

Active Schools aims to provide more and higher quality opportunities for young people to take part in sport and physical activity before school, during lunchtime and after school.

YOUNG LEADERSHIP PATHWAY



Active Schools Coordinators work within primary, secondary and additional support needs schools to develop effective pathways between schools and sports clubs in the local community. Active Schools work with young people providing a range of leadership roles supporting them to reach their potential. **There are three key roles young people can undertake.**

Event/Competition Organisers

What is the programme?

A responsibility to plan, organise & deliver events & competitions. These could include matches, leagues, tournaments or festivals.

Roles available

- Sports council festivals
- Cluster festivals
- Interhouse competitions
- Transition events
- Community sports hubs open events

What will I learn?

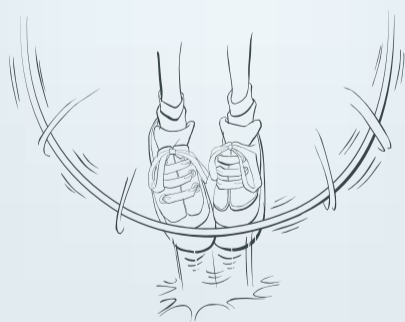
- Resource management
- Organisational skills

Training opportunities

- Youth Sport Trust Competition
- Organiser Training
- Positive Coaching Scotland
- Goal setting

What next?

- Event management
- International sporting events



Deliverers/Coaches & Officials

What is the programme?

The opportunity to lead or assist sport & physical activity sessions & officiate with the sports specific requirements relating to the competition.

Roles

- Extra-curricular clubs
- Community clubs & sport hubs
- Holiday programmes
- Referee or umpire
- Scorer or timekeeper

What will I learn?

- How to plan, deliver, adapt & review sessions
- Group & behaviour management
- Meditation skills
- Conflict resolution

Training opportunities

- Sports/dance leaders UK
- National governing body qualifications
- First aid
- Positive Coaching Scotland
- Child protection
- Disability inclusion training
- Session planning
- Conflict resolution

What next?

- Further/higher education
- Employment opportunities
- Local, regional, national & international competitions
- Modern Apprenticeship

Young Ambassadors

What is the programme?

A role which has a focus on promoting sport, motivating other people to get involved in sport & contributing views and opinions to influence & support decision making to make valuable changes to sport & physical activity.

Roles

- Young Ambassador
- Platinum Ambassador
- School Sport Committee

What will I learn?

- Presentation skills
- Promotion & marketing strategies
- Barriers to participation & how overcome these
- Structures & roles within committees & panels
- Working with others to influence & support change

Training opportunities

- Presentation skills
- Public speaking
- Benefits of physical activity
- Human connections
- Behaviour management

What next?

- Young Ambassador National Delivery Team
- Student sport unions
- National Young People Sports Panel
- Sports club committee role

Sports Leadership Academy

What is the programme?

A week of various training opportunities in a variety of sports in partnership with Dundee & Angus College and Dundee Active Schools. The programme is aimed at S3-6 students. Courses will include coaching & officiating, as well as generic topics such as First Aid. Inputs vary from a single day to a week long course.

What will I learn?

- Coaching skills & techniques
- Officiating skills & rules
- Session management
- Drills & practical sessions

Training opportunities

- Sports Specific Coaching
- Emergency First Aid
- Dance Leaders
- National Pool Lifeguard

What next?

- Employment Opportunities
- Volunteer coaching opportunities
- Officiating roles at events

