

12/05/2017

VOLUNTARY ACTION ANGUS WEEKLY BULLETIN



Volunteer Fayre

Meet new volunteers and organisations at the

Volunteer Fayre

Reid Hall, Forfar

Friday 2nd June 10.30—15.00

info@voluntaryactionangus.org.uk

01241 875525 · 01307 466113

Emergency First Aid Course

4 PLACES LEFT REMEMBER AND BOOK ONE QUICK TO AVOID DISSAPOINTMENT

Details of training courses to be delivered are as follows:

Course Type: Emergency First Aid training

Venue: Voluntary Action Angus, 32-34 Guthrie Port, Arbroath, DD11 1RN

Date(s): 28th August 2017

Times: 9am - 1pm

Trainer is Neil Purnell on the day.

Course content includes:

Managing an incident

Priorities of First Aid to include primary/secondary survey and recovery position

- CPR
- Disorders of the airway
- Disorders of circulation
- Control of bleeding
- Burns and scalds

The certificate for successful completion of this course is valid for three years.

The cost of the course will be £45.00 per person - 4 places available on first come first serviced. Payment for the course must be paid when booking the course to secure your place.

For further information contact:

dawn@voluntaryactionangus.org.uk

Time to volunteer— building a new culture of volunteering in Angus.

Over the next month VAA third sector organisations and other partners will raise the profile of volunteering and also create a new strategic approach for working together. Late last year VAA completed an extensive piece of street survey research which identified very high levels of volunteering and a willingness by people in communities to engage an informal volunteering at community level we want to bring this together and ensure that all people in Angus who want to volunteer enjoy the right to do so.

So over the next month we are seeking involvement from anyone interested in volunteering in the following;

- Being part of a volunteering partnership— this is open to volunteers, volunteer involving organisations, and anyone with an interest in volunteering. These partnerships will meet locally in the towns across Angus.
- We are looking for organisations and volunteers to work with us to organize a celebration of volunteering throughout volunteers week which starts on the 1st June 2017.
- My street volunteering VAA is seeking to build a new neighborhood volunteering initiative where local people can help with the coordination of local volunteering.
- Young peoples volunteering—we are seeking to refresh our partnership with schools to ensure a more equal volunteer culture which is available for all young people. This will be part of our refreshed volunteering schools initiative and we would appreciate your ideas to take this forward.

Volunteering for all—helping create an Angus that Actively Cares

For further information contact Barry Thomson—barry@voluntaryactionangus.org.uk

Volunteering Training Calendar for the Third Sector

Heart Start

Wednesday 31st May
10am—12noon, VAA Forfar

For further information or to book
a place please contact
Dawn Stewart at
dawn@voluntaryactionangus.org.uk
or telephone 01241 875525

Dementia Friends

Friday 2nd June
10am—11.30am, VAA Arbroath

Projects Manager - Salary £27- 30k (30 hours)

Dundee International Women's Centre is now seeking an experienced Projects Manager who will be responsible for the day to day operation of the centre. Reporting directly to the Chief Executive Officer, the successful candidate will be fully involved in, and responsible for initiating, planning, executing and monitoring all projects, classes, group activities and events; as well as leading, motivating and developing the projects team to deliver their goals.

We are looking for someone who can focus on our core objectives of providing a service that meets the needs of all women, with a particular emphasis on those from Black and Minority ethnic and migrant communities. In return you will be supported by a talented, committed and passionate Board of Directors, Chief Executive Officer and Staff Team.

Female applicants only - exempt under Schedule 9 of the Equality Act 2010.

For more information and an application pack please visit www.diwc.co.uk/pm

Closing date for applications is **16th May 2017 12pm. Interviews will be held w/c 22/5/17.** DIWC is a private Ltd Company No. 268081 and Scottish Charity No. SCO14949

Building an effective local economy

Supporting local communities and groups to develop social enterprises

Voluntary Action Angus is a leadership organisation with a range of skills and expertise of building Social enterprises in Angus. We help organisations in all aspects of development from initial ideas onto business planning and ongoing continuous support.

During the month of June our Chief executive Gary Malone along with others involved in Social Enterprise development will be available for presentations and one to one support which will help communities individuals and groups to get started.

This will also include information about how national and other providers can help.

To contact Gary please email gary@voluntaryactionangus.org.uk

Voluntary Action Angus one stop shop for Social Enterprising.

