



## HINTS AND TIPS

### Safety, Infection Control and Food Handling

Have you looked at the following recently and are all staff aware of them?

- NHS , Infection and Control in Childcare settings (Day Care and Childminding Settings) – October 2016  
<http://www.hps.scot.nhs.uk/resourcedocument.aspx?id=6606>
- Care inspectorate, Nappy Changing facilities in early years, nurseries and large childminding services – April 2014  
<http://www.careinspectorate.com/images/documents/4404/Nappy%20changing%20guidance%20for%20early%20years%20and%20childcare%20services.pdf>
- Food Standards Agency – E. coli 0157 Control of Cross-contamination  
<http://www.food.gov.uk/sites/default/files/ecoli-cross-contamination-guidance.pdf>
- NHS, Setting the Table, 2014  
<http://www.healthscotland.com/documents/30341.aspx>
- National Standards for Nursery School Toothbrushing Programme  
<http://www.child-smile.org.uk/uploads/documents/16163-ToothbrushingStandards.pdf>
- Food Standards Scotland, for safe food and healthy eating  
<http://www.foodstandards.gov.scot/cooksafe>
- National Handwashing Campaign NHS Scotland  
See Infection Control for handwashing
- Storage of Mops
- FSA Guidance on Allergies – Dishes and their Allergen Content – Level 2 Food Safety Handbook ([www.highfield.co.uk](http://www.highfield.co.uk))
- Disinfecting food contact surfaces and equipment. <http://www.disinfectant-info.co.uk>

**Remember to check the Care Inspectorate Hub for updated and new Guidance documents**

- Remember to use the Visitors Book

- Are all glass doors safe i.e. do you have stickers at adult and child height so no one walks into it?
- Opening windows – do they have catches on them? Can a child climb out? Is it safe outside when window open e.g. height?
- Blinds – are all cords out of the reach of the children?
- Is your outside area secure?
- Have a spillage care kit?
- Parents should not be allowed to use any toilets within the setting unless you have a designated Visitors Toilet and they are made aware of good Hand Washing procedures.
- Toilet door should be kept closed at all time to prevent cross contamination
- If you have electric ventilation in the toilet is it working?
- Any soiled clothing following ‘accidents’ needs to be double bagged and sent home with the child, to prevent cross contamination – Bags can be purchased from, <http://www.bmsupplies.co.uk/Red-Alginate-Bags-for-Laundry-of-incontinence-bedding>
- Aprons should be folded inwards following changing and disposed of correctly with gloves
- If you have a washing machine, where is it located? The advice is now it should not be located in Food Preparation Areas except for Childminders where the required cleaning should be in place if the machine is in the kitchen. Alternative location cannot include cleaner’s cupboards.
- Do you have hand washing sinks in the Playroom and Food Preparation Areas?
- If you have a Cleaners Cupboard does it have a hand washing sink?
- Do you have taps that turn on and off? If yes consider changing them
- Taps, if you have push button taps does the hot water reach the correct temperature before it goes off?
- No plugs should be in hand washing sinks
- Do you have liquid soap available at all hand washing sinks?  
*Anti-bacterial soap should be available for use if required i.e. child has an infection*
- Do you store anything in the toilets? This can cause cross contamination consider finding alternative storage
- Do you have pedal bins for tissues, paper towels etc.?

- Children should wash their hands after blowing their noses
- Staff should wash their hands after ‘assisting’ with nose blowing
- Is your outdoor sand and Mud covered and checked before use? Refer to My World Outdoors
- All children and staff should wash their hands when coming inside after being outside
- Do children and staff change their shoes when they come in? If not could this work in your setting. Risk assess i.e. baby room
- Consider where outdoor shoes and wellies are stored
- Consider how you store foods
- Remember to use the correct anti-bacterial spray as well as soap and water
- Do you keep a record of the fridge temperatures?
- Are you recording when resources are cleaned on an appropriate cleaning schedule?
- Bedding, mattress protectors. Linen should be allocated to each child and laundered appropriately

