

# Andover Primary School Newsletter

**Newsletter 5** 

February 2012

Dear Parents, Carers and Friends

## What's been going on round the classes?

**P2 & 3** have been learning Scottish dances and are becoming very proficient at the Canadian Barn Dance, St Bernard's Waltz, Virginia Reel and the Dashing White Sergeant. It is a pleasure watching the children co-operating so well for this activity and having lots of fun.

P1 pupils joined with P2 and P3 for a successful Scottish afternoon and stovies.

**P3** are utilising their Maths and Baking skills to prepare a weekly café project. Each day from 10.30-11.00 the class will serve Fairtrade refreshments. This is giving the children an excellent opportunity to use their skills in a real life situation. Further details to follow.

**P4** pupils are constructing a huge model castle and have also been making individual working models of a drawbridge. They have started structured work on reading for information and some children are already producing their own notes - good skill for later studying.

**P4/5** are participating in the Fun Fit Tayside whole-class programme to promote healthy weight, including a healthy balanced diet and active lifestyle. It features:

- an 8-10 session nutrition and physical activity programme which links with Cfe 2<sup>nd</sup> Level

   particularly Health and Wellbeing experiences and outcomes (minimum 8 weeks).
- homework sheets have been included as part of the programme to try to encourage pupils to think about making lifestyle changes. Each homework sheet includes information for parents.
- delivered by teachers, in curriculum time, with support and input from POST Fun Fit Tayside staff.



We are a Health-Promoting School We have gained Reading School Accreditation – Silver We are working towards Fair Trade Accreditation

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**P5** pupils have been working on a Shared Reading Project with P1 and P1/2. All the children have shared the three stories nominated for the Scottish Book Award: "Apple Pie A,B,C", "Dear Vampa" and "Loon on the Moon".

The Scottish Book Trust visited P5 to film the class at work and as a thank you have made a donation towards the cost of a bus to the Award Ceremony in Edinburgh. Primary 5 will be off to Edinburgh on the 23<sup>rd</sup> of February.

**P6** pupils have been writing three part stories (fantasy). They have made stage sets and puppets and read their work to Primary 3. News about the P6 Open Day on the Solar System will follow shortly.

**P7** pupils have undertaken a brief study of Robert Burns including Tam O'Shanter. This included looking at Scots language and writing a conversation in Scots which they found really enjoyable.

## **Scottish Poetry Winners**

Once again the standard of diction, pace and expression was very good and Mrs Peat, our adjudicator found the challenge of choosing winners difficult. Well done to everyone.

P1	1 <sup>st</sup> 2 <sup>nd</sup>	Tyler Seymour Isla Paterson	Traffic Signals Traffic Signals	
P①/2	1 <sup>st</sup> 2 <sup>nd</sup> equal	Jonathan Shaw Zoe Ewen Abbie Reid	Traffic Signals Traffic Signals Traffic Signals	
P1/2	1 <sup>st</sup> 2 <sup>nd</sup>	William Riddell Zuzanna Popiela	Roguey Poguey Crocodile	
P2	1 <sup>st</sup>	Jurida Jasmontaite	Roguey Poguey	
P3	1 <sup>st</sup> 2 <sup>nd</sup>	Niamh Coutts Sarah Flinter	Robin Reidbreist Zebra	
P4	1 <sup>st</sup> equal	Heather Dallas Keinin Campbell Ellen Donald Ayden Fairlie	My Wish My Wish My Wish My Wish	
P@/5	1 <sup>st</sup> equal	Stephany Pozo Mia Clubb Isabella Mimiec	My Wish My Wish My Wish	
	2 <sup>nd</sup>	Zannah Adam	My Wish	` 』
P4/⑤	1 <sup>st</sup>	Julia Gawrysiak	Dog Show	
P5	1 <sup>st</sup>	Stuart Cameron	Tattie Howker	

	2 <sup>nd</sup>	Magda Tracz	Dog Show
P6	1 <sup>st</sup> 2 <sup>nd</sup>	Lauren Strachan Fraser Clark	Haggis Huntin' The Auld Troot
P7T	1 <sup>st</sup> equal	Elena Williamson Wallis Mathieson Brooke Moir Allyn McLaren	A Dug A Dug A Dug A Dug A Dug A Dug Fitbaw in the Street
Р7В	1 <sup>st</sup> equal	Charley Hancox Hannah Church	Cuddle Doon Cuddle Doon
	2 <sup>nd</sup> equal	Erin Scorgie Robyn Bruce	Address to Toothache Cuddle Doon

#### **Scottish Music Competition**

Adjudicated by Mrs Margaret Jamieson

1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	Loch Lomono Polka/Britche Dark Island	l s full of Stitches	Anna Bergen Stevy Murray Charley Hancox	(violin) (violin) (violin)
Highly	commended	Ye Banks & Braes	Hannah Mimiec	(viola)

# **Tayside Symphony Orchestra**

Earlier this month, three of our musicians accompanied me to the Tayside Symphony Orchestra in Forfar. The programme was aimed at young people especially and included "Meet the Orchestra", Peter and the Wolf", "Pirates of the Caribbean" as well as several other well-known melodies. It was a great opportunity for the children to see a whole orchestra close up and sample work from several different composers. If this opportunity arises again, I really commend the experience.

#### **Fairtrade**

Angus is in the process of becoming a "Fairtrade Zone" and at Andover we have been promoting Fair trade products for several years.

