



**ARGYLL & BUTE
EARLY YEARS COLLABORATIVE
CONFERENCE
‘FAMILY ENGAGEMENT’**



**THREE VILLAGES HALL, ARROCHAR
29th October 2015**

NOTES



PROGRAMME

09:15	Registration, Refreshments and Networking	
09:50	Chair's welcoming address	Chair—Christina West, Chief Officer Argyll & Bute Health & Social Care Integration
10:00	Keynote: The Key Messages Around Family Engagement—Early Years Collaborative and Raising Attainment	Hamish Fraser , Improvement Advisor, Scottish Government
10.45	Keynote: Healthy Starts for Families	Jan Chapple—Specialist Paediatric Dietician and Tracy Thornton, Infant Feeding Coordinator
11:10	Refreshments, Networking and Market Stalls	
11:30	Psychology of Parenting Project (PoPP) and Family Engagement	Dr Kirsten Coull
11:55	Keynote: Engaging Families in Learning	Nancy Magrath—Head Teacher, Edenderry Nursery, Belfast
12:55	Question and Answer Session	
13:15	Lunch, Networking and Market Stalls Topics on display <ul style="list-style-type: none"> ◆ Parenting and PoPP ◆ PaTHS ◆ Bookbug Assertive Outreach ◆ Play Talk Read ◆ Breastfeeding ◆ GIRFEC ◆ Diet and Nutrition ◆ Family Information Service 	Members of the EYC Away Team
14:00	Keynote: Argyll and Bute Family Pathway	Kintyre Family Pathway Champions
14:45	Knowing About the Importance of Attachment	Tina Hendry – Director of Re Attachment and Kinship Carer
15:30	Question and Answer Session	
15:45	Chair's plenary	Christina West
16:00	Conference Closed	

KEYNOTE SPEAKERS

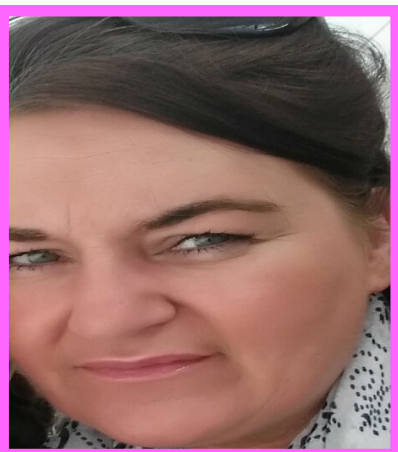
The aim of this conference is to bring practitioners together from across Argyll and Bute Community Planning Partnership to raise awareness of the importance of family engagement in our varied roles across Argyll and Bute.



Christina West studied for an Honours Degree in nursing studies at the Institute of Technology in Dundee and started her nursing career in Raigmore Hospital, Inverness as a staff nurse in 1992. Christina has held a range of positions within Argyll and Bute prior to her present position. She was appointed to the post of Chief Officer for Argyll & Bute Health and Social Care Partnership in October 2014 to oversee the delivery of integrated person-centred services across the area and is looking forward to working with the communities and health and care staff of Argyll and Bute to identify sustainable high quality models of service delivery.



Hamish Fraser is a Key Change Improvement Advisor for the Early Years Collaborative. Hamish oversees all national improvement activity for the Key change themes “Developing Parenting Skills and Family Engagement” and “Attachment and Child Development beyond Maternity Services”. Hamish supports the development of National driver diagrams and measures as well as identifying the key interventions that have scope to spread across Scotland.



Tina Hendry's previous employment includes being a staff nurse and a police officer, where she gained 15 years experience working in one of the most deprived and violent areas of Glasgow. This gave her a wealth of experience in youth justice and community safety. She is a practitioner of restorative justice, and Reiki, as well as being a Mellow Parenting facilitator. She has been a kinship carer for the past 9 years, and is passionate about raising awareness of “Why Attachment matters, and the impact of disrupted attachment”. More people need to be having this

KEYNOTE SPEAKERS



Nancy Magrath is a full time teaching principal of 24 years. For her entire career, she has taught in Edenderry Nursery School in the Shankill area of Belfast. This area is in the top ranking most socially disadvantaged wards in Northern Ireland.

Nancy has been awarded an MBE for services to education in Northern Ireland. Her school was last inspected by the Education and Training Inspectorate in 2013 and was recognized as achieving the very highest level of quality recognition, ‘... the principal provides outstanding leadership and management in all aspects of nursery school provision’. Nancy’s school has also been recognized as an Investor in People organization over three cycles and achieved the Northern Ireland Quality Mark in the European Foundation Quality Mark (EFQM) scheme.



Kirsten Coull is a Clinical Psychologist working within Child and Adolescent Mental Health Services in NHS Lothian. Kirsten is also an accredited Incredible Years group leader and has a great deal of experience in delivering Incredible Years Parenting Groups. Kirsten is also an Incredible Years Peer Coach in training and she has been providing peer coaching sessions to Psychology of Parenting Project Practitioners within the Edinburgh PoPP team.

Kirsten is currently seconded to the National PoPP team and is taking a lead role in rolling out the Connecting with Parents’ Motivations Train the Trainer Cascade to the areas in Scotland who are implementing PoPP. Kirsten will also be co-delivering Connecting with Parents’ Motivations Train the Trainer sessions within Argyll and Bute.

