ITS ALL ABOUT THE BASE

DOES OUR EARLY YEARS MAP WHO WE ARE IN ADULTHOOD



LETS TALK ABOUT ATTACHMENT



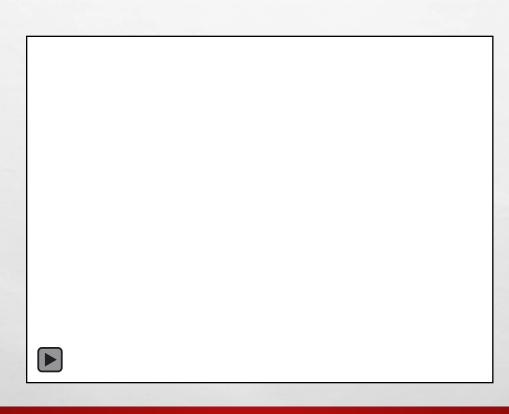
BUILDING THE FOUNDATIONS WHY ATTACHMENT MATTERS



ATTACHMENT ISSUES – WHAT DOES THAT MEAN?

- **A TERM USED BY PROFESSIONAL**
- WHATS OUR UNDERSTANDING OF THIS TERM
- THE REALITY

STILL FACE EXPERIMENT



EFFECTS ON BRAIN DEVELOPMENT



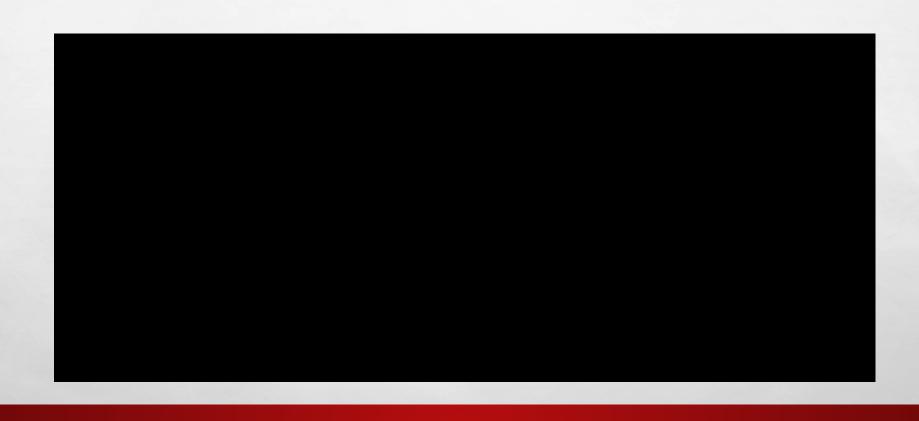
FROM CARE TO KINSHIP CARE

and then she came to me

THE CIRCLE OF CHAOS



REMOVED



REMOVED - DISCUSSION

- 1 WHAT DID THIS FILM MEAN TO YOU?
- 2 WHAT IF ANYTHING HAS MADE AN IMPACT OF HOW YOU SEE BEHAVIOUR?
- 3 WHAT BARRIERS DO WE SEE IN TODAYS SOCIETY THAT MAY IMPACT HEALTHY ATTACHMENT?
- 4 HOW CAN WE HELP THE CHILDREN WHO ARE HURTING, NOT TO HURT THEMSELVES
- 5 WHAT CAN YOU DO TO EFFECT CHANGE (ATTITUDE OR PRACTICAL) TO MAKE A DIFFERENCE TO FAMILIES STRUGGLING WITH ATTACHMENT ISSUES?

