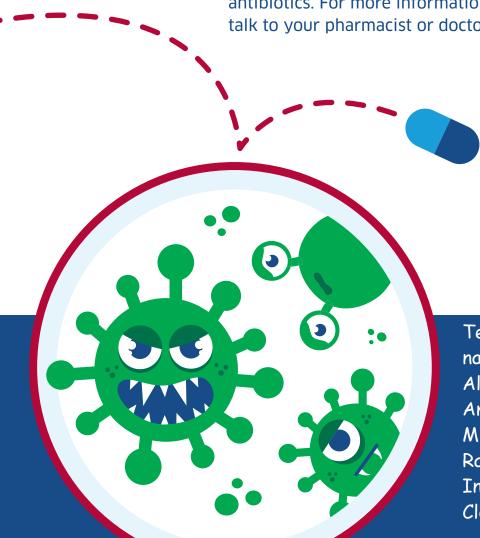
Stop Antibiotic Resistance

Bacteria are becoming resistant to antibiotics. Keep antibiotics working for serious infections.

The best way to treat common colds, coughs or sore throats is plenty of fluids, rest and painkillers if needed, not antibiotics. For more information, or if you are worried, talk to your pharmacist or doctor



Make a poster or comic strip on being an Antibiotic Guardian for display in waiting rooms this winter. Visit www.e-bug.eu & www.antibioticguardian.com for more information. The best entry will win a prize so get your thinking cap on.

Good luck!

Teachers, send A4 posters with name, class and school to:
Alison MacDonald
Antimicrobial Pharmacist
Microbiology Department
Raigmore Hospital
Inverness. IV2 3UJ
Closing date: 11th November 2016

Find out how you can help at Antibioticguardian.com





