

	<u>Social, Emotional & Behavioural</u>	<u>Cognitive Development</u>	<u>Speech & Language</u>	<u>Gross Motor</u>	<u>Fine Motor</u>
Safe	I am learning to understand and trust that when I express my needs my carer will respond positively.	I am startled by loud sounds.	I can communicate my personal likes and dislikes by crying especially when unhappy, uncomfortable or bored.	I lie on my back with my head to one side and I am beginning to lift my head when lying on my tummy.	I am beginning to explore new textures through my fingertips.
Healthy	I show eager anticipation of breast or bottle feed and I am beginning to suck/ lick lips in response.	I turn towards the light and I stare at bright and shiny objects or faces.	I practise sucking movements, building up muscles needed for speech development.	I am beginning to lift my head when pulled to a sitting position and will hold my back firmly.	I follow objects from side to side with my eyes and I can glance from one object to another.
Achieving	I make eye contact for fairly long periods and I also can imitate facial expressions and react to stimulation.	I am beginning to show an active visual interest in my world, my family and my caregivers.	I attempt to imitate sound and may utter little guttural noises when content.	I show my pleasure by kicking my legs vigorously.	I hold my hand in a fist and open my hands from time to time and I am beginning to show an awareness of my hand and finger movements.
Nurtured	I smile in response to being picked up/spoken to.	I can demonstrate when I am feeling bored (cry, restless) if an activity doesn't change.	I am beginning to imitate some gestures such as sticking my tongue out.	I'm not yet able to support my head and neck during bathing and dressing and require adult support.	I am beginning to focus on and follow moving objects.
Active	I use total body movements to express pleasure during bath time/feeding.	I respond to sounds especially familiar voices; I move my limbs and turn towards sounds.	I make vocal sounds e.g. cooing, gurgling and I respond to a familiar adult.	I am beginning to roll over side to side.	I am beginning to hold a rattle for a brief time before dropping it.
Respected	I respond with obvious pleasure to friendly handling, especially when accompanied by playful tickling and cuddles.	I enjoy listening to bells, music, voices and rhythmic sounds.	I am comforted by voices of people who are familiar to me.	My muscle tone is increasing when I am given the opportunity to kick freely without restriction.	I enjoy close contact with my care giver and will grasp a finger during feeding.
Responsible	I fix my eyes unblinkingly on an adult's face during feeding with contented gaze.	I respond to changes in a speaker's tone, pitch, volume etc.	I turn to regard a nearby speaker/face, also a preferred person's voice.	My limbs are becoming more pliable and my movements smoother and more continuous.	I deliberately maintain or terminate eye to eye contact during social interaction.
Included	I am beginning to learn that when I am awake, my social development is a two-way process (attachment).	I am beginning to develop an awareness of my daily routine, such as mealtimes, bath time and bedtime.	I take part in social engagement through mimicking and responding to facial expressions.	My sense of identity is growing as I become more confident in my ability to control my own body movements.	My hands are normally closed but I will grasp a finger when my palm is touched.

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Safe	I can smile at familiar people and at strangers.	I like to explore objects by putting them in my mouth.	I cry in different ways to show hunger, pain, tiredness or boredom.	I sit with support and a straight back.	I move my head and eyes eagerly in every direction when my attention is distracted.
Healthy	I react enthusiastically to often-repeated games.	I can recognise familiar people and have a growing interest in objects.	I am beginning to laugh and squeal with pleasure and I respond to familiar faces.	I can wave my arms and bring them together over my body.	I am showing signs of searching for a dropped toy within my visual field.
Achieving	During turn-taking I am now able to use not only my voice, but I can combine my hands, smile and keep eye contact to show my interest.	I am attracted to bright colours and complicated objects to look at and concentrate on.	I am beginning to use sounds, consonants and syllable sounds.	I can lift my head and chest off the ground when lying on my tummy.	I can reach out with one hand to grasp (palmar) and can pass objects from hand to hand.
Nurtured	I respond positively to people who show me emotional warmth; especially if accompanied by playful tickling, singing, chatting.	I express a range of emotions and can demonstrate affection appropriately.	I respond positively to books, songs and music from a familiar adult.	When my hands are grasped, I can brace my shoulders.	My eye control is developing and I am able to focus when a dangling toy is moved towards my face.
Active	I can now stay awake for longer periods of time.	I like to watch and play with my hands, fingers and feet.	I respond to tone of voice and can move my head to the source of sound.	I can kick vigorously with my legs, alternating or occasionally together.	I will reach for, touch and grasp objects with a palmer grasp.
Respected	I respond positively to people who hear me and see me as an individual and use respectful language	I show signs of understanding adult communication.	I am able to take part in turn taking games and will babble and coo to show my enjoyment.	I will now lift my arms up to be lifted.	I seek out my bottle with my hand during feeding.
Responsible	I am aware of routines that help my body and mind e.g. bathing, feeding and playing.	I am beginning to develop and judge distances when reaching for toys.	I show excitement at approaching voices, footsteps and familiar sounds.	I can roll over from my front to my back.	I respond with pleasure to exploring and discovering different textures with my hands and feet.
Included	My preference for my primary carer is growing; I also enjoy attention and being with others.	I am beginning to adapt to new situations without stress.	I listen to people, voices/conversations and am able to exchange sounds and facial expressions with my carer.	I am able to bear my own weight when supported in standing.	I use my hands to demonstrate my pleasure at seeing familiar people/objects.