Parents may appear hostile, angry, and/or overly strict			Lack of authenticity in interpersonal exchanges (often appears fake or insincere)		Susceptible to bullying either as a victim or an aggressor			Resists affection and praise cur		Struggle to keep up as urriculum gets more complex	
Resists authority	Refuse cont		Triangulation of adults	Hostile pare		False allegations of abuse against parents are common		Doesn't trust anyone, especially adults		Often gets through by cheating	
Has little regard for boundaries/rules	Bossy with peers and		Does not function well in group settings or tasks	Very charming and engaging with strangers and outsiders		Difficulty with reciprocity (give and take) in relationships Poor social skills Lacks cause and effect thinking		always a battle ground organ between kids and parents School Imma ause information is speech p fect rarely passed on and ha		Poor organization skills	
Retains eye contact when lying	Freque		settings of tasks								
Habitual lying about EVERYTHING	attention s and nuis behavi	ance	Plays the victim/ Always blames other							Immature speech patterns and habits	
Aggression	HIGHLY manipulative	Raging	9				6 80			Poor problem solving and	
Passive Aggression	Food Issues		Behavior Attack		ment	Academic	mistak	Repeats the same mistakes over and over. Does not easily learn from past mistakes, consequences, or success.		analytical skills	
Sexual reactivity	Hiding/l Gorging			Disorder		reademic				Delayed language development	
Toward self Toward others Toward property Toward animals	Refusing Instantance	eating habits g to eat ous shifts in personality	Self-Sabotage	Inte	rnal	Concerned only the here and no		May have learning delays	lit	uggles with basic teracy and math	
Defiant:	Incessant chatter			EXTREME anxie	ty Distorted view of reality			Difficulty concentrating and		Uneven learning profile (works and learns well sometimes,	
Oppositional		De	oes not readily pt consequences for actions	Poor sense of	time	Resistant to change:		staying on task		but not others)	
Thronic stealing	Very impulsive	Very impulsive		and space		even minor changes in schedule or routine are		Demands constant		Lacks intrinsic	
Frequent co	Seeming lack of onscience or remorse	High need to control all aspects of external environment		Views the world as unpredictable and		upsetting		attention and "help"		motivation to reach academic success or to please parents and school related adults Mediocre - poor school	
delinguent	Hiding in plain sight			unsafe	700-00-00-00-00-00-00-00-00-00-00-00-00-	Craves Low self esteem wastructure a large ego		Frequent classroom disruptions			
	Limited capacity for emotional regulation and/or self-evaluation		Fascinated with olence and death blood, gore, fire,	Acting from a pl and deep seate worthlessne	d belief of	Suicidal/homicidal thoughts and/or threats		© 2014 fromsurvivalto Often feels out of contro		performance oserenity.com	

and the

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MANAGING STRESS – SIR HARRY BURNS



SELF REGULATION AND EDUCATION



TEENAGE BRAIN UNDER CONSTRUCTION



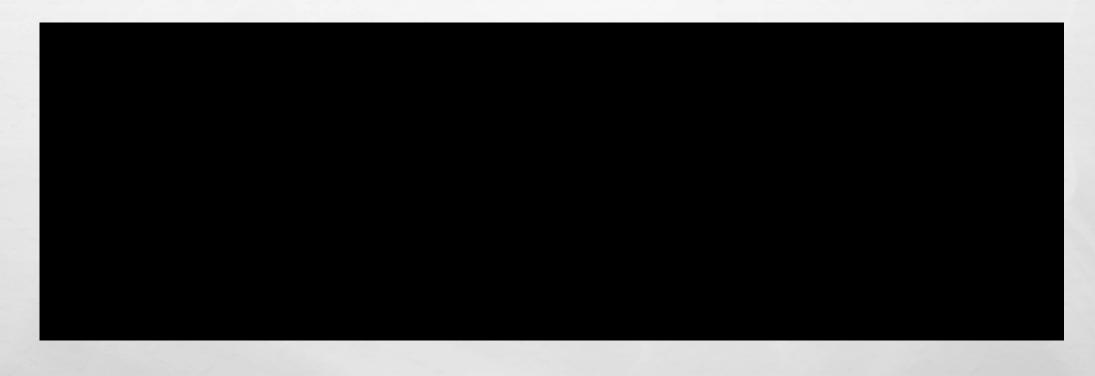
LINK TO OFFENDING BEHAVIOUR

- "80% YOUNG MALES IN SCOTTISH PRISON FOR VIOLENT CRIME HAVE BEEN IN THE CARE SYSTEM"
- ECHR HOW FAIR IS BRITAIN 2010
- THE RISK OF PSYCHOSIS IN ADULT LIFE IS INCREASED ALMOST 3 FOLD FOR THOSE WHO HAVE BEEN MALTREATED IN EARLY LIFE *VARESE ET AL 2012*