Angus Health & Social Care Partnership



Volunteer Opportunities

Volunteers needed in the following areas to help staff deliver a quality service for the local community:

Drivers: Arbroath and Montrose

Do you enjoy driving, able to offer regular commitment and support to people?

"My volunteer driver takes me to school and we have a laugh"

- transport children to and from school
- adults with learning disabilities and older people to access local services
- Peak times are Monday-Friday 8am-9am and 3pm-5pm
- Evening and weekend driving also available
- Access to a vehicle with business class insurance is required

"I would be very lonely if volunteers didn't help me get out the house"

Supported Accommodation around Angus

Do you have a particular skill or interest you could share with tenants in sheltered accommodation? If you have spare time and enjoy interacting with people, you could get a lot of satisfaction from helping others.

Volunteers are needed to help with activities such as arts/crafts, drama, board games or anything that may interest you and the residents. There are communal lounges in the units where you can set up groups or you may prefer chatting to residents providing them with company. There may be occasion to take people out into the community, such as the local sports centre, library, swimming or café.

"Volunteers are very helpful and pleasant"

Befrienders

There are many isolated people living on their own who may have a disability, mental health problem or frail and lonely and unable to get out of the house. You could provide valuable company to someone or help them gain confidence and become more independent with home visits or take them out to places of interest, for a coffee or to the shops. You would be matched to an individual who perhaps has similar hobbies or interests.

"Volunteers make sure I am safe"

If you are interested in becoming a volunteer, reliable and have an hour or two to give once a week or fortnight, please get in touch.

"Volunteers have helped me to trust other people"

Janet Rowlands, Voluntary Services Co-ordinator
Tel: 01307-474863 Email: jrowlands@angus.gov.uk

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April 2017

A More Socially Just and Socially Enterprising Angus

Social Enterprise Network Meetings

The next two Social Enterprise Network meetings will be held on Wednesday 17th May and Thursday 18th May.

The meeting on May 17th will be held in the VAA Arbroath over lunchtime between 12:30– 2:00pm lunch will be provided.

The meeting on Thursday 18th May will be held in VAA Forfar from 5:30pm to 7:00pm a buffet tea will be provided.

- The social Enterprise Network is for existing Social Enterprises of any size,, for people thinking about starting up a Social Enterprise and for organisations such as voluntary, community or charities who are looking for more of their work to be delivered through Social Enterprise approach.

Agenda for the Meetings

- Welcome and introductions]
- Presentation by Gary Malone on Scotlands Social Enterprise ambition.
- How Voluntary Action Angus can help Social Enterprise to become successful and sustainable.
- How other organisations can help
- Discussion on issues and opportunities

It would be helpful to know the number of people who would like to attend so if you are interested please contact;

Hayley@voluntaryactionangus.org.uk



Housing and Dementia Summit: Being Home

Date: 22nd June 2017

Venue: Perth Concert Hall (Free event)

This event will provide an opportunity to:

- hear the results of the housing and dementia research funded by the Life Changes Trust and the recent research commissioned by the Chartered Institute of Housing
- test the information hub developed as part of the Life Changes Trust project
- hear from people living with dementia about why being at home is so important to them
- learn at our summit market place about some of the work being done in Scotland to support people living with dementia to stay at home
- bring together housing professionals, people with dementia and carers to discuss what support people living with dementia at home need
- explore strategic and operational role for housing

Who should attend?

Anyone with an interest in housing and dementia should attend, including people living with dementia and their families.

The Programme

The programme will be a mix of presentations, interactive sessions and time to visit the Summit Housing and Dementia Market Place and network. It is planned to start at 10.30 and finish at around 3.00. Lunch will be provided.

To register an interest email Ann Miller: anne.miller@lifechangestrust.org.uk

Or register on Eventbrite:

<https://www.eventbrite.co.uk/e/housing-and-dementia-summit-being-home-tickets-34274549099?aff=es2>



Essential Support for Community Groups and Local Voluntary Organisations

Voluntary Action Angus provides a range of support to help community organisations to grow and voluntary organisations to become successful and sustainable.