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Safe	I show distress when my main carer leaves and I am wary of strangers.	I purposefully explore objects with my mouth.	I respond to words that protect me from danger, harm and risk. E.g. "No", "don't touch".	I am beginning to move into a sitting position unaided.	I am beginning to explore finger foods under supervision.
Healthy	I enjoy looking at myself in the mirror.	I am beginning to initiate interactions with others by holding up or offering toys/food.	I explore using my voice to imitate playful vocal and other sounds e.g. smacking lips, cough, brr	I can drink from a cup with support from my carer.	I can reach out with one hand to grasp (palmar), passing objects from hand to hand.
Achieving	I like to play with a cup or spoon and enjoy feeding myself e.g. finger food.	I look for things I see you hide (emerging object permanence).	I am repeating more sounds and use vocal non-verbal communication to express interest and influence others,	I can now roll over onto my tummy when lying on my back.	I can poke at small objects using my index finger and pick up small objects with pincer grasp.
Nurtured	I am able to play social games e.g. peek-a-boo.	I can demonstrate affection to trusted familiar people.	I am increasingly more vocal and my babble is tuneful and repetitive e.g. dad dad, mum mum.	Whilst held standing, I can purposefully step on alternative feet.	I am visually very aware of people, objects and happenings in my environment.
Active	I can demonstrate my annoyance or resistance by throwing my body back and stiffening in protest.	I can indicate to my carer when I want to be out of my cot, pushchair or highchair.	I am able to search and localise faint sounds on either side of me and above and below my ear level.	I use my body to move around by crawling, shuffling or rolling.	I can now sit on the floor unaided and can manipulate and play with toys.
Respected	I look for reassurance from familiar people when strangers approach.	I respond positively to emotional warmth shown by people who think I am important.	I respond when my name is called.	I can sit with support with my head and back straight and turn my head from side to side to look around.	I can use my index finger to point to familiar things that offer me comfort.
Responsible	I am friendly with strangers but occasionally show some shyness especially if my carer is out of sight.	I understand no, up and bye bye.	I can babble loudly for self-amusement or to attract attention.	I am beginning to take smooth semi solids and I use a back and forward tongue movement before I learn to suck from a spoon.	I can grasp and pull things towards myself.
Included	I show a sustained interest for up to a full minute in looking at pictures named by an adult.	I attempt to give toy/block but cannot yet release.	I change my behaviour when listening to sound and human conversation.	I can pull myself to standing from sitting.	During mealtimes I use my hand and fingers to grasp cup and spoon to feed myself.

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Safe	I look towards a familiar adult when upset and may need a comfort object e.g. teddy, blanket	I understand simple instructions when accompanied by gestures and context.	I can communicate my needs if I feel unsafe or afraid. For example, I sometimes hide my face and cling to my care giver (stranger wariness).	I am beginning to use my whole body to explore my surrounding, for example- rolling, wriggling on abdomen or crawling.	I attempt to use my toothbrush to clean my teeth/gums with adult supervision.
Healthy	I show definite likes and dislikes e.g. mealtimes, toys.	My memory skills are developing and I am beginning to anticipate the future and my own routines.	I can change the tone and pitch of my voice and I can babble incessantly.	I can sit unsupported for up to 15 minutes.	I can hold, bite and chew small pieces of food.
Achieving	I like to offer and show objects to engage the interaction of others.	I can now look in the correct direction for falling or for fallen toys (object permanence).	I can put two syllables together into babble e.g. mama. I am also beginning to make sounds e.g. broom broom.	I can pull myself to a sitting position and can pick up and play with toys without losing my balance.	I like to experiment with objects, fitting them into containers.
Nurtured	I am able to demonstrate affection to familiar people.	I can be settled and soothed quickly.	I am learning to control my mouth by biting and chewing.	I may take some steps when both or one of my hands are held.	I like to offer my food to familiar people and adults.
Active	I am beginning to play alone for longer periods of time.	I am increasingly imitating sounds and actions.	I enjoy babbling with a mouthful of food.	I have many attempts to walk around furniture and may stand alone for a few moments.	I can release a toy from my grasp by dropping or pressing against a firm surface but cannot yet release smoothly.
Respected	I am able to take turns in conversations with familiar others.	I am learning that I can use my body to get a response. For example, I now like to open my arms wide to receive and give cuddles/huqs.	I can babble and squeal to get attention.	When being carried by an adult, I can support myself in an upright position and turn my head to look around.	I enjoy playing games where I deliberately cast objects over the side of cot, highchair, or pram.
Responsible	I like to help with dressing by holding out my arm for sleeve and foot for shoe.	I am beginning to recognise the moods and feelings of others.	I am able to vocalise and gesture more expressively.	I can pull myself to a standing position but tend to fall backwards with a bump.	I can reach and grasp a moving object by moving towards its anticipated position.
Included	I am growing in confidence but still require reassurance when exposed to new people/experiences.	I can give toys to others on request and sometimes spontaneously.	I try to copy adult speech and lip movements.	I like to bounce in rhythm to music.	I can release a toy/cube gently to give.

