



If you think someone is in immediate danger, phone the Police on **999**.

If you need to access help or support or you are concerned about someone else in Angus, do not hesitate to seek support.

### Concerns about an adult at risk:

Angus Council ACCESSLine: **03452 777 778**  
This service is available Monday to Friday, 8.45am to 5pm

### Concerns about a child at risk:

Angus Council ACCESSLine: **03452 777 778**  
This service is available Monday to Friday, 8.45am to 5pm  
#KeepingKidsSafeC19

### Support for children:

Childline offers free, confidential advice and support whatever your worry, whenever you need help: **0800 1111**  
[www.childline.org.uk/get-support/contacting-childline/message-from-childline/](http://www.childline.org.uk/get-support/contacting-childline/message-from-childline/)  
NSPCC Helpline - If you're worried about a child, even if you're unsure, contact our professional counsellors for help, advice and support: **0808 800 5000**

### Out of hours:

Contact outwith daytime hours can be directed to: Social Work Out of Hours Service: **01382 307964**  
(evenings between 4.45pm and 9am, weekends)

### Substance use:

Please see online for the wide variety of resources available:  
[www.angus.gov.uk/alcoholanddrugpartnership](http://www.angus.gov.uk/alcoholanddrugpartnership)

### Support for women:

Angus Women's Aid (AWA): **01241 439437**  
Tayside Domestic Abuse Service: **0771 447 4112**  
Women's Rape and Sexual Abuse Centre (WRASAC), Dundee and Angus: **01382 201291**  
Scotland's Domestic Abuse and Forced Marriage Helpline: **0800 027 1234**  
Scottish Women's Aid: **0800 027 1234**  
National Rape Crisis: **0808 801 0302**  
Rape Crisis Scotland Textline: **07537 410027**

### Support for men:

Respect, Men's Advice Line (Scotland): **0808 801 0327**  
Survivors UK: **0203 598 3898**

### Victim support:

Angus: **01241 878507**  
National Helpline: **0800 160 1985**

### Additional information:

Angus Council Housing: **03452 777 778**  
Voluntary Action Angus: **01307 466113**

**Suicide Prevention is Everybody's Business**  
Visit the website or download the free app

**www.suicidehelp.co.uk**

**Samaritans: 116 123**  
**Breathing Space: 0800 83 85 87**