We provide expert support on the following;

- Planning and marketing your organisation.
- Constitutions and legal status
- Committee skills And duties of board members.
- Recruitment with conviction— protecting vulnerable people
- Policy and planning
- Finance and payroll
- Securing funding
- Working in partnership]

Further information contact Hayley—

hayley@voluntaryactionangus.org.uk

TAYSIDE & FIFE PROFESSIONAL LEARNING ALLIANCE

Community Empowerment Act Conference

30th May 9.30am to 3pm

Dundee Central Baptist Church Halls, Ward Rd, DD1 1LX

Speakers

Alasdair McKinlay, Head of Community Planning and Empowerment Unit, Scottish Government

Supporting Communities through Asset Transfer ,

Nicky Donald, DTAS

How CLD is Supporting the Empowerment Agenda

John Galt, Education Scotland

Round Table discussions on Asset Transfers, Community Planning,

Participation Requests, Participatory Budgeting and more

To book a place please contact Laura Welsh laura.welsh@fife.gov.uk by 19th May, stating any dietary requirements

PVG and Signatory Training

This course is for signatories enrolled with Disclosure Services. This course will cover everything you need to know to act as a signatory, with an introduction to the PVG legislation.

- What it means to be a signatory;
- Forms and certificates;
- The PVG Scheme;
- Regulated work;
- Referrals – understanding your legal obligations under the PVG legislation;
- The implications of retrospective checking;
- PVG in context – good recruitment and management practice.

When will it run?

- Wednesday 31st May 2017
- Thursday 8th June 2017
- Tuesday 27th June 2017
- Wednesday 9th August 2017
- Tuesday 29th August 2017
- Thursday 7th September 2017
- Wednesday 27th September 2017
- Tuesday 10th October 2017
- Wednesday 8th November 2017
- Wednesday 6th December 2017

Interested? If you have any questions regarding this training please contact us at 01786 849777 or email

disclosures@volunteerscotland.org.uk





INDEPENDENT ADVOCACY WORKERS (3 PART-TIME POSTS)

Advocacy Worker
Part-time: 24 hours
£24,019 (Pro-Rata: £16,470)

Health and Social Care Advocacy Worker
Part-time: 21 hours (One Year Fixed Contract)
£24,019 (Pro-Rata: £14,412)

Mental Health Advocacy Worker
Part-time: 20 hours (One Year Fixed Contract)
£24,019 (Pro-Rata: £13,725)

We are looking for highly motivated, person-focused, advocacy workers to join the Angus Independent Advocacy (AIA) team.

Independent advocacy helps people understand their rights, make more informed choices and supports people to have their voice heard and their views respected. These posts are subject to membership of the PVG scheme. Ideally, candidates will have a Degree (or equivalent), and a full driving licence is required.

If you feel you have the relevant skills and experience and are passionate about supporting people to have their voice heard, we would like to hear from you. AIA values diversity and aspires to reflect this in our workforce.

Please note CVs will not be accepted.

For an application pack, please visit www.goodmoves.org.uk
email: enquiries@angusindadvocacy.org or telephone: 01241 434413.

Closing date: Friday 19 May 2017
Interview date: week beginning Monday 29 May

AIA is Registered as a Charity in Scotland - SC025687
and a Company Limited by Guarantee - SC220447

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HOPE Organic Garden



is currently looking to recruit a
TREASURER
to join our Board of Trustees

Experience in accountancy/bookkeeping/or finance is required.
Payroll services administered through VAA

The HOPE garden provides horticultural experience for adults with learning disabilities in Arbroath and has been in existence for over 20 years, providing a safe and secure learning environment. We currently employ 5 staff including 2 young people through the Community Jobs Employability programme.

If you would like more information or would like to have an informal chat about this role please contact Sandra Stewart on 01241 430499 (evenings)

or email sandi.stewart@hotmail.co.uk

HOPE Garden SCIO is a Scottish Charity - SC020928



Dementia Awareness Week

This year Dementia Awareness Week runs from Monday 29 May to Sunday 4 June 2017.

Alzheimer Scotland Angus Services in partnership with the Angus Health & Social Care Partnership Dementia Standards Working Group are holding the following events throughout Angus during the week.



DEMENTIA FAYRES

Reid Hall, **Forfar** – Monday 29 May 2017 – 11am to 3pm

Community Campus, **Brechin** – Tuesday 30 May 2017 – 11am to 3pm

Panmure Hotel, **Monifieth** – Thursday 1 June 2017 – 11am to 3pm

St. Andrew's Church, **Arbroath** – Friday 2 June 2017 – 11am to 3pm

Please come along and find out more about how community groups and others across Angus are supporting people living with dementia, their carers, relatives and friends.

