

Activity:
Create a dinner for the Gruffalo

Decide what the menu and how many courses.

How hungry will he be?

Scavenge outdoors to make a delicious meal for the Gruffalo using things children find to represent a delicious meal



RESOURCES:

none

CfE

I know that people need different kinds of food to keep them healthy.
HWB 0-32a

I enjoy exploring and working with foods in different contexts.
HWB 0-04a

Exploring

Create a delicious one course dinner for the Gruffalo and share with the group what the meal consists of.

Building

Create a delicious one course dinner for the Gruffalo and share with the group what the meal consists of.

Share with the group why the Gruffalo would like this dinner

Reinforcing

Create a delicious one course dinner for the Gruffalo and share with the group what the meal consists of.

Share with the group why the Gruffalo would like this dinner

What size is the Gruffalo's tummy. Would this meal be enough or do you think he might need even more food. Discuss another course if it's appropriate.

Apply (Benchmark)

Demonstrates simple food preparation techniques, for example, peeling, slicing, mixing, spreading.

Uses the words lots, some and a little to prepare and describe the amount of food that should be eaten from each food group to stay healthy.