Please turn over/



KEYNOTE SPEAKERS



Jan Chapple graduated from Glasgow Caledonian University in 1998. Her first position was as a Basic Grade Dietitian at Inverclyde. She secured a permanent position at Yorkhill in 2000 and during the twelve years she worked there consolidated her knowledge of most areas of clinical paediatric dietetics specialising in Gastroenterology Cystic Fibrosis and latterly Ketogenic Diet and explored many opportunities for research, publication and teaching.

Jan's current post has allowed for more involvement in universal and targeted preventative and enabling initiatives and she is currently working on many developments in relation to the Early Years Collaborative.

Jan is an active representative on several professional groups.



Tracy Thornton is originally from Halifax and has been living on the Isle of Bute since 2007. Tracy nursed her mother through bowel cancer and brother through alcoholism and attempted suicide and trained as a midwife in a busy unit in Bradford and at Huddersfield University. Having been a midwife for 13 years she has always been interested in health promotion. Tracy trained as an aqua natal teacher and baby massage trainer and set up a mum and baby group. In 2012 she took on the role as Infant feeding coordinator for Cowal and Bute for one day a week and studied to be a breastfeeding specialist. In 2014 this role became 30 hours a week and covers all of Argyll and Bute and she has now studied as a lactation consultant, has recently sat the exam and awaiting the results.



LIST OF ADDITIONAL RESOURCES

Item Description	Web Address
'Building the Ambition'- National Practice Guidance on Early learning and Childcare	http://scotland.gov.uk/Publication/2014/08/6262
Growing up in Scotland—Characteristics of pre-school provision and their association with child outcomes	http://growingupinscotland.us2.list-manage1.com/track/click?u=B78da3862ae5e33of4687119d&id=15d91992b7&e=c6431bea2f
Children and Young People Act (Scotland) 2014	http://www.legislation.gov.uk/asp/2014/8/pdfs/asp_20140008_en.pdf
Early Years Collaborative	http://www.gov.scot/Topics/People/Young-People/early-years/early-years-collaborative
Suzanne Zeedyk Resources	http://suzannezeedyk.com/#/resources/4579047977
Bonding, Attachment & Breastfeeding	http://www.unicef.org.uk/BabyFriendly/Search/?Page=2&SearchText=bonding+and+breastfeeding
Breastfeeding, Bonding and Mother-infant relationship	http://www.jstor.org/stable/23096091
Breastfeeding, brain activation to own infant cry and maternal sensitivity	http://highwire.stanford.edu/cgi/medline/pmid;21501165
Starting the process of mother-infant bonding	http://onlinelibrary.wiley.com/doi/10.1111/j.1651-2227.2005.tb01982.x/abstract
Family Information Service	www.scottishfamilies.gov.uk
GIRFEC	https://www.argyll-bute.gov.uk/girfec
Psychology of Parenting Project (PoPP)	http://www.nes.scot.nhs.uk/education-and-training/by-discipline/psychology/multiprofessional-psychology/psychology-of-parenting-project.aspx
Re Attachment (Tina Hendry)	http://reattachparenting.co.uk/

Stretch Aim 1—pregnancy and birth



1

This is me when I was born. My mum met with a midwife called Jane when she was pregnant with me and she became my named person. She talked with mum about how to stay healthy and to how keep me healthy too. If my mum had any questions, Jane helped her. When I was born, Jane helped my mum to breastfeed me and told our health visitor all about me.

Stretch Aim 2 3-4 month check



2

This is me when I was 3 months old. Our health visitor came to visit us to talk with mum about how I was doing. Her name was Fiona and she was my new named person. She told mum all about how I grow and develop and about the importance of preparing for weaning. Mum said I needed lots of kisses and cuddles as well as songs and rhymes too!

Katie's Journey on the Argyll and Bute Family Pathway

Stretch Aim 2 12-15 month check



3

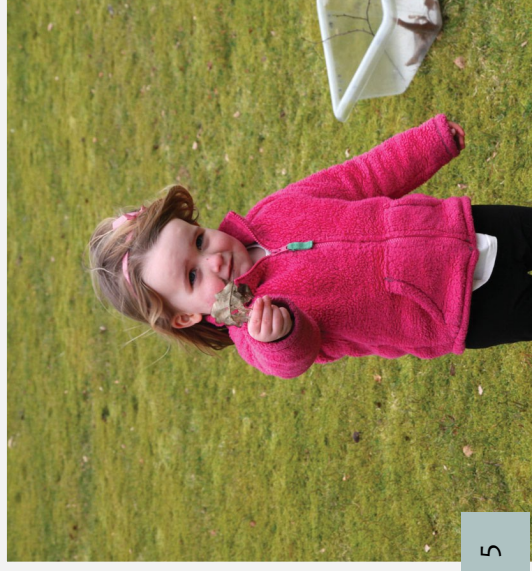
When I was 12 months old, our health visitor Fiona came to visit us again. She talked with mum about all the healthy food I was eating and all the new sounds I was making as I developed my speech. They also talked about me going to the dentist and how well I was sleeping. I was a very cheeky baby!

Stretch Aim 2 27-30 month check



4

Just after I turned 2 our health visitor Fiona carried out my '27-30 month check'. This is just a wee check to see how I was doing. Sometimes kids like me need an extra wee bit of help with walking, talking or other ways we grow and develop. Mum and Fiona had a good chat about how I was doing!



5

Now I'm 3 I go to nursery! Our health visitor Fiona told my nursery manager how I was doing. I love playing with my friends every day. My key worker called Sally talks to me about my learning and then we write about it in my personal learning plan. Mum can read about it and we do lots of activities to help me grow and develop at home. We are all learning together! When I go to school, my new named person will be my head teacher, and she will know all about me when I start Primary One!