Drop in at any time between 11am and 3pm. Refreshments will be available.

Permanence Review – Stakeholders Event

Tuesday 30th May 2017 St Andrews Church, Arbroath 9.00am – 12.30pm

Ensuring that looked after children are provided with a safe and nurturing place to live on a **permanent** basis is a major priority for all agencies who have a role as corporate parents. In Social Work, we have been reviewing our current practice and identified a number of strengths and weaknesses in how we achieve this for our most vulnerable children in Angus. We would like to share the findings from our review with as wide a range of stakeholders as possible and seek your views on our proposals to improve our processes and practice. Also included in the event will be input from CELCIS (Centre of Excellence for Looked After Children in Scotland) on research findings and the national picture in relation to children requiring permanence. The event will be introduced by **Kathryn Lindsay-Head of Children and Young People and Chief Social Work Officer with Angus Council**.

Could you please pass this invitation on to staff within your organisation who would benefit from learning more about the importance of permanence for looked after children and/or can contribute to the discussion on how we can improve our services in Angus. If you are able to attend, please book a place at the event by registering at the following:-

<https://www.eventbrite.co.uk/e/permanence-review-tickets-34354513274>

Change Your Mind Partnership Invites Applications for Small Grants Scheme

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The Change Your Mind partnership is inviting applications for small grant funding from not-for-profit voluntary and community organisations in Northern Ireland.

The Change Your Mind partnership is distributing small grants funding on the behalf of Change Your Mind, a unique partnership between Comic Relief, Niamh and the Public Health Agency.

To qualify for small grants funding, applicants must be a not-for-profit voluntary or community organisation who are working towards affecting positive change in attitudes and behaviors about mental health and improving the wellbeing of anyone who is experiencing mental health issues in Northern Ireland.

Depending on whether or not they are constituted, groups can apply for either Award One Grants of up to £500 or Award Two Grants of between £501 and £1,000.

The funding is intended for projects which:

- Meet the following themes:
- Creating meaningful conversations about mental health and mental health stigma.
- Reducing stigma (both self-stigma and external stigma).
- Making positive connections with friends, family and colleagues.
- Encouraging people to seek help if they feel the weight of stigma.
- Raising awareness of the negative impact of stigma.

Demonstrate community involvement including how the need for the project was identified at community level and how this specific issue is being addressed.

- Have realistic and achievable aims, objectives and outputs.
- Contribute to models of good practice and evidence of effectiveness.
- Clearly outline how the project will be monitored and evaluated.
- Demonstrate value for money
- Reasonableness of costs.

The Change Your Mind partnership is keen to fund projects which are founded upon evidence based practice. Examples of eligible expenditure include training and awareness events, transport to local facilities, venue hire and facilitators. Existing staff costs may be considered where the work undertaken is in addition to current duties and where monies are not currently being received from another funder for the provision of same.

The deadline for applications is 19 May 2017 (5pm).

For more info visit: <http://www.changeyourmindni.org/get-involved/programmes-and-grants/change-your-mind-grant-scheme>

National Voluntary Youth Organisations Support Fund Open to Scottish Bids

The National Voluntary Youth Work Organisations Support Fund is currently accepting applications for funding.

The Scottish Government has established this fund to support National Voluntary Youth Organisations that are contributing to the achievement of the National Youth Work Strategy 2014-2019 ambition that 'all young people, in every part of Scotland, should have access to high quality and effective youth work practice'.

Applications for grants of up to £30,000 will be accepted from all national voluntary youth work organisations involved in the management and delivery of youth work across Scotland. Please note that local branches of national voluntary youth organisations or voluntary youth organisations that do not have a national remit may not apply.

The funding is aimed at activities that lead to one or more of the following outcomes being achieved:

Improved support and engagement of volunteers.

Increased access to workforce development opportunities for paid staff and/or volunteers.

Increased access to leadership development opportunities for senior managers and/or senior volunteers.

Improved strategic leadership.

Improved communication and partnerships with local authorities supporting the delivery of the national outcomes for young people.

Projects must be delivered between 1 July 2017 and 31 March 2018.

The deadline for applications is 9 June 2017 (12 noon).

