

Possible Symptoms of Bullying

The following can be typical symptoms of bullying:

- Unwillingness to go to school
- Upset at home and in particular bedtime
- Withdrawn
- Unfounded illness
- Unexplained cuts and bruises
- Damaged clothes, books and school equipment
- Underachievement in school work

Any unusual changes in nature and behaviour may indicate that a child is being bullied.

Bullying is not easily defined and may take many forms.

Bullying can be physical, mental or psychological and is the wilful, conscious desire to hurt, threaten or frighten individuals.

Angus schools say 'no' to bullying.

Anti-Bullying

If you require any further information about your school's Anti-Bullying Policy please contact the Headteacher.



Education

ANTI-BULLYING

Information for Parents,
Pupils & Teachers

Angus Council Education

The School's Role

Schools will work in partnership with pupils and parents to create a safe working environment.

- All schools will aim to prevent bullying by promoting a positive school ethos. This may be achieved through a range of activities such as:
 - ❖ special focus activities
 - ❖ assemblies
 - ❖ circle time
- All schools will have an active anti-bullying policy which is owned and accepted by all staff.
- Staff will aim to deal with bullying incidents promptly, effectively and sensitively.
- Schools will provide additional support if necessary by involving a range of support agencies.

The Pupil's Role

Pupils should respect others and refrain from bullying behaviour.

- Any bullying incidents should be reported promptly to staff.
- Pupils should state clear facts when reporting to staff.
- Pupils should not be afraid to report incidents of bullying.
- Pupils should know that their concerns will be dealt with sensitively and sympathetically.
- Teachers will support and work with pupils through bullying incidents.

The Role of Parents

Parents should be aware of the school's Anti-Bullying Policy and support its implementation.

- Parents should look for possible signs of bullying. (see overleaf)
- In order to support their child, parents should be prepared to make time to:
 - ❖ ask questions but not interrogate;
 - ❖ contact the school for support;
 - ❖ state the facts - be prepared for another version of the particular incident;
 - ❖ be patient.
- Parents should work with the school to resolve bullying incidents