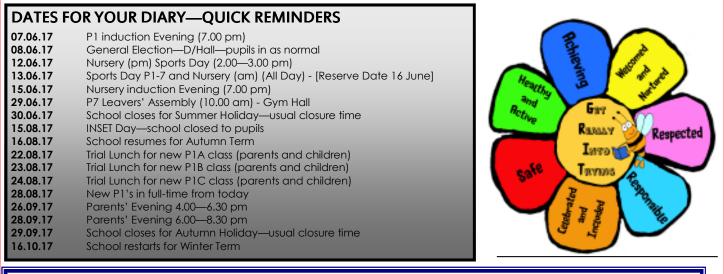


As a school who talk about GRIT and resilience every day I thought I would share with you a story of a study into resilience by a man called Garmezy. He studied a group of children who responded to very challenging life and home circumstances. His team were interested in a nine year old boy who despite having a poor upbringing, turned up every day in school with a smile on his face. He had no food in the house except bits of stale bread. Every night he would go through the ritual of putting two pieces of stale bread together (with no filling) and place them in his coat pocket for the next day. When he got to lunch time he would take out his sandwich and eat it with his friends. All of his friends had a packed lunch, yet the boy sat happily amongst them eating his "no filling" sandwich.

Garmezy worked out that for this boy, resilience is all about control. How resilient we are is down to how much control we feel we have over things. The boy had a measure of control, no matter how small, over a "no filling" sandwich, so he could appear like his friends.

This was enough for the boy to be resilient. We are working hard to ensure we give control to your children through our use of the school aims flower and our whole school stuck strategies when children do not know what to do to keep learning. Over the next year we will be sharing with you the ideas and language of learning we have been using in class. We hope this supports you to help make connections between what we do in school and builds on our determination to all work together to ensure your child has the best possible start in their learning journey at Burnside and beyond.

Nicky Murray—Head Teacher



SCHOOL CAR PARK - SAFE USE

As you know, a decision was taken recently to vastly restrict the use of the school car park to the following ONLY :

- * Staff, parent volunteers and students.
- * Contract and service vehicles (including contract taxis bringing pupils to and from school).
- * Blue badge holders (to use the accessible spaces) badges MUST be displayed.
- * Other pre-arranged visitor parking, e.g. parent appointment evenings; open sessions; parents picking children up for medical appointments or due to illness; groups taking lets on school premises.

No other users should enter the car park for any reason.



On behalf of all the staff at Burnside, we wish you all a happy and healthy summer holiday!

HEAD LICE

Every now and again head lice becomes an issue in school. In the past a letter was issued to all the parents of the children in the class alerting them to this. On quite clear and direct advice from our colleagues in the NHS this will no longer happen. Their advice is simply to check hair regularly. Further information on this can be obtained from your local Health Centre. They will provide you with detailed, accurate and up to date information.