| Monday | Tuesday | Wednesday | Thursday | Friday | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Cook's Choice of Homemade Soup |  |  | Cook's Choice of Homemade Soup | Cook's Choice of Homemade Soup |  |  |  | Cook's Choice of Homemade Soup |
| Crispy Crumb Turkey Steak served in a Bun with Seasonal Vegetable \& Fruit Bites <br> Traditional Macaroni \& Cheese V | Breaded Fillet of Peterhead Haddock Ham Tagliatelle | Chicken Fajita Wrap <br> Our Butcher's Recipe Pork Sausages | Aberdeenshire Roast Beef served with a Yorkshire Pudding <br> Panini filled with Cheddar Cheese V \& served with Seasonal Vegetable \& Fruit Bites | Traditional Chicken Pie <br> Homemade Beef Lasagne served with Garlic Bread | Homemade Cheese \& Tomato Pizza V <br> Mild Mexican Mince Enchilada | Chicken Curry served with Long Grain Rice and Naan Bread <br> Panini filled with Cheddar Cheese \& Ham served with Seasonal Vegetable \& Fruit Bites | Breaded Fillet of Peterhead Haddock <br> Homemade Meatballs in Tomato Sauce served with Pasta | Traditional Roast Chicken served with Gravy \& Mealie Cheese Wheel V | Our Butcher's Hot Dog Sausage in a Bun served with Tomato Sauce and Seasonal Vegetable \& Fruit Bites <br> Stovies served with Oatcakes |
| Sliced Beetroot Diced Potatoes | Garden Peas Chips | Baked Beans Mashed Potatoes | Mashed Carrots \&Turnips Baby Boiled Potatoes | Broccoli Florets Mashed Potatoes | Sweetcorn Diced Potatoes | Garden Peas | Baked Beans <br> Broccoli Florets Chips | Mashed Turnip Roast Potatoes | Sliced Beetroot |
| Sandwich Platter <br> Ham and/or Tuna Mayonnaise Sandwiches served with Salad Garnish \& Seasonal Vegetable \& Fruit Bites | Sandwich Platter <br> Egg Mayonnaise V and/or Chicken Sandwiches with Salad Garnish \& Melon Wedge | Sandwich Platter <br> Cheddar Cheese V and/or Tuna Mayonnaise Sandwiches served with Salad Garnish \& Sausage Bite | Sandwich Platter <br> Chicken and/or Tuna Mayonnaise Sandwiches served with Salad Garnish \& Seasonal Vegetable \& Fruit Bites | Sandwich Platter <br> Ham Sandwich and/or Tuna Mayonnaise Wrap served with Salad Garnish \& Grapes | Sandwich Platter <br> Chicken and/orTuna Mayonnaise Sandwiches served with Salad Garnish \& Pizza Finger | Sandwich Platter <br> Egg Mayonnaise V and/or Tuna Mayonnaise Sandwiches served with Salad Garnish \& Seasonal Vegetable \& Fruit Bites | Sandwich Platter <br> Ham and/or Cheddar Cheese V Sandwiches served with Salad Garnish \& Melon Wedge | Sandwich Platter <br> Chicken Mayonnaise Wrap and/or Tuna Mayonnaise Sandwiches served with Salad Garnish \& Pasta Shapes | Sandwich Platter <br> Ham and/or Cheddar Cheese V Sandwiches served with Salad Garnish \& Seasonal Vegetable \& Fruit Bites |
| Seasonal Fruit Crumble served with Custard | Iced Sponge served with Custard | Chocolate Brownie served with a Milkshake | Pear \& Ginger Sponge served with Custard | Peach Melba | Milk Pudding served with Fruit | Chocolate Saucy Sponge served with Custard | Lemon Drizzle Muffin served with a Milkshake | Iced Apple Cake served with Custard | Homemade Oatie Biscuit served with Fruit |

Menus may be subject to change without notice due to unforeseen circumstances

Bread basket, salad selection fresh fruit, yoghurts and cheese and biscuits are available as part of each day's menu.

When soup is included on any day's menu this can be enjoyed as an additional course.


Baked potatoes with fillings are available for pre-order each morning.