For more info visit: <http://www.youthlinkscotland.org/Index.asp?MainID=20148>

Funding Programme available for Community Libraries

A new £150k programme, Engaging Libraries, has been launched to support innovative public library projects across the UK and Ireland which place creative and imaginative public engagement ideas and health and wellbeing at their heart.

The programme is led by Carnegie UK Trust working in partnership with Wellcome, the world's largest medical research charity. It will help public libraries bring people together with the aim of inspiring curiosity, sparking debate and creating conversations on health and wellbeing.

Applications are now open and the closing date is 23 August 2017. For more info visit: <https://www.carnegieuktrust.org.uk/news/engaging-libraries/>

Heritage Lottery Fund - Great Place Scheme online discussion

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Heritage Lottery Fund Scotland are holding a live online Q and A session for the Great Place Scheme in Scotland, on Tuesday 16 May at 2:30pm.

Please join to hear more about the programme and get your questions answered. If you are not available on the day you can post questions in advance and check for answers at a time that suits you.

To register please visit: <https://www.hlf.org.uk/apply>

Hear Me

We are recruiting volunteers now!

Counsellors
Trustees—Board Members
Volunteer Coordinator
Finance worker

Are you interested in joining a fun, dedicated and dynamic team? Can commit to 4 hours per week?
Have experience in any of the above roles?

For more information and an application pack please contact Carol on 01307 850741 or email hearame@btconnect.com

ORGANISATION BACKGROUND - **Hear Me** is a registered Scottish Charity, established in June 2013. Providing specialised counselling and support in Angus for men, women and children (aged 8+) who have either recently, or in the past, been sexually abused. You can also find us on the web at <http://www.hearmecounselling.com>

THE WEB PROJECT

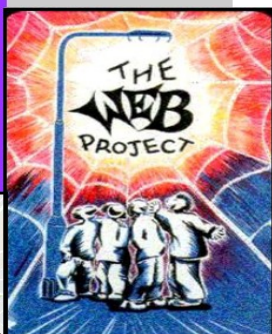


DROP IN FRIDAY'S 3 - 5PM

Come on down to see us for all your **Sexual Health, Drugs and Alcohol** advice/support.

We provide a confidential service where young people aged 10—25 can access **FREE** condoms, **PREGNANCY** testing and **STI** testing in a relaxed welcoming environment with the friendliest of faces!

Find us at 29B
CANMORE
STREET
FORFAR
01307 460101



Forfar in Flower

Ever wondered who does the hanging baskets in Forfar?

Who looks after the Boyle Park?

Who tends the entrance to the country park?

Who plants daffies and lupins at the roadside?

Newmonthill? Reid Park Road? Outside the chipper in the Dundee Road?

The Roundabout at Angus House was one of our make-overs too. It's not the council doing all this - it's a wee group called Forfar in Flower.

We are all volunteers and we'd like you to join our band of guerrilla gardeners.

You don't need any experience, and you don't have to make a regular commitment.

Just drop us an email and we'll add you to our mailing list. You'll get to know what we're up to and when we're doing it and you can come and join us.

We'd love to see you

Email - forfarinflower@gmail.com

Tel 07930 532935

Angus Long Term Condition Support Group

hosts four meetings monthly in four different locality areas.

All are welcome to attend and there is a £1 admission charge

26th May	Forfar Academy Health Centre	4-6pm	Air Ambulance	Duncan Smedley
29th May	Montrose Links Medical Centre	2 - 4pm	Food train	Grant Simmons
30th May	Edzell Health Centre	2 - 4pm	SDS	Barbara Maguire
31st May	Carnoustie Park View	2-4pm	Air Ambulance	Duncan Smedley

Volunteers urgently needed!

Voluntary Action Angus are always looking to recruit volunteers in all areas of Angus for 100's of varied opportunities to help in your local communities.

If you would be interested in becoming a Volunteer please get in contact by phone on: 01307 466113 or 01241 875525 or alternatively by email at

info@voluntaryactionangus.org.uk or search online www.voluntaryactionangus.org.uk

This bulletin is created by Voluntary Action Angus and the views and opinions within are not expressed by any persons involved in the bulletins creation.

If you have anything you would like to add to next weeks bulletin please contact Hayley by email to info@voluntaryactionangus.org.uk or alternatively by phone on 01241 875525



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