

'Out and About'

- ◆ Talk about the things you see and do, people you meet etc.
- ◆ Discuss and describe e.g. colours, sizes of trees, buildings, numbers of vehicles
- ◆ Read familiar signs on billboards, shops etc
- ◆ Discuss the weather and seasons

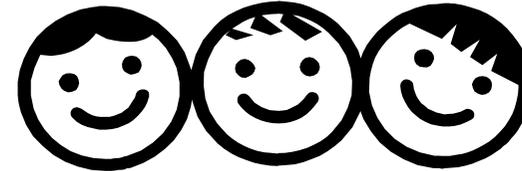
Self Help & Independence Skills

- ◆ Encouraged him/her to dress and undress
- ◆ Encourage perseverance with zips/buckles etc.
- ◆ Let him/her help with household tasks such as dishwashing, pairing socks, laying out cutlery, fetching named items

And Finally. 'just' Playing

- ◆ Your child loves interaction even if it's just for a few minutes
- ◆ Play with toys—let your child direct the play, you follow the instructions
- ◆ Play make- believe/pretend games e.g tea

Whitehills Pre-School Class



**HOW YOU ARE
HELPING
YOUR CHILD TO
LEARN AT HOME**



The home and family provide a very special place for children's learning, especially in the early years

Parents and carers often ask how they can help their children at home.

This leaflet outlines some ideas, it is more than likely you are already using at least some of them. Please talk to a member of staff if you would like any further advice. You will also find lots of ideas in our development support pages folder in the pre-school class.



Reading

Sit close together and share a book or comic. Make sure you have each other's attention and that he/she is listening and interested. Keep the session short if necessary.

- ◆ Point out things in the picture
- ◆ Ask him/her to find items in the picture
- ◆ Ask questions
- ◆ Look for familiar words or letter in the text
- ◆ Say nursery rhymes together



Writing

- ◆ Encourage drawing. Help develop fine motor control using thick/thin pens, pencils, crayons, chalk etc
- ◆ Let him/her see you writing shopping lists
- ◆ Diaries etc and talk about what it says and what it is for.



Listening & Talk

- ◆ Encourage him/her to look at your face
- ◆ Describe what you're doing and why
- ◆ Discuss what you like
- ◆ Explain how you feel
- ◆ Ask questions (but not too many!)
- ◆ Take turns to talk



Counting & Number Recognition

- ◆ Identify familiar numbers—car registration plates, house numbers, phone numbers, buses, age
- ◆ Recognise numbers on coins, clock faces, tape measures, scales, calculators, videos.