

	<u>Social, Emotional & Behavioural</u>	<u>Cognitive Development</u>	<u>Speech & Language</u>	<u>Gross Motor</u>	<u>Fine Motor</u>
Safe	I can follow rules and instructions to help keep me safe. I am beginning to develop an understanding of danger. I know when to seek help for myself, or others.	I am beginning to understand more about keeping safe and can use 'if,' 'maybe' and 'might' in assessing situations. I can give several examples about keeping safe in familiar scenarios.	I can talk about my basic feelings e.g. happy, sad, and scared and begin to recognise and talk about these feelings in others. I can talk about how to keep safe in new situations- including asking questions, 'why?', 'how?', 'who?' and 'what?' with adult guidance.	I can make safety choices as I play outside. I am developing spatial awareness, learning to use large equipment safely. I can walk, run, turn sharp corners, push and pull safely, climb ladders and trees.	I can keep myself and others safe when using scissors, knives etc. I know the importance of keeping myself and others safe when using tools and small equipment.
Healthy	I can express my enjoyment of life in a variety of ways. I can play with my friends, sharing and turn taking. I am learning to make healthy choices – diet, tooth brushing, hand washing etc.	I understand a few different emotions. I am learning about my feelings towards myself, and others. I can explain my feelings.	I am using language for a variety of reasons. I am beginning to understand and verbalise why we make certain choices to keep us healthy e.g. 'we have milk or water at snack time because it's better for our teeth'	I join in with physical play. I can run, jump, hop and skip. I like to balance and climb. I can balance on one foot with only a little swaying.	I am developing my skills while I prepare food at snack time, e.g. chopping, peeling and slicing, to make fruit kebabs with skewers, using tongs. I can pour milk or water with little spillage at snack time.
Achieving	I am becoming more self-reliant, confident in my own environment and know where to get what I need. I am more independent at self help skills e.g. putting on/ taking off outdoor clothing.	I understand biggest, more, just one. I can focus on a game or activity until it is completed. I show imagination during small world play, sequencing events and making stories.	I am becoming more confident in using well-formed sentences, though I may make some mistakes in my choice of words. I understand sequencing words e.g. first, after, last. I am becoming more independent and can use language to find out information by asking questions and to assert myself.	I can walk on tiptoes along a line, foot in front of the other. I can jump with feet together, land with control from a step. I can throw a small ball with some accuracy and catch with 2 hands. I can move sideways. I can pedal a trike.	I can handle a variety of tools with reasonable control. I can draw straight and curved lines and draw with more details. I can cut along a straight line and begin to cut around a shape. I can fit together pieces to construct models.
Nurtured	I show concern for siblings and for friends in distress. I mostly co-operate with friends and I'm beginning to negotiate conflict situations. I accept changes to my daily routines.	I am able to choose and plan my play activities and say which activities I prefer. I can count to ten objects and enjoy being praised. My memory skills are extending e.g. I can recall special home events.	I can listen and join in talking appropriately with adults and other children. I can communicate my needs, likes or dislikes; I can tell an adult if I'm cold or hungry. I can remember and enjoy telling longer stories and singing songs.	I can put my shoes on the correct feet. I can brush my teeth. I can set the table, serve and participate socially during snack time.	I can use cutlery appropriately. I can play board games, in a small group, using small counters, supported by an adult. I am more successful with fastening like buckles and laces. I can blow my own nose.
Active	I participate and co-operate with others in physical play e.g. singing, dancing and performing. I play independently, inside and out, exploring and investigating.	I use objects and props in imaginative play. I take part in make believe roles using dressing up, actions and different voices. I use the ideas of other children and adults in creative and imaginative play.	I can describe an event in reasonable order. I can follow simple story sequences and re-tell my favourite stories and activities. My attention is well developed enough that I can follow instructions whilst I am engaged in an activity.	I regularly take part in more challenging physical activities, which will help my body to develop. I can keep a steady beat when clapping, dancing and playing simple percussion instruments.	I am developing hand dominance. I can handle brushes, crayons, pencils and other objects with reasonable control when mark making with a variety of paints, clay, play dough etc.
Respected	I can make choices about what I want to do. I can give several ideas about what I want to do. I can ask an adult for help.	I can listen to and answer open-ended questions that don't just require a 'yes' or 'no' answer, to help me develop my thinking and problem solving skills.	I can give clear information to express a choice. I am confident when giving my opinion, e.g. I can say why I have made a choice.	I am allowed to choose from a wide range of activities, e.g. ball games, dance, large play equipment, to practise my increasing agility skills.	I am allowed opportunities to choose from small tools, drawing, painting, weaving, threading, play dough, small world and to do other activities that I enjoy.
Responsible	I can mostly follow rules. I am caring and helpful. I can choose and replace toys and materials, as I become a more independent learner.	I know that others may have different ideas from me. I am learning to be responsible for my actions when playing. I am learning to solve problems if I get upset or if I'm angry, with adult help.	I can understand and follow 3 part instructions. I can talk about several behaviour rules to help keep me and others safe and happy. I can use language to enable me to predict and negotiate in play situations.	I can follow safety instructions during physical activities as I become more independent. I am capable of giving suggestions about how I can keep safe in a variety of situations and settings, e.g. Forest School	I can follow safety instructions responsibly as I become more independent, when using small tools.
Included	I enjoy playing and co-operating with my friends. I discover new and interesting things to do and games to play.	I can organise my own games with friends, express my choices, take turns, and play co-operatively, for the most part.	I can express basic emotions using words as well as actions. I can take turns in longer conversations during play activities. I am developing a sense of humour and enjoy sharing simple jokes, nonsense words and rhymes with my peers and adults.	I can run around and play games with children my age without adult encouragement. I take part in new physical activities with adult encouragement and support.	I am helped and encouraged to try a range of new activities to help my fingers become strong.

- Sensory and Attention milestones have been incorporated into the milestones listed above
- Hearing and Vision will be checked by your children's health visitor. Remember to communicate regularly with your children's health visitor to ensure you both share relevant, appropriate information on children's progress