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| LEVEL 6 | Gold | * Seek extra work on a curricular area I find challenging and log my improvements.
* Within my class enterprise project take on a specific leadership role.
* Be a member of my local library to enhance and support my reading skills, keep a record of the books I have read – aim for 2/3 a term.
* Try a new skill for the first time – it could be a sport, craft or activity.
* Be helpful at home by taking on a daily chore.
 | * Plan a shopping list with an adult and highlight healthy choices or changes you can make.
* Investigate and then create a poster to show the dangers of smoking.
* Give a short class talk on the importance of involvement in physical activity and what can happen to our bodies if we don’t exercise regularly.
* Make up and perform a rap about a friend including all of their attributes which make them important to you.
* Pass my cycling proficiency test.
 | * Visit an elderly person regularly and recognise the difficulties faced by someone of an older generation – make a note of these.
* Assist an adult in caring for a toddler or baby for an afternoon – make up a plan of their routine and the ways in which they depend on an adult.
* Make brief notes on what is meant by equal opportunities.
* Help an adult prepare the evening meal for a week and help with the tidying away too.
* Organise the family clothes for the wash and hang out the washing to dry on good days.
 | * Raise awareness of or fundraise for an International charity / natural tragedy
* Undertake and share personal research into a big issue which affects our planet.
* Active involvement in a community event.
* Adopt the role of school Energy monitor ensure all appliances are switched off when not in use.
* Undertake a personal challenge which will help to overcome a fear.
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| Silver | * **Identify a strength you have in school and an area of development – make up an action plan to improve on this.**
* **To be a young sports leader and demonstrate / play games with younger children in the school.**
* **Work with a learning partner on an area they are finding challenging to help them.**
* **Challenge myself using the study ladder programme note down attainments.**
* **Research a topic I am interested in and prepare a small pamphlet.**
 | * **Be involved in an extra-curricular activity and share any success with the rest of the school during assembly time.**
* **Help to design and create a healthy lunch.**
* **Design a poster which shows how we keep ourselves safe whilst using the internet.**
* **Explore relaxation techniques such as yoga, deep breathing or massage and demonstrate to an adult at home.**
* **Take on a speaking part in the school show or class assembly.**
 | * **Be involved in a school charity event to raise funds for an important cause.**
* **Whilst being involved in creating and playing sports leader games I demonstrate good sportsmanship and responsibility for the younger pupils around me.**
* **Help with the planning and organising of a school trip.**
* **Conduct a playground questionnaire asking about kindness pupils have been shown by others.**
 | * **Help with the organisation of a whole school fundraising / charity event.**

 **E.g. Donate a Coat.*** **Learn basic first aid skills demonstrating the capability to use them in an emergency.**
* **Explore and produce a report on sustainable energy in Scotland.**
* **Collect our school energy information and suggest and develop ways of lowering our energy usage.**
* **Produce a brief article for the local press detailing aspects of your work within Sustainable Education.**
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| Bronze | * **Hand homework in on time and completed to the best of my ability.**
* **Create realistic targets and reflect weekly on my progress.**
* **Manage and organise my belongings in school and come fully prepared each day.**
* **Carry out all class helper tasks quickly and appropriately.**
* **During group work demonstrate being a team player and make worthwhile contributions.**
 | * **Participate fully in P.E each week in correct kit.**
* **Be involved in health day.**
* **Get myself to school independently, safely and on time each day.**
* **Bring a healthy snack to school at least 4 times a week.**
* **Attend the school residential and get involved in the physical activities on offer.**
 | * **Behave appropriately in and around the school and wear full school uniform, including appropriate footwear, daily.**
* **Play an active role in my class enterprise project.**
* **Participate in a school fund raising activity.**
* **Towards the end of the year introduce myself to my buddy before P7 transition.**
* **Demonstrate good manners to all staff and pupils and in line with the school code of conduct think before you speak.**
 | * **Participate in Eco Action Day/Week.**
* **Undertake your Cycling Proficiency and cycle more readily.**
* **Participate in a residential experience exploring the outdoors.**
* **Participate in a class project exploring links with a charity. E.g. SSPCA.**
* **Identify at least three individual skills and talents and how you intend to develop these further.**
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|  | **Successful Learners****Leadership and Learning** | **Confident Individuals****Staying Healthy, Staying Safe** | **Effective Contributors****Kindness and Caring** | **Responsible Citizens****Proactive Citizens of** **our World** |

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| **St Michael’s Primary School – Tracking and Accrediting Pupil Progress in Wider Achievement****Successful Kind Individual Lovers of Learning Awards** |

**Primary 6**