

Also here to help

Dundee Carers can talk through all aspects of applying for and managing SDS support and cover the Angus region too. 01382 200422

www.dundeecarerscentre.org.uk

Angus Carers will help adult carers to assess what support is available for them. 01241 439157

www.anguscarers.org.uk

Parent to Parent - 01382 817558

www.parent-to-parent.org

Angus Independent Advocacy
01241 434 413

www.angusindadvocacy.org

PAMIS - 0330 818 1081

www.pamis.org.uk

Scottish Autism 01259 720044

www.scottishautism.org

Downs Syndrome Association
0300 030 2121

www.downs-syndrome.org.uk

The Sunshine Group - 07774 008454



For more information

Children with Disabilities Team
Bruce House
Wellgate
Arbroath DD11 3TP

01307 492211
CWD@angus.gov.uk

Glossary

Diagnosed Disability - Self Directed Support guidance states ADHD, ODD or Global Developmental Delay are not seen as qualifying disabilities by themselves. Your child will still be eligible for universal services and may qualify for support from your Locality Social Work Team.

Universal Services - We can provide a list of all the services that may be able to help you and your family – just ask one of the team.

Outcomes - These are targets based on the health and wellbeing of your child. For example, getting support to join a local club so your child can meet other young people. And develop their confidence.

GIRFEC - Getting It Right For Every Child is a government commitment to provide support so all children in Scotland can reach their full potential. Progress towards this goal is assessed with, SHANARRI Wellbeing Indicators, focusing on the child's welfare and identifying any issues which need support. SHANARRI stands for Safe, Healthy, Achieving, Nurtured, Active, Respected, Responsible and Included.

We would like to thank the parents and professional services who help with the making of this leaflet.



Comhairle Aonghais

Children with Disabilities Team

How does Self Directed Support work?



www.angus.gov.uk

How does SDS work?

The Children with Disabilities Team work with families to help their children with unmet social care needs. There is a set path to ensure all eligible children are given the same opportunities and their families are supported to make informed decisions.

Who to ask

Families can contact the Children with Disabilities Team directly or be referred by school, their doctor, other health and education professionals and third sector voluntary organisations. This leaflet will help you to understand what happens next and information that can help.

How to start on the path

Self-Directed Support (SDS) can range from advice through to a budget and your child must have a **diagnosed disability** to qualify. Your Locality Social Work Team can offer support and guidance without a diagnosis letter, but the Disability Team are unable to progress without this.

Universal Services

There are national and local services offering advice, advocacy and support. These services provide opportunities for parents and carers to receive help from experts and share peer support. There

are links to some of these services on our website and Dundee Carers can help choose what support would be best for you.

It is important you have engaged with universal services and show they cannot help any further to be considered for an SDS assessment.

Meeting with one of the team

An initial visit or drop in meeting will start a 12 week period to work together on an assessment of how best to help.

This can be confusing for families as there may be lots of needs that your child has, for example:

Health needs – medication, types of therapy, equipment for washing, eating, or moving around.

Education needs – special classes, more help from staff, transport, school equipment or clothing.

Social Care needs – personal assistants, club membership, respite opportunities, social inclusion.

Our team understands and takes into account all the needs of a young person with disabilities, but we can only provide a budget for unmet Social Care needs.

What about the carers?

As part of a whole family approach, the experienced social work team will look at your caring role, responsibilities and how these may impact on your health and wellbeing and further help can be assessed by Angus Carers.

Who decides what services or budget my child might get?

A Resource Allocation System (RAS) meeting will be called if the assessment shows a need for longer term support. This allows a panel of social care workers to review the views and wishes of all involved and look for the best way to set, then meet positive outcomes for the young person. Their needs are assessed using GIRFEC & SHANARRI indicators which include being safe, healthy, and involved in the community.

The RAS does not always look at money to help meet outcomes but, if a budget is awarded, your social worker will support you to identify which SDS payment suits you and your family best. If Option 1, Direct Payments, is chosen, the money cannot be paid until you show the service, such as a personal assistant, has started.

If we get a budget, what can it be spent on?

The SDS budget will have to meet outcomes agreed by families and the panel and it must be shown that spend is for social care needs. There is guidance on which items or services a budget can be spent on, and a member of the team can help with this. The budget will be reviewed at least once a year and can increase, decrease, or end, depending on you and your child's changing needs.