"The Fairtrade foundation is an organisation which supports farmers and workers in developing countries to get a fair deal by helping to create better trade conditions. By choosing to buy Faitrade products as individuals, we can make a difference to these families and communities".

Fairtrade fortnight runs from the 28<sup>th</sup> of February and the Pupil Council is already planning a special event. Our Coffee Morning and Fairtrade Fashion Show will take place on **Thursday 8<sup>th</sup> March** at 10.00am. Further details to follow.

PLEASE KEEP THIS DATE FREE.



#### P7 Enterprise Day and Fairtrade

The Fairtrade Foundation, based in London, has focused on four regions in Britain for a Producer Tour during Fairtrade Fortnight. Three are in England but the fourth is for East Scotland, specifically Dundee, Angus, Aberdeen and Aberdeenshire, in that order.

This means that Mr Masauko Khembo, Chief Executive of the Kasinthula Cane Growers (KcG) will visit schools in Angus including the Brechin High School Cluster P7 Enterprise Day on the 2<sup>nd</sup> of March. As with all Fairtrade producers, KCG is a cooperative of almost 300 members, each farming an average of 3 hectares (8 acres) of sugar cane, in an inhospitable region in the south of Malawi. The project was established by the government in 1996 to convert largely uneconomic land to sugar production, and KCG became Fairtrade certified in 2002. They now sell around 30% of their production to Fairtrade buyers, for a growing number of companies in the UK, Europe and the USA. As well as brown and white sugar packs and catering sticks, their sugar is used in biscuits, cakes, drinking chocolate, sweets and even mulled wine.

# **Staff Changes**

You will be aware by now of Mr Tough's promotion. I am delighted for him and I am sure he will enjoy the challenges that leadership brings. Mr Tough's last day will be Thursday 23<sup>rd</sup> February though his successor, Mr Scott Haxton will begin here on Monday 27<sup>th</sup> February. Scott is working in the Educational Development Services Department of the Council at present and is already known to the staff here.

He will meet with the Management Team at Andover this week to discuss his remit. He will be responsible for the Pastoral Care and Learning and Teaching in the upper area (P6 + P7)

#### Time to Relax

This term, a number of pupils at Andover Primary School have been lucky enough to have the support of Gyl Rae from Inner-Most Yoga for Support. Those selected to work with Gyl have included children who present very challenging behaviour, suffer from anxiety or Spina Bifida.



Forget conceptions of traditional yoga and of standing like a tree! Inner Most Yoga allows you to develop a connection with your body and feelings in a calming environment. Once children are aware of their body and emotions, it is hoped they will transfer the air of calm and connection to feelings from sessions into daily activities. The sessions have been on a 1:1 basis or in small groups and are tailored to suit individuals – taking their feelings, thoughts and needs into consideration. Children are never forced to do anything and sessions can change from week to week to ensure children benefit as much as possible. Although Yoga is the focus, children can have the time to talk, should this be of more benefit to them.

The weekly sessions have allowed children from all stages of the school to develop a sense of calm and forget about conditions, labels and expectations which have been placed on them. The children have enjoyed their time with Gyl, describing it as 'really fun' 'relaxing and joyful' and 'it made me better on the inside'. Staff have seen many benefits: children go back into class and settle very quietly and focus on tasks – something which can be a challenge for some!

Others now recognise the emotions they are feeling and react appropriately to these, using techniques they have learnt to calm themselves.

In October, Gyl held an excellent Twilight which gave an insight into what she does in sessions, techniques she uses and allowed us to relax after a hard week. Should the twilight run again, I would strongly recommend attending, your view and expectations of Yoga will change for the better.

If you feel Gyl could support children in your school, she can be contacted at <a href="mailto:gylrae8@gmail.com">gylrae8@gmail.com</a> or <a href="mailto:www.loveyoga.uk.com">www.loveyoga.uk.com</a>

#### **Textile Bank**



As part of our Eco School work and as a fundraiser, a textile bank will shortly be placed in the playground (near Nursery gate tbc). Nathan's Wastesavers work closely with many charities and schools already and using the bank can make a real difference in diverting textiles away from landfill.

"1000s of tonnes of clothing, shoes, household textiles & books are discarded and thrown away by the British public every year. These items can be re-used and recycled in developing nations in Africa, Asia and Eastern Europe.

By re-using & recycling our unwanted items we are reducing the amount of material going to landfill which helps the UK's strict recycling policies". (Textile Recycling Nathan's Wastesavers)

Further details will follow advising what can be put in the bank but it is likely to include – bedding materials, used clothing, rags, shoes etc. The school will receive a fee for each tonne collected.

#### Headlice

From time to time headlice bother pupils here. Please check your children's heads on a regular basis and inform us of any infestation. Children with long hair are advised to wear it tied back. Thank you.

# **Dates for this term**

Tuesday 28<sup>th</sup> February Fairtrade Fortnight begins

Thursday 1<sup>st</sup> March World Book Day

Thursday 8<sup>th</sup> March Fairtrade Coffee Morning & Fashion Show

Monday 12<sup>th</sup> March Sport Aid – Fundraiser (details to follow)

Thursday 19<sup>th</sup> March Easter Service

Friday 30<sup>th</sup> March Easter Holiday begins

Monday 16<sup>th</sup> April Summer Term commences

Yours sincerely

E. Howson