你哼唱時候，注意你的嬰兒，看他對兒歌不同部分有怎樣的反應。你看見他的手指在蠕動嗎？
- 嬰兒的最佳學習方式是透過遊戲，因此不妨使這些小曲和兒歌有興趣感。改變你哼唱的聲調、做一些動作、或者加上你孩子的名字，或者家人或朋友的名字。
- 當你的嬰兒累了或傷心時候，不妨緩慢和輕輕地唱一首他喜愛的歌曲給以安慰。
- 當你的嬰兒或小孩跟著你唱，應表示你注意到這一點，並給以諸多的鼓勵。
- 即使你的嬰兒剛開始學說話，不妨聽他對小曲或兒歌的反應。

