

- **SAFE**
- **HEALTHY**
- **ACHIEVING**
- **NURTURED**
- **ACTIVE**
- **RESPECTED**
- **RESPONSIBLE**
- **INCLUDED**



Argyll and Bute Developmental Milestones : Stage Two : Safe (SHANARRI)

Sensory Development

Social, Emotional & Behavioural

I can follow rules and instructions to help keep me safe. I am beginning to develop an understanding of danger. I know when to seek help for myself, or others.

Cognitive Development

I am beginning to understand more about keeping safe and can use 'if,' 'maybe' and 'might' in assessing situations. I can give several examples about keeping safe in familiar scenarios.

Speech & Language

I can talk about my basic feelings e.g. happy, sad, and scared and begin to recognise and talk about these feelings in others. I can talk about how to keep safe in new situations- including asking questions, 'why?', 'how?', 'who?' and 'what?' with adult guidance.

Gross Motor

I can make safety choices as I play outside. I am developing spatial awareness and learning to use large equipment safely. I can walk, run, turn sharp corners, push and pull safely, climb ladders and trees.

Fine Motor

I can keep myself and others safe when using scissors, knives etc. I know the importance of keeping myself and others safe when using tools & small equipment.

Attention Development

Hearing & Vision Development Partnership Working

I am safe:

1. I know that I will not be harmed at home or at school.
2. The people who care and teach me explain how I can protect myself from harm.
3. I am not scared when I am out and about in my local community.
4. I know a few things that are risky or dangerous and I try to stay away from them.
5. The people who care for me know whom I am with and where I am when I go out.



Learning at home:

1. Make a habit of leaving your child with other trusted adults for longer periods.
2. Look out for 'Danger' signs in the local environment to discuss.
3. Allow your child to show you that they know how to play safely.
4. Ask your child to explain to you why water, fire, electricity etc. can be dangerous.
5. Develop your child's knowledge of their local community and where is safe.

Keep Safe Together!



Argyll and Bute Developmental Milestones : Stage Two : Healthy (SHANARRI)

Sensory Development

Social, Emotional & Behavioural

I can express my enjoyment of life in a variety of ways.
I can play with my friends, sharing and turn taking.
I am learning to make healthy choices – diet, tooth brushing, hand washing etc.

Cognitive Development

I understand a few different emotions.
I am learning about my feelings towards myself, and others.
I can explain my feelings.

Speech & Language

I am using language for a variety of reasons.
I am beginning to understand and verbalise why we make certain choices to keep us healthy e.g. 'we have milk or water at snack time because it's better for our teeth'

Gross Motor

I join in with physical play.
I can run, jump, hop and skip.
I like to balance and climb.
I can balance on one foot with only a little swaying.

Fine Motor

I am developing my skills while I prepare food at snack time, e.g. chopping, peeling and slicing, to make fruit kebabs with skewers, using tongs.
I can pour milk or water with little spillage at snack time.

Attention Development

Hearing & Vision Development Partnership Working

I am healthy:

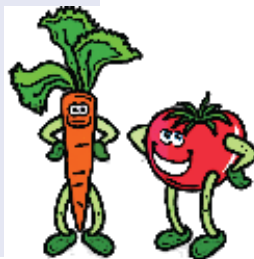
1. I have healthy food to eat most of the time.
2. I exercise a lot.
3. I get a chance to spend time outside.
4. The people who look after me make sure I get help when I feel ill.
5. The people who look after me make sure I eat and exercise to keep me healthy.
6. I enjoy life.
7. I feel able to deal with difficult things that might happen in my life.



Learning at home:

1. Extend your child's experience of different fruit and vegetables when shopping together.
2. Join local clubs – swimming, dancing etc.
3. Make some healthy snacks together.
4. Visit a play park or get outside and help your child develop their muscles and stamina.
5. Make a 'My Favourite Things' scrapbook with your child.
6. Think about the balance of activities your child does in a day.

Enjoy Exploring Together!



Argyll and Bute Developmental Milestones : Stage Two : Achieving (SHANARRI)

Sensory Development

Social, Emotional & Behavioural

I am becoming more self-reliant, confident in my own environment and know where to get what I need. I am more independent with self-help skills, e.g. putting on / taking off outdoor clothing.

Cognitive Development

I understand 'biggest, more, just one.'
I can focus on a game or activity until it is completed.
I show imagination during small world play, sequencing events and making stories.