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Safe	I show fear in some situations e.g. when exploring my environment.	I can recognise familiar objects by touch alone.	I am beginning to understand preposition e.g. "put the cup on the table".	I can creep up stairs safely but may come down stairs backwards.	I can safely manipulate a spoon towards my mouth and lick it but I can't prevent it turning over.
Healthy	I am beginning to imitate day to day activities observed from home e.g. Hoover, feeding teddies.	I can play give and take games that tease my carer by offering and withdrawing objects.	I am beginning to build my vocabulary of around 10 single words and I can understand many more.	I can kneel unaided or with support.	I can drink well from a lidded cup with little assistance.
Achieving	I enjoy joint play with adults, actively switching attention between object and person.	I engage in functional play e.g. push toy car, pretend to drink from cup, bang with toy hammer.	I now understand some new words every week.	I can walk independently, feet apart, arms assisting balance.	I can manipulate cubes and rebuild a tower of two.
Nurtured	I enjoy having fun as a member of my family. I like to imitate and copy them.	I will sustain interest for two or more minutes while sharing books with others.	I am able to say a few recognisable words.	I can use my hands and feet to move rapidly about the floor towards my object of interest (bearwalk).	I can offer and release small objects into my carers hand.
Active	During play I have no preference for how I carry my doll e.g. by limbs, hair or clothing.	I like to actively explore, lifting lids and looking around.	I enjoy nursery rhymes and like to join in and attempt to sing.	I can now push large, wheeled toys with handles on level ground.	I can grasp a crayon with my whole hand using a palmer grasp.
Respected	I empathise with other babies, my siblings and my main carer e.g. if upset, I may pat their hand or back.	I enjoy playing games with my carers. I actively switch my attention between objects and adult (coordinated joint attention)	I am starting to show a sense of self by saying words like 'my' or 'mine'.	I am beginning to walk unsupported but as I can fall down frequently I may still need support.	I can show a preference for one hand over the other but can use either.
Responsible	I understand the effect of some of my responses on others and their response/reaction to me.	I can demonstrate understanding by use of objects e.g. toothbrush, telephone.	I can use gestures and speech together – e.g. saying 'bye-bye' and waving.	I can rise to standing without help from furniture or people.	I am confident in finger feeding, can chew well but lip closure is not maintained.
Included	I enjoy opportunities to engage with people other than my immediate family.	I understand and obey simple familiar instructions such as "Give me the ball"	I can express my needs in words and gestures, pointing to body parts, clothing and objects.	I now help more constructively with dressing.	I am able to turn several pages of a book at once.

