

TAKE A WALK WITH US FOR YOUR SMARTER CHOICES 2016/17 PROGRAMME



We've been promoting walking for a long time; 86 years in fact. We can bring this experience and expertise to your Smarter Choices, Smarter Places programme with innovative, cost effective initiatives such as our Walk Once a Week scheme for schools.

We are able to tailor a programme to fit with your specific requirements. To complement resources and interventions we can provide staff support and 'in kind' match for your SCSP programme proposal.



We are Living Streets Scotland, part of the UK charity for everyday walking. We want to create a walking nation where people of all generations enjoy the benefits that this simple act brings, on streets fit for walking.



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Our top 3 interventions

- **WoW (Walk once a Week, behaviour change programme)**
–independently evaluated to achieve at least 10% shift to active modes from baseline. Available with the innovative Travel Tracker online recording and monitoring tool for schools and Local Authorities to track engagement and activity. From around £2.50 per pupil for a full academic year.
- **Walk to school package 1** – WoW with local staff support for extra events and activities. Boosts engagement levels and provides additional assistance for LAs. From £5 per pupil for a full academic year (min. 20 schools)
- **Walk to school package 2** – WoW with local staff support and provision for intensive activity including school route audits and community engagement. Ideal for schools where changes to the physical environment are under consideration. From £4k per school
- **Other items and bespoke packages available on request including our secondary school scheme, ‘Free Your Feet’**



Contact us to discuss your SCSP requirements:

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