Speech & Language

I am becoming more confident in using well-formed sentences, though I may make some mistakes in my choice of words. I understand sequencing words e.g. first, after, last. I am becoming more independent and can use language to find out information by asking questions and to assert myself.

Gross Motor

I can walk on tiptoes along a line, 1 foot in front of the other. I can jump with feet together, land with control from a step. I can throw a small ball with some accuracy and catch with 2 hands. I can move sideways. I can pedal a trike.

Fine Motor

I can handle a variety of tools with reasonable control. I can draw straight and curved lines. I can draw with more details. I can cut along a straight line and begin to cut around a shape. I can fit together pieces to construct models.

Attention Development

Hearing & Vision Development Partnership Working

I am achieving:

1. I am learning new skills at nursery.
2. I am confident that I can do well.
3. I do the best I can.
4. I have hobbies and interests out of nursery that help me learn new skills.
5. The adults in my life encourage me to do my best.
6. If I am struggling with a new skill at home, someone will help me with it.
7. I get the help I need to do well in nursery.

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Learning at home:

1. Start a new hobby with your child – decide together.
2. Sing songs and nursery rhymes together.
3. Encourage your child to persevere.
4. Support your child in whatever they are interested in.
5. Have a regular drawing time. Suggest details to be added and praise all effort. Remember to explain what the praise is for.
6. Play with bats and balls in the garden or park.

Spend Time Playing Together!

Argyll and Bute Developmental Milestones : Stage Two : Nurtured (SHANARRI)

Sensory Development

Social, Emotional & Behavioural

I show concern for siblings and for friends in distress. I mostly co-operate with friends and I'm beginning to negotiate conflict situations. I accept changes to my daily routines.

Cognitive Development

I am able to choose and plan my play activities and say which activities I prefer. I can count to ten objects and enjoy being praised. My memory skills are extending e.g. I can recall special home events.

Speech & Language

I can listen and join in talking appropriately with adults and other children. I can communicate my needs, likes or dislikes; I can tell an adult if I'm cold or hungry. I can remember and enjoy telling longer stories and singing songs.

Gross Motor

I can put my shoes on the correct feet. I can brush my teeth. I can set the table, serve and participate socially during snack time.

Fine Motor

I can use cutlery appropriately. I can play board games, in a small group, using small counters, supported by an adult. I am more successful with fastening like buckles and laces. I can blow my own nose.

Attention Development

Hearing & Vision Development Partnership Working

I am nurtured:

1. I feel cared for and supported by the people who live in my home.
2. The people who care for me can afford to provide me with the right amount of food and clothing.
3. I live in a home that is clean and warm.
4. The people who care for me at home listen to me when I want to tell them about the things I need, like or dislike.
5. I am learning to look after myself and make decisions that affect my life.
6. I get the help I need to do well in nursery.

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Learning at home:

1. Read or tell stories with your child often, encouraging choice from an increasing range of books
2. Look at family photos together and share stories.
3. Involve your child in little jobs around the home – hanging out washing, washing the car, doing the dishes, etc.
4. Play board games together – snakes and ladders or dominoes, Jenga, pick-up sticks.

Spend Time Talking Together!



Argyll and Bute Developmental Milestones : Stage Two : Active (SHANARRI)

Sensory Development

Social, Emotional & Behavioural

I participate and co-operate with others in physical play e.g. singing, dancing and performing. I play independently, inside and outside, exploring and investigating.

Cognitive Development

I use objects and props in imaginative play. I take part in make believe roles using dressing up, actions and different voices. I use the ideas of other children and adults in creative and imaginative play.

Speech & Language

I can describe an event in reasonable order. I can follow simple story sequences and re-tell my favourite stories and activities. My attention is well developed enough that I can follow instructions whilst I am engaged in an activity.

Gross Motor

I regularly take part in more challenging physical activities, which will help my body to develop. I can keep a steady beat when clapping, dancing and playing simple percussion instruments.

Fine Motor

I am developing hand dominance. I can handle brushes, crayons, pencils and other objects with reasonable control when mark making with a variety of paints, clay, play dough etc.

Attention Development

Hearing & Vision Development Partnership Working

I am active:

1. I do things for fun in my spare time.
2. I have the chance to take part in leisure and sporting activities in my local area.
3. The people who care for me help me to find ways to do things that interest me in my spare time.



Learning at home

1. Join local clubs- dancing, swimming, football, etc..
2. Make time for long walks in a forest, at the beach or in your local area.
3. Collect 'junk' materials for a craft box - plastic bottles, lolly sticks, buttons, glitter etc. – great fun for wet days.
4. Make a sandpit and have a collection of spades, buckets and scoops.
5. Teach your child how to skip with a rope!

