

WOODLANDS PRIMARY SCHOOL WATER POLICY

Reviewed August 2020



**The Pupils and Staff of Woodlands say,
“Water is Cool In School!”**

WOODLANDS PRIMARY SCHOOL WATER POLICY

Rationale

It has been known for some time that our brains function better when we are hydrated. The key to boosting the capacity to learn is to keep well hydrated throughout the day. When we are thirsty, mental performance deteriorates by 10%. Pupils concentrate better because they are not distracted by the effects of dehydration such as thirst, tiredness and irritability.

Our pupil council has worked alongside staff to create this water policy for our school.

Water Bottle

Pupils are encouraged to come to Woodlands with their bottle filled with water (avoiding juice or soft drinks). Parents are responsible for providing their child with a water bottle with their name clearly displayed.

Storage of Bottles

Each classroom will have an area where pupils will store their bottles in class, currently because of COVID-19 this will be on their desk.

Refilling Your Water Bottle

Due to COVID-19 water fountains are not in use by children and bottles can only be filled by adults. If you feel your child requires it, you may wish to send them with 2 bottles for use throughout the school day to prevent the need for accessing the water fountains.

Cleaning Your Water Bottle

It is the pupil's responsibility to take home, clean and refill his/her water bottle every day.

Reviewing Our Policy

This Policy will be reviewed in session 2021/22 by members of the Pupil Council, Parent Forum and Staff.

This policy was reviewed by SLT in line with COVID-19 risk assessment and procedures August 2020.