Vegetarian meals are available on request. Medically prescribed diet menus are available by arrangement.


| Week 3 commencin | 10th Nov \& 8th De | 014. 19th Jan, 16th F | b \& 16th March 2015 |  |
| :---: | :---: | :---: | :---: | :---: |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Cook's Choice of Homemade Soup | Cook's Choice of Homemade Soup |  |  |  |
| Traditional Chicken Pie <br> Vegetable \& Noodle Stir Fry V | Breaded Fillet of Peterhead Haddock <br> Homemade Chicken Lasagne served with Garlic Bread | Our Butcher's Beef Burger in a Bun served with Seasonal Vegetable \& Fruit Bites Traditional Macaroni \& Cheese | Aberdeenshire Steak Mince served with Mealie <br> Panini filled with Cheddar Cheese served with Seasonal Vegetable \& Fruit Bites | Our Butcher's Recipe Pork Sausages in Gravy served in a Yorkshire Pudding <br> Barbecued Chicken served with Long Grain Rice |
| Sliced Carrots Mashed Potatoes | Garden Peas Baked Beans Chips | Sliced Beetroot Diced Potatoes | Shredded Cabbage Mashed Potatoes | Broccoli Florets Roast Potatoes |
| Sandwich Platter <br> Chicken and/or Tuna Mayonnaise Sandwiches served with Salad Garnish \& Melon Wedge | Sandwich Platter <br> Ham and/or Cheddar Cheese V Sandwiches served with Salad Garnish \& Grapes | Sandwich Platter <br> Chicken Sandwich and/or Tuna Mayonnaise Wrap served with Salad Garnish \& Seasonal Vegetable \& Fruit Bites | Sandwich Platter <br> Ham and/or Tuna Mayonnaise Sandwiches served with Salad Garnish \& Seasonal Vegetable \& Fruit Bites | Sandwich Platter <br> Egg Mayonnaise and/or Tuna Mayonnaise Sandwiches served with Salad Garnish \& Sausage Bite |
| Butterscotch Sponge served with Custard | $\begin{gathered} \text { Jelly } \\ \text { served with Fruit } \end{gathered}$ | Cracknel served with Custard | Iced Carrot Cake served with Custard | Chocolate \& Orange Muffin served with a Glass of Milk |

Week 4 commencing 17th Nov \& 15th Dec 2014. 26th Jan, 23rd Feb, 23rd March 2015

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  | Cook's Choice of Homemade Soup | Cook's Choice of Homemade Soup |
| Breaded Fillet of Peterhead Haddock <br> Spaghetti Bolognaise served with Garlic Bread | Prime Braised Aberdeenshire Steak served with a Pastry Square <br> Panini filled with Cheddar Cheese \& Ham served with Seasonal Vegetable \& Fruit Bites | Our Butcher's Hot Dog Sausage in a Bun served with Tomato Sauce and Seasonal Vegetable \& Fruit Bites Italian Chicken \& Tomato Pasta | Traditional Roast Chicken served with Gravy \& Mealie <br> Fish Nibbles | Homemade Cheese \& Tomato Pizza <br> Chicken Curry served with Long Grain Rice and Naan Bread |
| Garden Peas Chips | Shredded Cabbage Mashed Potatoes | Broccoli Florets Diced Potatoes | Sliced Carrots <br> Roast Potatoes | Sweetcorn <br> Baked Beans Mashed Potatoes |
| Sandwich Platter <br> Ham and/or Cheddar Cheese V Sandwiches served with Salad Garnish \& Grated Carrots | Sandwich Platter <br> Egg Mayonnaise V and/or Tuna Mayonnaise Sandwiches served with Salad Garnish \& Seasonal Vegetable \& Fruit Bites | Sandwich Platter <br> Chicken Mayonnaise Wrap and/or Tuna Mayonnaise Sandwiches served with Salad Garnish \& Seasonal Vegetable \& Fruit Bites | Sandwich Platter <br> Ham and/or Cheddar Cheese V Sandwiches served with Salad Garnish \& Grapes | Sandwich Platter <br> Chicken and/or Tuna Mayonnaise Sandwiches served with Salad Garnish \& Pizza Finger |
| Toffee Apple Cake served with Custard | Homemade Shortbread served with a Milkshake | Hot Chocolate Fudge Cake served with Custard | Sticky Toffee Pudding served with Custard | Ice Cream served with Fruit |

