**Ferre Laevers Emotional Wellbeing and Involvement Scales**

These are two sets of indictors that should be considered when planning any educational setting (they are not designed solely for early childhood education but are equally applicable in primary, secondary, higher and adult education).

The rationale underlying the focus on these two process dimension is that high levels of well-being and involvement lead in the end to high levels of child development and deep level learning.

**Emotional well being**

Well-being focuses on the extent to which pupils feel at ease, act spontaneously, show vitality and self-confidence. It is a crucial component of emotional intelligence and good mental health.

**The Leuven Scale for Well-being**

1. Extremely low  
   The child clearly shows signs of discomfort such as crying or screaming. They may look dejected, sad, frightened or angry. The child does not respond to the environment, avoids contact and is withdrawn. The child may behave aggressively, hurting him/herself  
   or others.
2. Low

The posture, facial expression and actions indicate that the child does not feel at ease. However, the signals are less explicit than under level 1 or the sense of discomfort is not expressed the whole time.

1. Moderate

The child has a neutral posture. Facial expression and posture show little or no emotion. There are no signs indicating sadness or pleasure, comfort or discomfort.

1. High

The child shows obvious signs of satisfaction (as listed under level 5). However, these signals are not constantly present with the same intensity.

1. Extremely high  
   The child looks happy and cheerful, smiles, cries out with pleasure. They may be lively and full of energy. Actions can be spontaneous and expressive. The child may talk to him/herself, play with sounds, hum, sing. The child appears relaxed and does not show any signs of stress or tension. He /she is open and accessible to the environment. The child expresses self-confidence and self-assurance.

**Level of involvement**

Involvement focuses on the extent to which pupils are operating to their full capabilities. In particular it refers to whether the child is focused, engaged and interested in various activities.

**The Leuven Scale for Involvement**

1. Low Activity  
   Activity at this level can be simple, stereotypic, repetitive and passive. The child is absent and displays no energy. There is an absence of cognitive demand. The child characteristically may stare into space. N.B. This may be a sign of inner concentration.

2) A Frequently Interrupted Activity  
The child is engaged in an activity but half of the observed period includes moments of non-activity, in which the child is not concentrating and is staring into space. There may be frequent interruptions in the child’s concentration, but his/her Involvement is not enough to return to the activity.

3) Mainly Continuous Activity  
The child is busy at an activity but it is at a routine level and the real signals for Involvement are missing. There is some progress but energy is lacking and concentration is at a routine level. The child can be easily distracted.

4) Continuous Activity with Intense Moments  
The child’s activity has intense moments during which activities at Level 3 can come to have special meaning. Level 4 is reserved for the kind of activity seen in those intense moments, and can be deduced from the ‘Involvement signals’. This level of activity is resumed after interruptions. Stimuli, from the surrounding environment, however attractive cannot seduce the child away from the activity.

5) Sustained Intense Activity  
The child shows continuous and intense activity revealing the greatest Involvement. In the observed period not all the signals for Involvement need be there, but the essential ones must be present: concentration, creativity, energy and persistence. This intensity must be present for almost all the observation period.

**Measuring well-being and involvement**

The evaluation process begins by assessing the levels of well-being and involvement using the scales outlined above. Educators must observe pupils as a group or individually for a period of approximately two minutes then give a score for wellbeing and/or involvement. It is thought that unless pupils are operating at 4 or 5, learning will be limited. However, it is natural for levels of well-being and involvement to fluctuate throughout the day and it is therefore unrealistic to expect children will be able to operate at levels 4 or 5 at all times.

The initial observation is the starting point for further analysis concentrating on pupils with lower levels of well-being and / or involvement. This analysis should inform educators about the quality and suitability of their work and it should provide some sort of framework for intervention toward individual pupils.

Measuring a child’s wellbeing and involvement can also empower and energise teachers and practitioners. If educators can see that their efforts are leading to a high level of wellbeing involvement in their pupils then it’s likely that this will serve as a galvanising force and result in a cycle of continual improvement.