POOR OUTCOMES ARE NOT INEVITABLE

•ALTHOUGH NOT ALL DISTURBED CHILDREN GROW UP INTO ANTISOCIAL ADULTS MOST ADULTS WHO COMMIT CRIMES OR DRINK EXCESSIVELY OR EXHIBIT SERIOUS UNACCEPTABLE SOCIAL BEHAVIOUR HAVE SUFFERED DISTURBED RELATIONSHIP DURING CHILDHOOD (HOWE 1995)

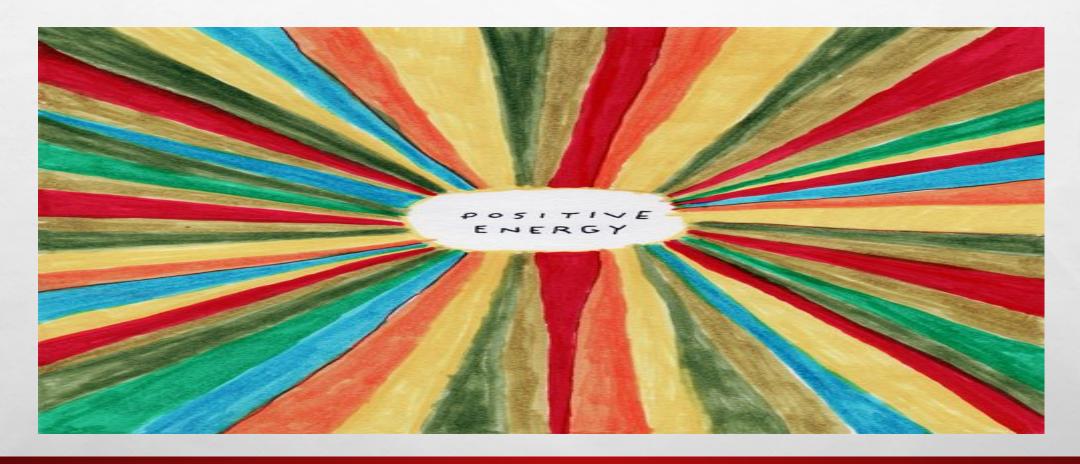
BREAKING THE CYCLE -TONY'S STORY



NURTURE RELATIONSHIPS WITHIN COMMUNITIES



EMOTIONAL INTELLIGENCE



PRACTICAL SUPPORT

- **STRUCTURE AND SUPERVISION**
- **UNDERSTAND MELTDOWN RE ACTIVE BEHAVIOUR**
- **CONNECTION AND RELATIONSHIPS**
- •HELPING THE CHILDREN FEEL SAFE IN SCHOOL
- SEE THE CHILD NOT THE BEHAVIOUR

SEE THE CHILD NOT THE BEHAVIOUR



the kids who need the most love will ask for it in the most unloving of ways.

glitterandbruises.com

HELP FULL LINKS

CHILDHOOD TRAUMA, AFFECT REGULATION, AND BORDERLINE PERSONALITY DISORDER (YOUTUBE – VANDER KOLK)

DAN HUGHES – DDPNETWORK.ORG

HTTP://WWW.IRISS.ORG.UK/CATEGORY/SOCIAL-CARE/MENTAL-HEALTH-AND-MENTAL-HEALTH-CARE/PSYCHOLOGY/ATTACHMENT

DR SUZANNE ZEEDYKE – CONNECTED BABY

COLBY PEARCE – SECURE START