

Anti-Bullying Policy

Brechin High School



Who is this for?

All pupils in Brechin High School must follow the anti-bullying policy and should know what it is. This is the pupil-friendly version, it has been changed to be easy to read, and to only have the important information. The full version can be found on the school website.

What is Bullying?

Bullying is repeated behaviour that purposely makes someone feel hurt, threatened, frightened or left out.

Bullying can involve many types of behaviour, such as:

- Physical (hitting, kicking or pushing someone)
- Speaking (name-calling, threatening or spreading rumours about someone)
- Emotional (making someone feel left out or like they are the 'smaller' person)
- Online (through any site: sending or sharing rude and upsetting messages or images)
- Belongings (hiding, stealing, damaging or breaking someones belongings)

Bullying should not be something that is 'just part of life'.

Bullying is NOT an argument between two people and is normally NOT one, single, incident.

What should you do?

- Follow our school values and treat other pupils with respect.
- Challenge people who are bullying others, where you feel you can.
- Speak to friends, family or a trusted adult about any bullying you are worried about.
- **Report bullying to any teacher, when you see it happen.**

What happens next?

When bullying is reported, the Pupil Care & Support Teacher of the person affected is contacted. They will then go through some steps to take action, depending on how serious the bullying is, this may change. Parents of both the person affected and the person who is bullying will be contacted, as well as a deputy head teacher. All bullying that is reported to a teacher or member of staff will be recorded on the school system.

Article 19 - Protection From Violence, Abuse and Neglect

Article 28 - Right to Education

Article 29 - Goals of Education

“At Brechin High School we treat everyone with respect - bullying of any kind is unacceptable.

Our school is a place where everyone should feel safe, happy and included.”

Friendliness | Achievement | Inclusion | Trust & Respect | Honesty