Enjoy Your Time Together!

Argyll and Bute Developmental Milestones : Stage Two : Respected (SHANARRI)

Sensory Development

Social, Emotional & Behavioural

I can make choices about what I want to do.
I can give several ideas about what I want to do.
I can ask an adult for help.

Cognitive Development

I can listen to and answer open-ended questions that don't just require a 'yes' or 'no' answer, to help me develop my thinking and problem solving skills.

Speech & Language

I can give clear information to express a choice. I am confident when giving my opinion, e.g. I can say why I have made a choice.

Gross Motor

I am allowed to choose from a wide range of activities, e.g. ball games, dance, large play equipment, to practise my increasing agility skills.

Fine Motor

I am allowed opportunities to choose from small tools, drawing, painting, weaving, threading, using play dough, small world and to do other activities that I enjoy.

Attention Development

Hearing & Vision Development Partnership Working

I am respected:

1. I know that people listen to me before they make decisions that affect me.
2. I am involved in making decisions about my life.
3. If I need to, I can get help to tell people my views and decisions.



Learning At Home:

1. Sing along to a growing list of favourite songs and rhymes at home or in the car.
2. Play the 'I like to...' game – everybody says their favourite activities and remembers what each other said.
3. Ask 'open-ended' questions – 'why?'
4. Have a special 'You Choose' activity time at home and in the local environment.
5. Introduce scissors and have lots of scrap paper available to cut up.

Enjoy Playing Together!

Argyll and Bute Developmental Milestones : Stage Two : Responsible (SHANARRI)

Sensory Development

Social, Emotional & Behavioural

I can mostly follow rules.
I am caring and helpful.
I can choose and replace toys and materials, as I become a more independent learner.

Cognitive Development

I know that others may have different ideas from me.
I am learning to be responsible for my actions when playing.
I am learning to solve problems if I get upset or if I'm angry, with adult help.

Speech & Language

I can understand and follow 3 part instructions. I can talk about several behaviour rules to help keep me and others safe and happy. I can use language to enable me to predict and negotiate in play situations.

Gross Motor

I can follow safety instructions during physical activities as I become more independent.
I am capable of giving suggestions about how I can keep safe in a variety of situations and settings, e.g. Forest School.

Fine Motor

I can follow safety instructions responsibly as I become more independent, when using small tools.

Attention Development

Hearing & Vision Development Partnership Working

I am responsible:

1. I listen to other children and adults and try to understand their point of view.
2. I know the difference between right and wrong.
3. I can manage my behaviour.
4. I am caring and helpful.
5. Adults trust me to follow instructions.
6. I am able to follow rules at school and at home.
7. I know what is expected from me and why.
8. I know that adults in my life will behave in a way that sets a good example to me.



Learning at home:

1. Make a star chart to reward responsible behaviour.
2. Allow your child to practise using a blunt knife to chop vegetables for soup, showing that they are aware of safety rules.
3. Stick to consequences and explain social rules.
4. Be consistent and fair.
5. Read books or tell stories about growing up with your child.



Argyll and Bute Developmental Milestones : Stage Two : Included (SHANARRI)

Sensory Development

Social, Emotional & Behavioural

I enjoy playing and co-operating with my friends.
I discover new and interesting things to do and games to play.

Cognitive Development

I can organise my own games with friends, express my choices, take turns, and play co-operatively, for the most part.

Speech & Language

I can express basic emotions using words as well as actions.
I can take turns in longer conversations during play activities.
I am developing a sense of humour and enjoy sharing simple jokes, nonsense words and rhymes with my peers and adults.

Gross Motor

I can run around and play games with children my age without adult encouragement.
I take part in new physical activities with adult encouragement and support.

Fine Motor

I am helped and encouraged to try a range of new activities to help my fingers become strong.

Attention Development

Hearing & Vision Development Partnership Working

I am included:

1. I feel that I belong when I am with my friends, family, in nursery and in the local community.
2. I am able to take part in activities, which let me be with people that I need in my life.
3. I get to meet lots of different people.
4. I am caring and helpful.
5. I feel that other children and adults want me around.



Learning at home:

1. Make a den in the garden or in the park.
2. Allow your child to make special visits with extended family members.
3. Bake together and begin to use 'maths' words, e.g. 'more,' 'less,' 'same as,' and 'equal.'
4. Build a junk robot together!

Enjoy Being Together!