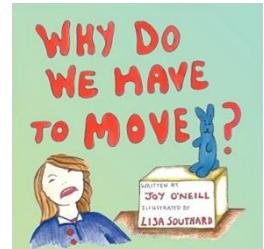


BOOKS TO SUPPORT YOUNG PEOPLE WHEN MOVING HOUSE



Why Do We Have to Move? By Joy O'Neill (3 – 6 years)

When Grace finds out that Mum's new post means moving house, she is horrified. Her life is lovely and moving away will surely ruin it? 'Why Do We Have To Move?' has been written to support any child who is worried about moving away, but is especially relevant to children with parents in the Armed Forces.



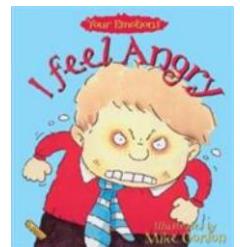
Moving House (3- 6 years)

This series introduces young children, in an amusing and friendly way, to situation they might find themselves in for the first time.



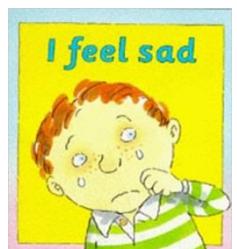
I Feel Angry (6 - 11 years)

Young children experience many confusing emotions in their early years. This series of picture books examines some of them in an amusing but ultimately reassuring way



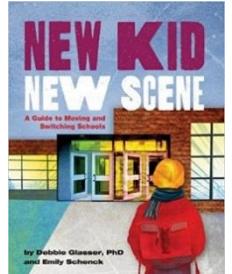
I Feel Sad (6 – 11 years)

Young children experience many confusing emotions in their early years. This series of picture books examines some of them in an amusing but ultimately reassuring way



New Kid, New Scene: A guide to moving and switching schools (9 – 12)

This gives the ins and outs of navigating new surroundings, making new friends (as well as staying in touch with old ones), and finding a place that feels like your own. It is full of real-life stories from kids who have been in your shoes—facing a new school and new life and how they were able to survive and even thrive in their new environment. It is packed with useful advice and questions for when you are worried or upset.



Helpful Websites

Dedicated Website for Armed Forces families moving to Scotland

<https://forceschildrenseducation.org.uk>

Children's Education Advisory Service (CEAS) <https://www.gov.uk/guidance/childrens-education-advisory-service>