Active Schools Aberdeen Harlaw ASG Annual Review 2014-15







Active Schools Coordinator Report

2014-15 was a busy and successful year for all schools within Harlaw ASG. I was new to area after returning from maternity leave and moving from St Machar ASG, where I had been for the previous 4 years.

The schools were all extremely keen to have more activities running in them and through partnership working with school staff and parents, the number of activities on offer to pupils of all ages within the ASG saw a huge increase. New activities were added to school extracurricular timetables at lunchtimes, after school and also before school! The range of activities was also broadened so pupils had the opportunity to try new sports and activities.

A focus for Harlaw Academy was Pupil Leadership. This school year in Harlaw was spent developing pupils identified by various departments within the school and supporting them to attend Leadership training opportunities provided or supported by Active Schools. As a result, the Harlaw Sports Ambassadors Team was formed and they were responsible for restarting and now organising and running the schools Inter House Sports Tournaments, as well as other sporting events throughout the school year.

Schools within the ASG all took part in the Aberdeen Youth Games where as well as attending the Inter School Festival in May, they also benefited from coaching sessions led by students from RGU and NESCOL.

This year, Active Schools embraced the age of social media and each ASG set up its own Facebook page. This has made promotion of opportunities and communication with parents a great deal easier. It has also allowed us to share with parents through photos and videos, what their children are doing at the clubs they attend.

Overall, 2014-15 was a great sporting year for the ASG! Well Done and Thank You to all involved and who helped make this year so successful, through participating, volunteering or supporting!



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Broomhill

Ferryhill

Kaimhill

Harlaw Academy

Key Facts 2014-15

Participation

10708

Participant Sessions
An increase of 3689 (53%)

Participant Sessions 2011/12 to 14/15



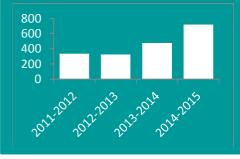




719

Activity Sessions
An increase of 242 (51%)

Activity Sessions 2011/12-14/15



 $\bf 3$ Primaries and $\bf 1$ Academy took part in the

Aberdeen Youth Games

13 Different Sports and Activities from Athletics to Zumba

Key Facts 2014-15

499

Distinct Participants
An increase of 198 (254%)



Volunteers

32

Volunteers delivering activities

An increase of 60%

7 students from local
Universities and Colleges
supported Harlaw Active
Schools Activities this year

17

Qualified volunteers

Distinct Participants

Breakdown
(% of School Roll)

Primary – 354 pupils are active



Secondary – 145 pupils are active



Parents from Broomhill set up a P1-P3 before school Jogging Club! Due to demand a club was set up for P4-P7 pupils, also run by parents!



Young Leaders

3 Senior Pupils Volunteers

1 qualified

9 pupils are Harlaw Sports
Ambassadors

They have run 13 different
Inter - House Sports
Tournaments



2 Harlaw
pupils
attended
Young
Ambassadors

8 Harlaw pupils attended Lead 2014

Connections

28
School to
Club
Links

of 14

(100%)

Grampian Flyers ran a weekly ASG Basketball Club for P1-S3 pupils

An 10

Sports Clubs linked with schools in the ASG

Coaches from Albury Tennis Club run lunchtime tennis coaching at Broomhill School.

ASRA ran rowing lunchtime coaching at Harlaw and then took pupils to River Dee to experience 'real' rowing



Key Facts 2014-15

Equalities and Inclusion





182 primary aged girls from within the ASG took part in Active Schools activities this year

64 girls from Harlaw

Academy took part in

Active Schools Activities

Pupils from Harlaw Academy
SFL Base attended the North
Region Schools Football League

Partnerships

Girls Night In ran in partnership with NHS, NESCOL who provided Health Activities and advice to girls attending on topics such as Body Image and Healthy Eating

Girls Night In gave S1-S6 girls the opportunity to try activities such as Metafit, Body Combat,
Circuits and Aerobics



Impact

Best of Facebook

Likes on new Facebook

92% of parents said that attending Active Schools sessions, had developed their child's enjoyment of sport and activity

My son joined Rubislaw Tennis
Club, after he attended
lunchtime tennis sessions at
Broomhill School
-parent feedback

More Children, More Active, More Often "Well Done Vicki, you are doing a great job with Active Schools Harlaw"
-parents comment on Facebook

93% of parents surveyed in Dec 2014 believed that Active Schools is helping their child to be more active!

much fun!
-parent comment on video of
Ferryhill Dance Club posted on
Facebook

How fab, they are having so

92% of parents surveyed said that attending Active Schools activities had had a positive impact on their child's physical development

Active Schools Aberdeen

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