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Safe	I explore my environment with increasing understanding but I still need constant supervision.	I enjoy exploring sand and water however I can lack self-control and have no awareness of risk.	I understand simple instructions e.g. "come here".	I can run steadily however I am unable to avoid obstacles in my path.	I can hold a spoon and get food safely to my mouth and I sometimes like to play with my food.
Healthy	At times I may become frustrated which can result in me protesting/ temper tantrums.	I am beginning to have an awareness of my toileting functions but as yet have limited control.	I can express my likes and dislikes through words and/or gestures.	I can kneel upright on a flat surface without support and I am able to squat to pick up toys.	I enjoy placing/posting small objects in and out of containers and learning what fits (schema).
Achieving	I am eager to be independent and like to help with dressing and undressing	My matching and sorting skills are developing and I can match objects to pictures.	I now use the speech sounds p b m w	I can climb forward into an adult's chair, then turn around and sit.	I can use a delicate pincer grasp to pick up very small objects.
Nurtured	I am emotionally still very dependent upon familiar adult, alternating between clinging and resistance.	I like to act out familiar routines through play e.g. treating dolls and teddies as babies; hugging and putting to bed.	I now understand between 200 and 500 words and can use up to 50 single words, putting 2 or 3 together.	I can carry a large teddy or doll while walking.	I can hold my cup between both hands and drink without much spillage.
Active	I can exchange toys, both cooperatively and in conflict with my peers.	My counting skills are beginning to develop and I can complete a simple inset jigsaw puzzle.	I like to join in repetitive songs and rhymes and I also like to listen to stories.	I will put two feet on each step before moving on to the next step.	I am able to build a tower of 4 – 8 blocks.
Respected	I am aware of my self and my body and can recognise myself.	I persevere in tasks of my own choosing and I am resistant to interference.	I can communicate to my carer my demand for a desired object and know that she will understand my request.	I am able to crawl backwards down stairs without support.	I am beginning to show hand preference and like to scribble to and fro with a pencil on paper.
Responsible	I am becoming aware of other children and I may become upset if they are distressed.	My long term memory is increasing and I can remember where objects belong.	I listen and respond when my carer speaks directly to me.	I can walk well with my feet only slightly apart and I can start and stop safely.	I enjoy putting rings on a peg and I like turning knobs and posting objects.
Included	I enjoy interacting with people in the community who know me.	I am beginning to form friendships.	I can call myself by my own name and I'm beginning to use my/mine/me.	I enjoy dancing and moving to music.	I enjoy sharing simple picture books and I can use my index finger to point to boldly coloured items on

page.

Argyll and Bute Developmental Milestones : 24-36 Months

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Safe	I am able to follow simple rules to keep me safe and secure.	I am very curious about my environment, attempting to turn door handles etc. however I have little comprehension of danger.	I know my own name and I can tell others.	I can stand on one foot and jump with two feet together from a low step.	I can eat skilfully with a spoon and may use a fork.
Healthy	I am beginning to express how I feel and I am able to make limited choices.	I have a growing sense of curiosity. I often think aloud and wonder why when exploring my environment.	I enjoy providing a running commentary during play to self or others.	I enjoy playing with a ball and sometimes I am able to gently kick it.	I can roll, pound, squeeze and pull playdough or clay.
Achieving	I am starting to go to the toilet independently however I may still require help with some personal care.	I can show persistence when engaged in meaningful activities.	I am able to form sentences of 3-5 words and I am understood almost all of the time.	I can sit astride a small tricycle and propel it with my feet; however I cannot yet use the pedals.	I can now hold a crayon or pencil with thumb and fingers and I am beginning to make marks which may resemble a circle, cross or lines.
Nurtured	I am independent at mealtimes but may still need help with pouring.	I can recognise myself and my family in photographs and I can name them.	I can hold a short conversation and I am able to recall events that have happened.	I am able to climb up onto furniture to look out of windows or open doors- however; I have little sense of danger.	I can use small world objects to imitate adult's behaviour in play.
Active	I can play on my own (solitary play) or sometimes with interest (on-looker play) and occasionally I play alongside others.	My pretend play has developed rapidly and I like to use objects for different purposes e.g. pushing a block, pretending it's a train.	I am now able to follow and carry out a 2-3 part instruction.	I can push and pull large toys skilfully but I still have difficulty steering them around objects.	I can string large beads and I can build a tower of 8 or more blocks using my preferred hand.
Respected	I am able to settle with support and reassurance in new situations e.g. transition to nursery.	I am beginning to understand that others may have likes/wants that differ from my own.	I can express my emotions towards adults and others using words not just actions.	I can stand on my tip toes (when shown).	I can dress myself but still may need help with buttons and zips
Responsible	I am beginning to understand turn taking and I am developing the ability to share.	I can be impulsive and may appear haphazard in my approach to tasks.	I usually attempt to verbalise my toilet needs in reasonable time however I am still unreliable when engaged in play.	I can run and climb easy nursery apparatus and I can walk upstairs and downstairs confidently holding the rail.	I can snip the edge of paper with scissors.
Included	I am beginning to join in with people socially if I want to and at times I am beginning to cope with new experiences.	I can predict and repeat repetitive phrases from songs and rhymes.	I ask questions beginning with 'what' or 'who' and I use pronouns 'I', 'me' and 'you' correctly.	I can throw a ball overhand but cannot yet catch it.	I enjoy picture books and I can turn the pages one by one.

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